Adolescent Social Skills Training Group

Does your teen struggle with…

- Initiating and carrying on conversations?
- Making eye contact with others when conversing?
- Reading nonverbal behaviors of other people?
- Difficulty understanding jokes or humor?
- Trouble gauging other people’s level of interest in conversations?

Based on the latest scientific research, this group is an opportunity for your child to improve social skills and make friends! Teens will…

- Learn specific social skills such as starting and maintaining conversations.
- Practice socializing with other adolescents in a safe environment.
- Develop coping skills for anxious thoughts and feelings during social interactions.

Groups meet on a weekly basis for 12 consecutive weeks, beginning March, 2019. Sessions will be on Tuesdays from 5:30-7:00pm. There is a $30 intake session fee, and each session after that is $25. There is also a one-time $20 materials fee. All intake sessions will be completed by March 1st.

Center for Psychological Services (http://psyclinic.gmu.edu/) at (703) 993-1370. We are located near the Fairfax campus at 10340 Democracy Lane, Suite 202 in Fairfax, VA.

**Interested participants will be screened to ensure that treatment is appropriate for them. This group is primarily for adolescents with Autism Spectrum Disorder. Individuals must be between the ages of 13-18 to participate.**