Teen Social Anxiety Treatment Group

ARE YOU ANXIOUS, NERVOUS, SHY??

Join this evidence-based treatment program to learn to:

- Develop skills to better cope with anxious thoughts and feelings
- Become more comfortable in social situations
- Examine and challenge the ways you think about being negatively evaluated

Registration is now open!

12 week program
Starting Nov, 2021
Mondays @ 5pm
$35 Intake Fee
$30 each session

For further details, email psycclin@gmu.edu or call (703) 993-1370

**Interested participants will be screened prior to Nov 2021 to ensure treatment is appropriate**