

*This 4 year plan is only ONE example of many paths to complete a BA in Integrative Studies with a concentration in Life Sciences - Focus: Occupational Therapy. Meet with an advisor each semester to plan courses and check progress.*

| <b>YEAR 1</b>     |   |  |   |                  |
|-------------------|---|--|---|------------------|
| <b>Fall: 2019</b> |   | <b>Spring: 2020</b> (Choose 1 column of courses) |   |                  |
| <b>Credits</b>    | <b>Course</b>                           | <b>A</b>   | <b>B</b>                                      | <b>C</b>         |
| 6                 | INTS 101 Narratives of Identity*        | INTS 102*  | INTS 103*                                     | INTS 203*        |
| 3                 | ENGH 101 Written Communication*         | Science*   | Global  | Global           |
| 3                 | STAT 250 Intro to Statistics*           | Art*   | HIST 100 or 125*                              | HIST 100 or 125* |
| 3                 | WMST 200 Intro to Women & Gender        | Social & Behav*                                  | Social &                                      | Non-Lab Science* |
| <b>15</b>         | <b>Total Credits</b>                    | <b>Total Credits</b>                             |   |                  |
| <b>YEAR 2</b>     |   |  |   |                  |
| <b>Fall: 2020</b> |   | <b>Spring: 2021</b>                              |   |                  |
| <b>Credits</b>    | <b>Course</b>                           | <b>Credits</b>                                   | <b>Course</b>                                 |                  |
| 3                 | If A or B take IT 104* or INTS 249*; If | 3  | ENGH 302 Advanced Composition*                |                  |
| 4                 | Science Lab*                            | 3  | PSYC 211 Developmental Psychology             |                  |
| 3                 | PSYC 100 Basic Concepts in              | 3  | INTS 391 Understanding INTS                   |                  |
| 3                 | INTS 3xx/4xx Elective                   | 3  | Minor or Elective                             |                  |
| 3                 | Minor or Elective                       | 3  | Minor or Elective                             |                  |
| <b>16</b>         | <b>Total Credits</b>                    | <b>15</b>  | <b>Total Credits</b>                          |                  |
| <b>YEAR 3</b>     |   |  |   |                  |
| <b>Fall: 2021</b> |   | <b>Spring: 2022</b>                              |   |                  |
| <b>Credits</b>    | <b>Course</b>                           | <b>Credits</b>                                   | <b>Course</b>                                 |                  |
| 4                 | BIOL 124 Human Anatomy and              | 4  | BIOL 125 Human Anatomy and Physiology II      |                  |
| 3                 | PSYC 325 Abnormal Psychology            | 3  | PHIL 309 Bioethics                            |                  |
| 3                 | INTS 3xx/4xx Elective                   | 3  | INTS 3xx/4xx Elective                         |                  |
| 4                 | INTS 410 Contemporary Health            | 3  | INTS 3xx/4xx course relevant to concentration |                  |
|                   |   | 3  | Minor or Elective                             |                  |
| <b>14</b>         | <b>Total Credits</b>                    | <b>16</b>  | <b>Total Credits</b>                          |                  |
| <b>YEAR 4</b>     |   |  |   |                  |
| <b>Fall: 2022</b> |   | <b>Spring: 2023</b>                              |   |                  |
| <b>Credits</b>    | <b>Course</b>                           | <b>Credits</b>                                   | <b>Course</b>                                 |                  |
| 3                 | Sociology course 3xx/4xx                | 3  | Minor or Elective 3xx/4xx                     |                  |
| 3                 | Minor or Elective 3xx/4xx               | 3  | Minor or Elective 3xx/4xx                     |                  |
| 3                 | Minor or Elective 3xx/4xx               | 3  | Minor or Elective 3xx/4xx                     |                  |
| 3                 | Minor or Elective                       | 3  | Minor or Elective                             |                  |
| 3                 | Minor or Elective                       | 3  | Minor or Elective                             |                  |
| <b>15</b>         | <b>Total Credits</b>                    | <b>15</b>  | <b>Total Credits</b>                          |                  |
|                   |   | <b>#REF!</b>                                     | <b>Total Credits for Bachelors Degree</b>     |                  |

\*Fulfills General Education requirement

*This plan includes all BA degree requirements including: 120 credits, Mason Foundation & Core, 30 credits Integrative Studies courses, Concentration requirements, and 45 upper level credits.*