Counseling Psychology (PSYC 321)
Summer 2012, Section C01. 12:00 - 2:15 p.m. MTWR in Engineering 1109

Professor: Jerome Short, Ph.D. Office: David King Hall 2019
Phone: 703-993-1368 Office Hours: 2:30 - 4:30 Wednesdays
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Welcome! This course will introduce you to the theory and practice of counseling. You will have the opportunity to practice multiple intervention techniques through a self-management project and through role-play exercises with your classmates. I expect you to attend class regularly and to complete all reading assignments before each class. I will use class time for lectures, discussions, videos, and class demonstrations of counseling techniques.

*Last day to add: July 7  *Last day to drop: July 16

Requirements.

Two Exams. Your exams are each worth 100 points (200 points total). The exams are 80% multiple choice (40 questions worth 2 points each) and 20% essay questions (4 questions worth from 4 to 6 points each) based on classroom activities and the textbook.

Two individual counseling videorecorded role-plays. You will practice counseling techniques in two videorecorded role-plays with classmates for approximately 5 to 10 minutes each. For each role-play, you need to also write a one-page progress note. The two role-plays and progress notes are each worth 25 points for a total of 50. I will describe the two role-plays in more detail in class.

Missed Exams. You can make-up a missed exam if you have a note from a physician that you could not attend the exam. The professor will consider other reasons for missing an exam and will decide whether or not to allow the student to make-up the exam. Make-up exams may have a different format from the original exam.

Extra Credit. You can earn up to 6 points of extra credit that is added onto your point total for the class. There are two ways to earn these points. First, you can participate as a volunteer for three hours in psychology department research (2 points per hour). Alternatively, you can write a psychology journal article summary and critique on a content area covered by your book that is three typed pages (2 points per page).

Honor Code: The Honor Code of George Mason University deals specifically with cheating and attempted cheating, plagiarism, lying, and stealing. Students should be familiar with the code and connected policies, set out at http://catalog.gmu.edu/. This course will be conducted in accordance with those policies.

Technology. You will need a video camera to film your roleplays. The Student Technology Assistance and Resource Center has equipment in Johnson Center Room 229 (phone 703-993-8990) that you can borrow.
With instructor permission, you can enroll simultaneously in Psychology in the Community (PSYC 328) for one credit.

**Academic Accomodations.** If you are a student with a disability and you need academic accommodations, please see me and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.

**Grading.** I will base your final grade on your point total (exams worth 200 points and videos worth 50 points for a total of 250 points) as defined below.

- A+ = 242 - 250 (97% or more)
- A = 231 - 241 (93 – 96%)
- A- = 224 - 230 (90 - 92%)
- B+ = 217 - 223 (87 - 89%)
- B = 207 - 216 (83 - 86%)
- B- = 200 - 206 (80 - 82%)
- C+ = 192 - 199 (77 - 79%)
- C = 182 - 191 (73 - 76%)
- C- = 175 - 181 (70 - 72%)
- D = 150 - 174 (60 - 69%)
- F = 000 - 149 (below 60%)

**Course Topics, Reading Assignments, and Exam Dates.**

7/2 Ch. 1: Clinical Psychology: An introduction; pp. 3-22.
7/3 Ch. 4: Cultural Issues; pp. 63-82; Ch. 5: Ethical Issues; pp. 83-106
7/4 ** Holiday **
7/5 Ch. 7: Diagnosis and Classification Issues; pp. 127-148.
7/9 Ch. 8: The Clinical Interview; pp. 149-172.
7/10 Ch. 9: Intellectual Assessment; pp. 173-196.
7/11 Ch. 10: Personality and Behavioral Assessment; pp. 197-222.
7/12 Ch. 11: General Issues in Psychotherapy; pp. 225-244 and *** ROLE-PLAY 1 due ***
7/16 *** EXAM 1 ***
7/17 Ch. 12: Psychodynamic Psychotherapy; pp. 245-270.
7/18 Ch. 13. Humanistic Psychotherapy; pp. 271-290.
7/19 Ch. 14: Behavioral Psychotherapy; pp. 291-318.
7/23 Ch. 15: Cognitive Psychotherapy; pp. 319-342.
7/24 Ch. 16: Group and Family Therapy; pp. 343-369.
7/26 Ch. 18: Health Psychology; pp. 399-422 and *** ROLE-PLAY 2 due ***
7/31 Ch. 3: Current Controversies in Clinical Psychology; pp. 45-62.
8/1 No class, Reading day
8/2 *** EXAM 2 *** (1:30 – 4:15)