**PSYC 321: Clinical Psychology (3 credits)**

**Fall 2018, Section DL1 online course**

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**Phone:** 703.993.1368

**Office Location:** David King Hall Room 2019

**Office Hours:** Online via email or Blackboard Collaborate by appointment on Tuesdays 12:00-2:00 pm.

**Website:** <https://psychology.gmu.edu/people/jshort>

**Last day to add course:** Sept. 4 **Drop Deadlines:** Sept. 9 (no penalty); Self-withdrawal Sept. 10-30 (100% liability)

# **Course Description**

Welcome! This online course will introduce you to theories and practices of clinical psychology. You will have quizzes, discussion boards, and practice psychotherapy techniques in role-plays with your classmates. The course is asynchronous and you will need to access materials in Blackboard. There are no prerequisites.

## Required Textbook: Pomerantz, Andrew M. (2017). *Clinical psychology* (4th ed.). Thousand Oaks, CA: Sage.

### Course Learning Outcomes

You will develop the following skills.

1. Conceptualize Skills of Clinical Psychologists – Describe roles and skills of psychological assessment, psychotherapy, consultation, research, and prevention.
2. Apply Ethical Principles – Learn and apply ethical principles to case dilemmas.
3. Apply Cultural Competence – Learn to interact sensitively with people from diverse cultures.
4. Demonstrate Clinical Interviewing Techniques – Ability to ask open-ended questions, empathize accurately, elicit examples of thoughts, feelings, and behaviors, and summarize accurately.
5. Demonstrate Behavioral Assessment Techniques – Ability to do a functional analysis of behavior, understand the causes, maintaining factors, and intervention targets to improve someone's behavioral functioning.
6. Demonstrate Psychotherapy Skills – Ability to evaluate other's previous efforts to improve their functioning and negotiate the use of effective coping strategies in their lives.
7. Use Technology Effectively – Ability to use Blackboard to complete quizzes, video-record role-plays with classmates, post assignments, and comment on Discussion Boards.

# Course Assignments

**1. 16 Quizzes.** Your chapter quizzes are each worth 10 points (160 points total). The quizzes are 10 multiple-choice questions based on Blackboard presentations and the textbook. A LockDown browser is needed for the quizzes and you must complete them in 15 minutes once they are opened. The quizzes are with no notes, no book, and no help. Your webcam will record you during the quizzes.

**Missed Quizzes**. You can make-up a missed quiz if you have a note from a physician that explains why you could not do the quiz. The professor will consider other reasons for missing a quiz and will decide whether or not to allow the student to make-up the quiz. Make-up quizzes may have a different format from the original quiz.

**2. 5 Discussion Board Posts and Comments**. Your 5 discussion board posts and comments are worth up to 6 points each (30 points total). These posts will focus on issues or cases in clinical psychology. Your score is 0 if you do not post anything by the deadline. You can earn 2 points for summarizing your answer, another 2 points for evaluating what you stated (costs vs. benefits, relating it to class discussion, or relating it to research findings), and another 2 points for constructively commenting on another student’s post to move the discussion forward. Limit your posts to a maximum of 10 sentences.

**3. 2 Individual video recorded Psychotherapy Role-plays.** You will practice psychotherapy techniques in two video recorded role-plays with classmates for approximately 5 to 10 minutes each. For each role-play, you need to also write a half-page summary note of the session. The first role-play uses cognitive-behavioral techniques and focuses on an intake session and changing a client’s behavior. The second role-play uses interpersonal techniques and focuses on improving a client’s relationship. The two role-plays and summary notes are each worth 25 points for a total of 50 points.

**Finding a partner:** You should find your partner through the Discussion Board. **Roles:** There will be two roles in these assignments: a client and a psychologist. You play both roles by doing the role-play twice, but only the psychologist role will be graded. For example, student A will play a psychologist and student B will be a client. Student A should write a summary note on the psychologist role. There are no summary notes for the client role. Then, student B will switch to the psychologist role and student A will be a client. Student B should submit a summary note on his/her psychologist role.

**Video technology:** You should record and submit videos to your course instructor. Options to record include: Blackboard Kaltura, Skype, Facetime, or your mobile device (smartphones or tablets). You will upload video directly to Blackboard Assignments. (<https://goo.gl/r9xLPW>) or upload internet video link to [YouTube](http://www.youtube.com) as unlisted option to share, [Dropbox](http://www.dropbox.com), [Google Drive](https://www.google.com/drive/), and others. You should record both people, but the instructor needs to see the counselor role more closely (facial expressions, body movements, etc.)

**Extra Credit.** You can earn up to 6 points of extra credit that is added onto your point total for the course. You can write a summary and critique (half summary and half critique) about a human service experience you have engaged in (job or volunteer experience) that is up to three typed pages (2 points per page).

# Grading Scale

I will base your final grade on your percentage of 240 points (16 quizzes worth 160 points, 5 Discussion Boards worth 30 points, and 2 videos worth 50 points) as defined below.

|  |  |  |  |
| --- | --- | --- | --- |
| A+ = 97-100% | A = 93-96% | A- = 90-92% | B+ = 87-89% |
| B = 83-86% | B- = 80-82% | C+ = 77-79% | C = 73-76% |
| C- = 70-72% | D = 60-69% | F = Below 60% |  |

# Course Schedule

| **Class week** | **Readings** | **Assignments Due** |
| --- | --- | --- |
| Module 1 8.27 | Ch. 1: Clinical Psychology: Definition; pp. 2-23. | Ch. 1 Quiz due Sunday, 9.9 |
| Module 1 9.3 | Ch. 3: Current Controversies in Clinical Psychology; pp. 44-68. | Ch. 3 Quiz due Sunday, 9.9 |
| Module 1 9.10 | Ch. 4: Cultural Issues; pp. 69-94.  Ch. 5: Ethical Issues; pp. 95-119. | Ch. 4 Quiz due Sunday, 9.16  Ch. 5 Quiz due Sunday, 9.16 |
| Module 2 9.17 | Ch. 8: The Clinical Interview; pp. 171-195. | Ch. 8 Quiz due Sunday, 9.23 |
| Module 2 9.24 | Ch. 9: Intellectual Assessment; pp. 196-215. | Ch. 9 Quiz due Sunday, 9.30 |
| Module 2 10.1 | Ch. 10: Personality and Behavioral Assessment; pp. 216-242. | Ch. 10 Quiz due Sunday, 10.7  Discussion Board 1 due 10.7 |
| Module 3 10.8 | Ch. 11: General Issues in Psychotherapy; pp. 244-270. | Ch. 11 Quiz due Sunday, 10.14  Role-Play 1 Due Sunday, 10.14 |
| Module 3 10.15 | Ch. 12: Psychodynamic Psychotherapy; pp. 271-297. | Ch. 12 Quiz due Sunday, 10.21  Discussion Board 2 due 10.21 |
| Module 3 10.22 | Ch. 13: Humanistic Psychotherapy; pp. 298-319. | Ch. 13 Quiz due Sunday, 10.28 |
| Module 4 10.29 | Ch. 14: Behavior Therapy; pp. 320-346. | Ch. 14 Quiz due Sunday, 11.4  Discussion Board 3 due 11.4 |
| Module 4 11.5 | Ch. 15: Cognitive Psychotherapy; pp. 347-374. | Ch. 15 Quiz due Sunday, 11.11  Role Play 2 due Sunday 11.11 |
| Module 4 11.12 | Ch. 16: Group and Family Therapy; pp. 375-402. | Ch. 16 Quiz due Sunday, 11.18  Discussion Board 4 due 11.18 |
| 11.19 | Thanksgiving Week | Nothing due |
| Module 5 11.26 | Ch. 17: Clinical Child and Adolescent Psychology; pp. 404-431. | Ch. 17 Quiz due Sunday, 12.2  Discussion Board 5 due 12.2 |
| Module 5 12.3 | Ch. 18: Health Psychology; pp. 432-454.  Ch. 19: Forensic Psychology; pp. 455-478. | Ch. 18 Quiz due Sunday, 12.9  Ch. 19 Quiz due Sunday, 12.9  Extra Credit due Sunday, 12.9 |

# University Policies and Resources

1. Student Responsibilities About Communication: Mason uses electronic mail to provide official information to students. Examples include communication from course instructors, notices from the library, notices about academic standing, financial aid information, class materials, assignments, questions, and instructor feedback. Students are responsible for the content of university communication sent to their Mason e-mail account and are required to activate that account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
2. [Honor Code and Academic Honesty:](http://oai.gmu.edu/) You need to know and abide by George Mason University’s Honor Code. The Code requires all members of this community to maintain the highest standards of academic honesty and integrity. Cheating, plagiarism, lying, and stealing are all prohibited. You should contact me if you have questions about these policies. All violations of the Honor Code will be reported to the Honor Committee.
3. Students must follow the university policy for [Responsible Use of Computing](http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/) and registration on the [Registrar’s website.](http://registrar.gmu.edu/)
4. Student services: The University provides range of services to help you succeed academically and you should make use of these if you think they could benefit you. I also invite you to speak to me (the earlier the better).
5. [The George Mason University Counseling and Psychological Services (CAPS)](http://caps.gmu.edu/) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students’ personal experience and academic performance. Counseling Center: Student Union I, Room 364, 703-993-2380.
6. Accommodations: Students with disabilities who seek accommodations in a course must be registered with the [George Mason University Office of Disability Services (ODS)](http://ods.gmu.edu/) and inform their instructor, in writing, at the beginning of the semester. If you are a student with a disability and you need academic accommodations, please see me and contact the Disability Resource Services (DRS) at 703.993.2474.
7. [The George Mason University Writing Center](http://writingcenter.gmu.edu/) staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing. University Writing Center: Robinson Hall Room A114, 703.993.1200. The writing center includes assistance for students for whom English is a second language.
8. [Library](http://library.gmu.edu/for/online): Most University Libraries resources are available to you from home. They have a variety of online services.
9. Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
10. [Diversity](http://ctfe.gmu.edu/professional-development/mason-diversity-statement/): George Mason University promotes a living and learning environment for outstanding growth and productivity among its students, faculty and staff. Through its curriculum, programs, policies, procedures, services and resources, Mason strives to maintain a quality environment for work, study and personal growth.
11. [Religious Holidays](http://ulife.gmu.edu/calendar/religious-holiday-calendar/): It is the obligation of students, within the first two weeks of the semester, to provide professors with the dates of major religious holidays on which they will be absent or unable to turn in work due to religious observances.
12. [Student Privacy](http://registrar.gmu.edu/ferpa/): All students at Mason control access to their educational records and must give consent before that information is disclosed to any third party, including parents.

# Technology Requirements

**Blackboard Login Instructions**

Access to [MyMason](http://mymason.gmu.edu) and GMU email are required to participate successfully in this course. Please make sure to update your computer and prepare yourself to begin using the online format BEFORE the first day of class. Check [the IT Support Center](http://itservices.gmu.edu/) website. Navigate to [the Student Support page](https://coursessupport.gmu.edu/Students/) for help and information about Blackboard. In the menu bar to the left you will find all the tools you need to become familiar with for this course. Take time to learn each. Make sure you run a system check a few days before class. Become familiar with the attributes of Blackboard and online learning.

**Hardware:** You will need access to a Windows or Macintosh computer with at least 2 GB of RAM and access to a fast and reliable broadband internet connection (e.g., cable, DSL). A larger screen is recommended for better visibility of course material. You will need speakers or headphones to hear recorded content and a headset with a microphone is recommended for the best experience. For the amount of Hard Disk Space required taking a distance education course, consider and allow for the storage amount needed to install any additional software and space to store work that you will do for the course.

**Software:** Many courses use Blackboard as the learning management system. You will need a browser and operating system that are listed compatible or certified with the Blackboard version available on the [myMason Portal](http://mymason.gmu.edu). See [supported browsers and operating systems](https://help.blackboard.com/en-us/Learn/9.1_SP_10_and_SP_11/Student/002_Browser_Support_SP_11). Log in to [MyMason](http://mymasonportal.gmu.edu/) to access your registered courses. Some courses may use other learning management systems. Check the syllabus or contact the instructor for details. Online courses typically use [Acrobat Reader](http://get.adobe.com/reader/), [Flash](http://get.adobe.com/flashplayer/), [Java](http://www.java.com/en/download/), and [Windows Media Player](http://windows.microsoft.com/en-US/windows/products/windows-media-player), [QuickTime](http://support.apple.com/downloads/#quicktime) and/or [Real Media Player](http://www.real.com/realplayer/search). Your computer should be capable of running current versions of those applications. Also, make sure your computer is protected from viruses by downloading the latest version of Symantec Endpoint Protection/Anti-Virus software for free [here](http://antivirus.gmu.edu/).

Note: If you are using an employer-provided computer or corporate office for class attendance, please verify with your systems administrators that you will be able to install the necessary applications and that system or corporate firewalls do not block access to any sites or media types.

**Respondus LockDown Browser:** Use of the Respondus LockDown Browser and a functional webcam are required for quizzes in this online course. Please follow these [instructions](http://coursessupport.gmu.edu/Students/index.cfm?audiencename=Students&categoryname=Bb%20Assessments&datname=Respondus%20LockDown%20Browser) to download and install the Respondus LockDown Browser.

1. [Visit this URL](http://www.respondus.com/lockdown/information.pl?ID=133435885) to access the Respondus LockDown Browser download.
2. Setup is easy and only requires you to:
   1. Select your operating system.
   2. Choose "Your Own Computer" from the list of provided options.
   3. Click a download link and follow the installation directions as provided.

When you have completed these steps, launch the Respondus LockDown Browser by double-clicking its shortcut icon (pictured below). By default, this icon will be created on your desktop.

* [Respondus LockDown Browser system requirements](http://www.respondus.com/products/lockdown-browser/requirements.shtml)
* [Courses Support Student Documentation](https://coursessupport.gmu.edu/Students/index.cfm?audiencename=Students&categoryname=Bb%20Assessments&datname=Respondus%20Monitor%20and%20Lockdown%20Browser)

Windows Macintosh



**Kaltura CaptureSpace: Use this** video management tool to create and share video for Individual Counselling Video Recorded Role Plays assignment in this course. Follow these step by step procedures to download the Kaltura CaptureSpace Desktop Recorder application at <https://goo.gl/ikq57d>. Once you downloaded the application, you can launch CaptureSpace Desktop Recorder from the Web:

* Login to Blackboard ([mymason.gmu.edu](https://mymasonportal.gmu.edu/webapps/portal/execute/tabs/tabAction?tab_tab_group_id=_66_1)).
* Select Courses in the green ribbon
* Click Kaltura My Media
* Go to *Add New* and select CaptureSpace Desktop Recorder.
* The Kaltura CaptureSpace Desktop Recorder opens.

You can launch CaptureSpace from your Application folder (Mac) or Start Menu (Windows), click on the Kaltura CaptureSpace Desktop Recorder icon.

