**CommonHealth Mini Video**

*How to Cope with Financial Stress During the Holidays!*

**Virginia Credit Union Webinar**

Gain Your Financial Independence! You’re invited to participate on **Wednesday, January 12th** in this 30-minute live session, which will cover money management principles to include effective cash-flow and building a savings and investment plan. Participants will be instructed to complete their personal net-worth statement. **Register Now!**

**Virginia Retirement System**

Start the New Year with a quick analysis of your paycheck taxes and deductions with the myVRS Financial Wellness **Paycheck Analyzer**. See how your gross pay turns into your take-home income. Log in to your **myVRS account** and select Financial Wellness to access this tool and build your knowledge.

**Virginia Department of Treasury’s Unclaimed Property Division**

Unclaimed property can include dormant bank accounts, uncashed checks, stocks and dividends, insurance proceeds, refunds, and more. One in four Virginians has missing money. Visit our free search site to check your name and start the claims process **www.vaMoneySearch.org**

**Truist Bank/BB&T**

State employees are invited to attend the upcoming 2022 webinar sessions where you can learn more about financial literacy information to help you on your journey to financial confidence. Join the **January 11th webinar** about “Preparing for Homeownership or Refinance”.

**2022 Financial Webinars**

**Employee Assistance Program**

All health plans offered to state employees and their dependents have employee assistance programs (EAPs). Included are up to four sessions at no charge for such services as mental health, alcohol or drug abuse assessment, child or elder care, grief counseling and legal or financial services. **EAP Link**

**Join the Virginia Credit Union and get a bonus!** In just a few easy steps: Visit **www.vacu.org/partnerjoinus**. Then enter the company referral code: **4842**