

**Psychology 592/892 Seminar in Occupational Health Psychology**  
**Innovation Room 139, Tuesday 4:30-7:10**

**Instructor:** Dr. Lois Tetrick

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**Office Hours:** Tuesday, 3:30 pm or call/email to set up an appointment

**Purpose:** This graduate seminar will give students an overview of the field of occupational health psychology (OHP). This will include the history of OHP, a broad overview of the field, and special topics within OHP.

**Text:** *Handbook of Occupational Health Psychology* (2<sup>nd</sup> Edition; Quick & Tetrick, Eds.) plus supplemental readings

**Grading:** Grades will be based on (1) class participation including presentations (25%) and (2) a project (75%).

Students are expected to read the material before class and be prepared to discuss the material. The seminar will be an active learning environment.

Students are expected to conduct an exhaustive and integrative literature review of a topic of interest to them within the domain of OHP. This review should be along the lines of a literature review found in *Psychological Bulletin*, *Psychological Review*, or *Academy of Management Review*.

Tentative Course Calendar

Date	Topic	Readings
	Mission and History	
	Intro and History of OHP	Ch. 1 & 2
	Models and Frameworks	
	Theories of Occupational Stress	Ch. 3
	Savoring Eustress while Coping with Distress	Ch. 4
	Controlling Occupational Safety and Health Hazards	Ch. 5
	An Integral Framework for Organizational Wellness: Core technology, Practice Models, and Case Studies	Ch. 6
	No class; Monday Classes meet on Tues	
	Cross-Cultural Occupational Health Psychology	Ch. 7
	Causes and Risks	
	Safety Climate: Conceptual and	Ch. 8

	Measurement Issues	
	Work-family Balance: A Review and Extension of the Literature	Ch. 9
	Work Schedules, Health, and Safety	Ch. 10
	The Impact of Organizational Justice on Occupational Health	Ch. 11
	Symptoms and Disorders	
	Job-Related Burnout: A Review of Major Research Foci and Challenges	Ch. 12
	Workplace and Cardiovascular Disease: Relevance and Potential Role for Occupational Health Psychology	Ch. 13
	Pain, Musculoskeletal Injuries, and Return to Work	Ch. 14
	Alcohol and Illicit Drug Use in the Workforce	Ch. 15
	Interventions and Treatment	
	Job Stress Interventions and Organization of Work	Ch. 16
	Worksite Health Interventions: Targets for Change and Strategies for Attaining Them	Ch. 17
	Employee Assistance Programs: Strengths, Challenges, and Future Roles	Ch. 18
	Occupational Health and Safety Leadership	Ch. 19
	Methodology and Evaluation	
	An Epidemiological Perspective on Research Design, Measurement, and Surveillance Strategies	Ch. 20
	Program Evaluation: The Bottom Line in Organizational Health	Ch. 21