# SYLLABUS\* PSYCHOLOGY 518-DL Death, Dying, & Grieving/Bereavement

Instructor: Rebecca Morse, Ph.D. (rmorse@gmu.edu)

<u>Class Hours & Location</u>: This is an asynchronous distance learning education class via Blackboard. \*Please note that Discussion Board posts for each week are due the following Sunday at midnight going in to Monday. (E.g. if the week starts on Monday the 23<sup>rd</sup>, then posts for that week are due Sunday night at 11:59PM, as I will start grading on Monday).

Office Hours: Mondays 8-9AM via skype @ dr.morsereb Also available by appointment.

Office Location: Offsite -Office hours via Skype or Zoom

Office Phone during hours: 240-446-1022

# REQUIRED TEXTS:

1) Death & Dying; Life & Living

8<sup>th</sup> (preferred) or 7<sup>th</sup> (acceptable) edition Cengage Learning Publishing

By Charles and Donna Corr (\*Unfortunately, older editions (6<sup>th</sup>, etc,) are not acceptable, as the chapters in previous editions do not match the most current edition we are using!)

2) Stiff: The Curious Lives of Human Cadavers Roach, Mary

\*Please note that this is available free as a pdf online if you search for it.

3) For one week this semester you will review a book of your choosing. Details are in the Discussion board. You may use a free online book, one via Amazon (kindle or used are cheapest), free from the library, etc.

Articles & Videos that I have posted in the associated week on the Discussion Board.

#### COURSE OBJECTIVES AND GOALS:

Upon completing this course, students should be able to:

- Understand our relationship with death, both as an individual and as a member of society
- See how social forces and events affect how we mourn and grieve for others, and how we die
- Learn how dying people are perceived and treated in our society and what can be done to provide the best possible care
- Develop an understanding of continuing developments and challenges to end of life care
- Understand what is becoming of faith and doubt about an afterlife

Additionally, assigned readings and the independent research required for engaged participation will utilize and expand on research, communication, and writing skills acquired in other courses.

## TECHNOLOGY:

Students will be expected to access and use Blackboard on a regular basis (https://courses.gmu.edu/). Important class information, such as the syllabus and weekly practicum assignments, will be posted here. To access Blackboard, students should use their George Mason email ID and password.

In addition, students should check their GMU email account regularly. Be sure to check that new messages can be received and that you are not over the message limit. You also have the option for your GMU account to be forwarded to another email address. If anything important occurs (such as information about assignments, class cancellation, etc.) you will be notified via your GMU email.

#### ATTENDANCE & PARTICIPATION:

As this is an online, asynchronous course, your "presence" on the discussion boards is imperative for you to receive full credit.

## Course Format:

This course will be structured as a discussion seminar, but online. Students are expected to have **read the assigned articles prior to the date** in which they will be discussed and be prepared to participate. Active participation from all students is essential to the quality of the course and, as discussed below, will be an important grading criteria. So you will read the articles and corresponding chapter, watch any videos I have posted, then answer my questions, then apply the information by responded to other students, or engaging in an active learning exercise question or assignment.

# \*\* Discussion Board and Participation Policy \*

Due to the online format of this class, you will not attend any classroom lectures. Class participation, to include participation in the discussion board, individual class work, and respectful interaction between the instructor and students are emphasized in this course.

I will post several questions/topics on the discussion board for each week. The discussion board is set up to be a "reflection loop." What that means, is that you need to respond to my questions, and read and respond to at least one other student in order to earn all 5 or 10 points for that week. There are 10 modules worth 5 points each, and 5 modules worth 10 points each.

**NOTE:** You can post as many times as you like each week. The more you post, the more you participate, and the higher your grade will be.

*Netiquette:* You will be communicating with one another via the discussion board. It is likely that you will not always agree with the opinions of your fellow classmates. Disagreement is fine but you will need to respect others' views. Thus, personal attacks and derogatory comments will not be tolerated. If, however, you do disagree with someone, then I expect you to state your position in an articulate fashion on the discussion board.

Grading Rubric for Topical Module Discussion Board Questions/Posts:

Please see rubric in Blackboard for each week, as they are worth either five points, or ten points. I will provide instructions via the announcements on how to find the rubrics if you are new to Blackboard/online!

#### ADDITIONAL WRITING ASSIGNMENT for GRADUATE STUDENTS:

518 Students Only:

## Death, Dying, Bereavement, & The Media (25 points)

Numerous psychological studies have explored the link between media and behavior. In this case, students (you) are going to examine the possible relationship between popular/mainstream stories and

grieving phenotypes. To do this, and to encourage your engagement with the material and understanding, students are required to submit a review & reflect paper. The papers will be double-spaced, 1"margins, and should have a cover page and a reference section, and should be 10-12 pages in content length. Spelling and grammar do count, and citations should be in APA 7th. Please see http://owl.english.purdue.edu/owl/resource/560/01/ for a helpful formatting resource.

<u>Further instructions and the grading rubric are on Blackboard</u>. You MUST use peer-reviewed, a.k.a. journal, references (roughly one per page, so for a 12-page paper, I expect to see a minimum of 12 scholarly references), incorporating the research and ideas explored in this class.

#### **GRADES**:

Discussion Board posts = 100 points

518 Review & Reflect Research Paper = 25 points

**Total Possible Points: 100 points (125 for graduate students)** 

#### **GRADE CALCULATION:**

For simplicity, the points have been assigned such that a student can track their own grade without any confusing arithmetic acrobatics (hence the even 100 points for undergraduates). I round to the second decimal, so a grade of 91.49 is considered a 92 (A-), and a grade of 96.03 is a 96 (A).

Grade Breakdown for Undergraduate Students:

A+ 101 and up	B + 89 - 87	C+79-77	D 69 - 60
A 94 – 100	B $86 - 83$	C 76 - 73	F 59 and below
A - 93 - 90	B- $82 - 80$	C-72-70	

#### Grade Breakdown for Graduate Students:

A+ 125 and up	B+ 109 – 112	C + 96 - 99	D 79 - 85
A 116 – 124	B 104 – 108	C 91 - 95	F 78 and below
A- 113 – 115	B- $100 - 103$	C- 86 - 90	

#### HONOR CODE:

All provisions of the GMU Honor Code will be followed in this class. Information regarding the Honor Code and what constitutes academic dishonesty can be found in the 2011-201 University Catalog or online at the following website: http://www.gmu.edu/catalog/apolicies/.

## DISABILITY HELP:

If you are a student with a disability and you need academic accommodations, please see me and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.

# SCHEDULE OF CLASSES:

\*Please note that for weeks with Monday/Tuesday holidays, this does not affect us, because our "class" runs Monday through Sunday. You would start on Tuesday for Monday Holidays.

**Primary Readings/Videos** 

Date	Topic	*Supplemental readings are listed on
START January 24	Introduction to Class; As we think about death.	Blackboard     Parkes (2013) Article     Corr Video
January 31	Exploring Death: Personal Interpretations	<ul> <li>Nair-Collins (2013)</li></ul>
February 7	Exploring Death: Philosophical Implications	<ul><li>Corr Chapters 6, 7, &amp; 8</li><li>Video: W;t (Wit)</li></ul>
February 14	Exploring the meaning of death: Cadavers	<ul> <li>Corr Chapter 5</li> <li>Student Choice 2 Chapters from <i>Stiff</i></li> <li>Taiwanese Video</li> <li>Indonesia Video</li> </ul>
February 21	Death with Dignity	<ul> <li>Corr Chapters 16 &amp; 18</li> <li>Introduction Video</li> <li>NPR Article</li> <li>10 Right to Die Cases</li> </ul>
February 28	End of Life Issues: Advanced Directives & Legal Concerns	<ul><li>LA Times Article</li><li>Advance Directive</li><li>Website</li></ul>
March 7	Suicide	<ul> <li>Rallis et al (2015) article</li> <li>McCord &amp; Morse (2017) Chapter</li> <li>Corr Chapter 17</li> <li>Youth Suicide Fact Sheet</li> </ul>
March 14	Grief and Mourning Bereavement Overload & Older Adults	<ul> <li>Corr Chapters 9, 10, &amp; 15</li> <li>Ken Doka Video</li> <li>Robert Niemeyer Video</li> </ul>
March 21	Coping with Loss & Grief: The Funeral Process	<ul> <li>Corr Chapter 11</li> <li>Funeral Process PDF (I made this based on Kastenbuam, 2011)</li> </ul>
March 28	Special Populations Part 1: Children & Death	<ul> <li>Corr Chapter 12</li> <li>Kaplow et al (2014)</li> <li>McClatchey et al (2014)</li> <li>Boelen &amp; Spuij (2013)</li> </ul>
April 4	Special Populations Part 2: Adolescents, Teenagers, & Death	<ul><li>Corr Chapter 13</li><li>Student Choice: Teen Book Review</li></ul>
April 11	Special Populations Part 3: Intersection Between Development and Death Conceptualization and a Special Topic: Grief and Developmental Disabilitieswhen mental age doesn't "match" chronological age	<ul> <li>Sormanti &amp; Ballan (2011)</li> <li>Miller et al Monograph (n.d.)</li> <li>Morse, Hoch, &amp; Freeman (2016)</li> <li>Clute (2010)</li> </ul>

		Clute 19 <sup>th</sup> National     Symposium
April 18	Death, Dying, & Culture: African & India	<ul> <li>Corr Chapter 19 (revisit 5)</li> <li>Dying in Africa Video</li> <li>The Thing that Happened Video (Uganda)</li> <li>Varnasi Video (India)</li> </ul>
Due April 24th, 11:59PM	*If you are not enrolled in PSYC518, you do not do this assignment, and do not need to panic and email to verify. If your registration says "PSYC418" you are fine. =) I promise!	•
April 25	Resilience, Self-Care, & Death Competence	<ul> <li>Gamino &amp; Ritter (2012)</li> <li>Grief-Map</li> <li>Corr Chapter 1</li> </ul>
May 2nd	Personal Reflection: DUE Saturday, May 7th, 2022 Final Module Please note that final grades are submitted on Monday, May 9th.	

<sup>\*</sup>Syllabus subject to change.

**Important Dates** 

https://studentaccounts.gmu.edu/calendars/

For add/drop deadlines for courses that meet less than a full semester, see Non-standard Sections Dates.

For graduation deadlines, please go to the Graduation Timelines page.