**PSYCHOLOGY 321**

**Clinical Psychology**

**Fall 2021**

Instructor: John L. Hawley, Jr., Ph.D.

Class Meeting Time and Place: MW 9:00 AM - 10:15 AM Exploratory Hall L111

Office Hours: M 8:00 AM - 9:00 AM (Or Appointment)

Dr. Hawley’s Outpatient Office: 703-850-7300 (Emergency Only)

E-Mail: jhawley@gmu.edu

**Required Text:**

Pomerantz, Andrew M. (2020) *Clinical Psychology Science, Practice, and Diversity 5th Edition*. Thousand Oaks, CA: SAGE Publications. Print ISBN: 9781544333618, eText ISBN: 9781544333601

**Course Objective:** To develop an understanding of the theories, methods, and techniques of psychological assessment and psychotherapy used in the practice of Clinical Psychology and other disciplines.

**Grading Policy**: Grades will be determined by ***five (5) equally weighted components***: **1)** two (2) Regular Class Exam Grades, **2)** the Final Exam Grade, **3)** a Term Paper, and **4)** Class Participation. Grading scale is as follows: 94-100 A, 90-93 A-, 87-89 B+, 84-86 B, 80-83 B-, 77-79 C+, 74-76 C, 70-73 C-, 60-69 D, 0-59 F.

1. **Regular Class Exams:** The two (2) Regular Class Exams are scheduled and noted in this syllabus. These exams will cover all reading assignments and class discussions to date, but will focus on the preceding segment’s material; the exam format will be multiple choice and essay/short answer questions. Unless there are truly extraordinary circumstances (legitimate compelling documentation required), no make-up exams will be given.

2. **Final Exam:** The Final Exam is scheduled for Monday 12/13/2021 from 7:30 AM to 10:15 AM. This exam will be cumulative and will cover all class reading materials and discussions; format will be multiple choice and essay/short answer questions. University policy regarding Final Exams applies.

3. **Term Paper:** This course requires an original (not recycled), scholarly term paper on a topic (pre-approved by the instructor) pertaining to some aspect of psychotherapy, but falling under one of the five listed Panel Discussion rubrics (see “Class Schedule”). Term papers must be at least eight (8) double-spaced typed pages (of text) and include at least five (5) quality references. Both a printed hard copy and an electronic/digital file copy (attach “.docx” or “.pdf” file format to jhawley@gmu.edu) of the term paper must be in the possession of the instructor no later than 9:00 AM of the 11/10/2021 scheduled Psychology 321 class (*no exceptions*). Students also will participate in, and present their term paper research in, one of the five scheduled Panel Discussions.

4. **Class Participation:** Psychology 321 is a practical clinical psychology class that draws extensively from the instructor’s decades of clinical psychology inpatient and outpatient practice for illustration of psychotherapy concepts, processes, and techniques. The instructor, a full-time practicing Clinical Psychologist, will cite numerous real case examples and use experiential exercises (self-revealing is not required; this is a class, not actual psychotherapy) to illustrate real-world psychotherapy. Obviously, a commitment to regular class attendance is very strongly recommended; if you are not present and participating, you are not learning the material.

**Technology:** This is an in-person, on campus class. No additional Technology is needed.

**Honor Code:** GMU has an Honor Code. Students are expected to know, understand, and adhere to this Honor Code. The instructor for this course reserves the right to enter a failing grade to any student found guilty of an honor code violation.

**Add/Drop Deadlines**: The last day to add this class is 08/30/2021. The last day to drop this class is 09/14/2021.

**Students with Disabilities**: “If you are a student with a disability and you need academic accommodations, please see your class instructor and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.” - Official George Mason University Statement

**Official Communications via GMU Email:** “Mason uses electronic mail to provide official information to students. Examples include communications from course instructors, notices from the library, notices about academic standing, financial aid information, class materials, assignments, questions, and instructor feedback. Students are responsible for the content of university communication sent to their mason email account, and are required to activate that account and check it regularly.” - Official George Mason University Statement

**Class Cancelation:** GMU will announce officially any campus closing due to weather or emergency. In the exceedingly unlikely event that the instructor cancels class, notification will be via email.

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**CLASS SCHEDULE**

# Discussion Topics with Text Chapter Readings Assignments

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| **DATES** | **TOPICS** | **CHAPTER(S)** |
| M 8/23, W 8/25 | Introduction, Course Overview |  |
| M 8/30, W 9/1 | What is Clinical Psychology: Training, Research, Practice, Current Issues | 1-6 |
| **M 9/6** | **Labor Day HOLIDAY (Class Does Not Meet)** |  |
| W 9/8 | Diversity and Cultural Issues in Clinical Psychology | 4 |
| M 9/13, W 9/15, M 9/20 | Assessment, Diagnosis, and Treatment Planning in Clinical Psychology | 7-10 |
| W 9/22, M 9/27 | Basic Psychotherapy Techniques in Clinical Psychology |  |
| **M 9/27** | **Term Paper Topics and Panel Discussions Selection** |  |
| **W 9/29** | **EXAM 1** |  |
| M 10/4 | Exam 1 Feedback, Panel Discussion Preparation |  |
| W 10/6 | General Issues in Psychotherapy, Theoretical Orientation: Psychodynamic Psychotherapy | 11, 12 |
| **M 10/11** | **Fall Break HOLIDAY (Class Does Not Meet)** |  |
| T 10/12 | Term Paper Research (Independent Library Research) |  |
| W 10/13 | Theoretical Orientation: Humanistic Psychotherapy | 13 |
| M 10/18 | Theoretical Orientation: Behavior Therapy, Cognitive Psychotherapy, Mindfulness, Health Psychology | 14, 15, 18 |
| W 10/20 | Psychotherapy with Children, Adolescents, Couples, and Families | 16, 17 |
| M 10/25 | Group Psychotherapy, Forensic Psychology | 16, 19 |
| W 10/27, M 11/1 | Ethics in Psychology (***See APA website information below\****) | 5 |
| **W 11/3** | **EXAM 2** |  |
| M 11/8 | Exam 2 Feedback, Panel Discussion Preparation |  |
| **W 11/10** | **ALL TERM PAPERS DUE (No Exceptions)** |  |
| W 11/10 | Assessment and Diagnosis Panel Discussion |  |
| M 11/15 | Individual Psychotherapy Panel Discussion |  |
| W 11/17 | Child, Adolescent, Couples, and Family Psychotherapy Panel Discussion |  |
| M 11/22 | Group Psychotherapy Panel Discussion |  |
| **W 11/24** | **Thanksgiving HOLIDAY (Class Does Not Meet)** |  |
| M 11/29 | Substance Abuse Treatment Panel Discussion |  |
| **W 12/1** | Review, Last Class |  |
| **M 12/13** | **FINAL EXAM 7:30 – 10:15 AM** |  |
|  | \* APA ***Ethical Principles of Psychologists and Code of Conduct*** http://www.apa.org/ethics/code/ |  |

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