George Mason University

Clinical Psychology Doctoral Program
Student/Faculty Handbook

2018-2019

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2 INTRODUCTION

This handbook provides information about the Clinical Psychology Doctoral Program and guides faculty members and students in planning the student’s program of study. The Director of Clinical Training (DCT) updates the handbook annually. During the year, the DCT issues updates to students and faculty via email as policies and procedures change.

Please consult the University Catalog for the University’s policies and procedures for doctoral degree programs. The Catalog contains a lot of important information that is not contained in this Handbook.

In addition to becoming familiar with the contents of this Handbook and the policies and procedures described in the catalog, students should maintain close and continual contact with their advisors.

Christianne Esposito-Smythers
Director of Clinical Training
WHO’S WHO IN THE DEPARTMENT

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**4 MEMBERS OF THE CLINICAL FACULTY**

Leah Adams 993-4118 Psychosocial aspects of health promotion and health risk with an emphasis on racial/ethnic minorities, women, and other “vulnerable” groups; HIV risk and prevention among incarcerated adults; understanding barriers to accessing new HIV prevention tools, such as Pre-Exposure Prophylaxis (PrEP); managing chronic illness (e.g., HIV/AIDS, chronic pain) and disability (e.g., traumatic brain injury, spinal cord injury).
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<th>Name</th>
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<tr>
<td>Lauren Cattaneo</td>
<td>993-4728</td>
<td>Community and institutional responses to intimate partner violence, helpseeking; risk assessment and empowerment.</td>
</tr>
<tr>
<td>Tara Chaplin</td>
<td>993-5309</td>
<td>Emotion regulation and the development of psychopathology and substance use in adolescence; Parent-focused interventions; Bio-psycho-social models of emotion</td>
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| Christy Esposito-Smythers   | 993-2039 | **Director of Clinical Training**
Assessment, prevention, and treatment of adolescent suicide, depression, and substance abuse; dissemination and implementation of evidence-based interventions & measurement-based care |
| Sarah Fischer               | 993-5635 | Impulsivity, Bulimia Nervosa and co-occurring alcohol abuse, application of DBT to disordered eating |
| Todd Kashdan                | 993-9486 | Anxiety and depressive conditions (especially social anxiety); self-regulation; risk and resilience processes; assessment and cultivation of positive emotions and traits. |
| Robyn Mehlenbeck            | 993-1371 | **Director of Center for Psychological Services.**
Mental Health Administration and Training; Treatment of adolescents with chronic illness; Multidisciplinary practice and training. |
| Keith D. Renshaw            | 993-5128 | **Chair of Psychology Department**
Individual and interpersonal response to stress and trauma; Adjustment of military service members and their spouses after deployment; Combat-related posttraumatic stress disorder. |
| John Riskind                | 993-4094 | Cognitive determinants of anxiety, fear, and worry; obsessive-compulsive disorder; social-cognitive vulnerability to psychopathology. |
| Jerome Short                | 993-1368 | Family stress and coping; Prevention programs; Mental health promotion |
| June Tangney                | 993-4051 | Personality, social, and emotional development; criminal rehabilitation. |
5  COLLEGE OF HUMANITIES AND SOCIAL SCIENCES GRADUATE POLICIES

5.1 About the College

The College of Humanities and Social Sciences (CHSS) is composed of 11 departments and 10 major interdisciplinary programs. The college is also home to New Century College, which offers an innovative interdisciplinary major as well as Mason Cornerstones, a first-year program for students in all majors. Together with the College of Science, the college administers the university-wide Honors Program in General Education, the academic program of the Honors College. This is open to qualified students from all majors in the university. The college has a distinguished faculty of more than 400, including recipients of the Pulitzer Prize and Guggenheim Fellowship.

At the undergraduate level, all programs emphasize challenge, opportunity, and success. They challenge students to think critically and creatively and to go beyond what is required by pursuing research experiences, minors, double majors, honors in the major, and accelerated master’s degree programs, which enable them to earn both an undergraduate and a graduate degree, often within five years. They provide many opportunities beyond the classroom including study abroad programs, service learning, internships, and career-enhancing courses and minors, all of which will help prepare them for success beyond college.

At the graduate level, programs of study provide opportunities for career development and advancement, professional education, participation in research, and personal fulfillment.

All programs encourage the exploration of contemporary issues through a dynamic curriculum that fosters an informed understanding of real world problems. The college provides students with an education that enables them to think critically, adapt to the changing conditions of society, and provide informed leadership to future generations.

5.2 Policies for All Students

The requirements for each academic program offered by the college are described in the sections for the sponsoring departments and programs. All students are subject to the policies stated in the Academic Policies section of this catalog. Additional policies and procedures for students in the college are presented in this section.

Mason uses only Mason e-mail accounts to communicate with enrolled students. Students should activate their Mason e-mail account, use it to communicate with their department and other administrative units, and check it regularly for important information.

5.2.1 Registration and Degree Audit

Students are responsible for correctly registering for courses and paying all tuition and fees by the official university registration and payment deadlines. Instructors do not have the authority to add students to courses, and students may not sit in on classes for which they are not registered. All students should verify the accuracy of their enrollment before the end of the add
period and should check Patriot Web to verify that they are registered for the classes that they think they are.

All students are responsible for reviewing their own transcripts and degree audits regularly to ensure that they are correct and that they are on track to meet all their requirements.

5.2.2 Withdrawal

Students are responsible for all courses in which they remain officially enrolled once the drop period has ended. Instructors do not have the authority to withdraw students from classes. Withdrawals after the published deadlines require the approval of the relevant dean (undergraduate academic affairs or graduate academic affairs) and are allowed only for full semesters at a time (a withdrawal from all enrolled courses). Withdrawals are only permitted for non-academic reasons; no withdrawals can be approved for academic reasons. When submitting a withdrawal request, students must provide verifiable, third-party documentation for the reason for the withdrawal. Requests for withdrawals should be submitted as early in the semester as possible; withdrawal requests submitted after the last day of classes are rarely approved.

5.2.3 Grade Appeals

Grade appeals should be made to the department or program following the process specified in the Academic Policies section of this catalog. If they are resolved within the department or program, that unit is the final level of appeal. The departmental decision may be appealed to the dean only on the basis of procedural irregularity. Undergraduate students should address such appeals through the Office of Undergraduate Academic Affairs and graduate students through the Office of Graduate Academic Affairs. If the grade appeal is not resolved within the department or program, the chair makes a recommendation to the dean, who makes the final determination. The decision of the dean is not subject to review or further appeal.

5.2.4 Formal Complaints

Formal complaints should be made in writing to the associate dean.

5.2.5 Accommodations for Students with Disabilities

Students with documented disabilities should contact the Office of Disability Services to open a file and learn more about accommodations that may be available to them.

5.3 Policies for Graduate Students

The college offers 16 master’s degrees plus a master of arts in interdisciplinary studies (MAIS), master of public administration (MPA) and a master of fine arts in creative writing (MFA), and 11 doctoral degrees.
5.3.1 Graduate Admission

Admission decisions are made by the faculty committee of the respective graduate program. Denial of admission is not subject to appeal. Applicants denied admission to a program are not permitted to enroll in courses in that program.

If an applicant is offered graduate admission, the college reserves the right to withdraw that offer of admission if:

- During his or her academic studies, the admitted applicant has a significant drop in academic performance or fails to graduate with a degree prior to the first day of classes for the term admitted.
- There has been a misrepresentation in the application process.
- Prior to the first day of classes for the term admitted, the college learns that the admitted applicant has engaged in behavior that indicates a serious lack of judgment or integrity, irrespective of the outcome of any disciplinary process related to such behavior.
- For students admitted to an accelerated master’s program, the student does not maintain satisfactory progress in his or her undergraduate program, does not receive a minimum grade of 3.00 in the graduate classes taken as an undergraduate, or otherwise does not meet the conditions specified on the application and admission letter.

The university further reserves the right to require the applicant to provide additional information (and/or authorization for the release of information) about any such matter.

5.3.2 Provisional Admission

Students provisionally admitted to their graduate degree program are not eligible to enroll in consortium course work or study at another institution until the conditions of the provisional contract have been met. Provisionally admitted students are also not eligible to participate in any study abroad programs until the conditions of the provisional contract have been met. Transfer of credit requests for course work taken in non-degree status at Mason or from another institution prior to admission will not be considered until the provisional contract has been fulfilled.

5.3.3 Academic Load

Graduate students can enroll in up to 12 credits of course work each semester. Requests for enrollment in more than 12 credits can be submitted via the Graduate Program Coordinator. Non-degree students can enroll in up to 10 credits of course work each semester.

5.3.4 Non-degree Enrollment

Applicants who have been denied admission to a graduate certificate, masters or doctoral program are not permitted to take graduate courses in that discipline as a non-degree student.

Graduate non-degree students may enroll in 500-, 600-, and 700-level courses. In exceptional cases graduate non-degree students in the College of Humanities and Social Sciences may
request to enroll in an 800-level course if they have an appropriate academic or professional
background and have the written permission of the course instructor, director of the graduate
program offering the course, and the graduate dean.

5.3.5 University Consortium

Students should review university policies regarding the University Consortium under
Special Registration Procedures in the Academic Policies section of this catalog.

Eligible students may enroll in courses at any of the institutions in the Consortium of
Universities in the Washington Metropolitan area. Students are limited to one consortium course
per semester, with a career maximum of 6 credits. To register for a consortium course, students
must have an overall GPA of at least 3.00 and be in good academic standing. Students with
grades of IN on their record or who earned grades of C or F in the most recent semester are not
eligible to register for a consortium course. Students who have received a grade less than 3.00 in
a consortium course are not permitted to enroll in additional consortium courses. Newly admitted
graduate students are not permitted to enroll in consortium courses during their first semester of
graduate study. Students who wish to enroll in consortium courses during their second semester
of study must wait until the grades for the previous semester have been posted.

5.3.6 Transfer of Credit

To be eligible for transfer, credits must have been earned at an accredited graduate
degree-granting institution (and applicable to a graduate degree at that institution) or at Mason
while in non-degree status. Courses accepted for transfer credit must have been completed within
six years of the admission term and with a minimum grade of 3.00. Courses with grades of P or S
are not accepted for transfer unless the official transcript indicates that the grade is equivalent to
a 3.00 (B) or better. Some programs have more stringent standards on transfer of credit; students
should contact their graduate program for specific information.

Note that the process of transferring credit is different from the process of applying for a
reduction of degree requirements. Reduction of degree requirements involves applying prior
coursework to the graduate program’s requirements, which then allows the student to “waive”
the course(s) associated with that requirement. This process is described in full in Section 6.7
Reduction of Degree Requirements.

5.3.7 Credit from Other Institutions

Students must obtain all approvals, including course equivalencies, prior to enrolling in
any course work at another institution. All appropriate paperwork must be submitted to the
Office of the University Registrar by the last day to add during the academic term the course
meets. Students enrolling in courses at other institutions with different drop/add timetables must
still abide by Mason’s drop/add deadlines in terms of acquiring necessary approvals.
5.3.8 Dissertation Committee

The college follows university policies regarding dissertation committees. See Dissertation Committee in the Requirements for Doctoral Degrees section of the Academic Policies section of this catalog.

5.3.9 Dissertation (999) Registration

Doctoral students must be advanced to candidacy before they may enroll in 999. Students must register for 999 before the add deadline published in the Academic Calendar by the Office of the University Registrar. Once doctoral students begin registering for 999, they must enroll in at least 3 credits of 999 each semester (excluding summers) until they have completed the total number of dissertation credits required on their individual program of study. Once enrolled in 999, all doctoral students must maintain continuous enrollment in 999 until they deposit their approved dissertation in the University Library. Students must be enrolled in 999 in the semester they submit their approved dissertation to the University (thus, students who defend and turn in their dissertation in the summer must be registered for at least 1 credit of 999 in the summer). If they have completed the number of dissertation credits required on their program of study, they may maintain continuous enrollment by registering for only 1 credit of 999. See Dissertation Registration in the Requirements for Doctoral Degrees section of the Academic Policies section of this catalog.

5.3.10 Time Limit for Doctoral Students

For both full-time and part-time students enrolled in doctoral programs, whether entry is post-baccalaureate or post-master’s, the total time to degree will not exceed nine (9) calendar years from the time of first enrollment as a doctoral student. Doctoral students are expected to progress steadily toward their degree and to advance to candidacy within no more than six (6) years, although colleges may set a shorter time limit.

Students who do not meet published time limits because of compelling circumstances may petition their dean for a single extension of one calendar year at any point during their program. If such an extension is granted, the total time limit for completion of the degree will not exceed ten (10) years. Reenrollment following an absence from Mason does not change the student’s time limit, which is based on the date of initial admission. Failure to meet the time limits or to secure approval of an extension request may result in termination from the program. Faculty and students share in the responsibility to progress toward completion of degree requirements, and faculty must be actively involved in helping students conform to the nine-year time limit.

Students who are given permission to re-enroll following an absence from Mason may not count the time limits as beginning on the date of re-enrollment. Failure to meet the time limits or to secure approval of an extension request may result in termination from the program. International students attending in F-1 or J-1 status have more restrictive limits. Such students should contact the Office of International Programs and Services for further information.
Requests for extension of time limits must be submitted to the graduate dean in writing. They should explain the extenuating circumstances that prevented a timely completion of the degree and a timeline for completing the work within the limits of the extension. The request should include a letter from the student’s graduate program director indicating program support for the extension and confirmation that the work can be completed within the limits of the extension.

5.3.11 Graduate Appeals of Dismissal or Termination

All graduate students should be familiar with the university polices on dismissal and termination as stated in Graduate Academic Standing section of the Academic Policies section of this catalog. Students who meet the criteria for dismissal or termination may submit a written appeal to the Office of Graduate Academic Affairs. Appeals should include all relevant information on the basis for appeal, as well as any appropriate documentation. Appeals of termination and dismissal are reviewed at the beginning of each semester by a faculty committee. The ruling of that committee represents the final decision of the college.

5.3.12 Accelerated Master’s Degree Programs

Many graduate programs in the College of Humanities and Social Sciences offer highly-qualified undergraduates the opportunity to apply to accelerated master’s degree programs. Students accepted into an accelerated master’s degree program obtain both a bachelor’s and a master’s degree after satisfactory completion of 144 - 150 credits (number of required credits depends on the degree program).

Students admitted to an accelerated master’s degree program may use up to six graduate credits (courses at the 500 or 600 level) in partial fulfillment of requirements for the undergraduate degree. Upon completion and conferral of the undergraduate degree with satisfactory performance in graduate courses (minimum grade of 3.00 in each), students are given advanced standing in their master’s program.

Undergraduates may take a maximum of six additional graduate credits while undergraduates and mark them for reserve graduate credit. These credits are not used to fulfill undergraduate degree requirements but can be applied to the master’s degree. See the section on Graduate Course Enrollment by Undergraduates in Academic Policies. Courses taken for reserve graduate credit must be approved in advance by the Office of Undergraduate Academic Affairs and the appropriate paperwork filed with the Office of the University Registrar.

Students must fulfill all other master’s degree requirements. For more information see Accelerated Master’s Degree Programs.
6 CLINICAL PROGRAM CURRICULUM

6.1 Training Model and Goals

The clinical psychology doctoral program at George Mason University is committed to the clinical science model. Our goal is to train clinical psychologists who are capable of integrating research and applied clinical activities. We believe that the best clinical skills are grounded in empirical and theoretical knowledge, and clinical application continuously informs the evolution of clinical theory and research. Toward this end, we provide rigorous training in scientific methods and clinical activities, with an emphasis on those that are informed by empirical research. Our training encourages students to be integrative and innovative while guided by the principles of science and ethics.

We believe that clinical psychologists have a responsibility to have a positive impact on individuals and communities. We emphasize theoretically informed, applied research that is capable of producing results with meaningful implications for positive change at the level of the individual, family, and community. Our program involves students in research from the beginning of the first year throughout the entirety of their training.

The program is unique in approaching clinical psychology from social psychological and contextual perspectives. A social psychological perspective uses theory and research from social psychology to understand emotional, cognitive, behavioral, and interpersonal functioning. A contextual perspective stresses the impact of social and cultural factors on the individual and vice versa. These perspectives share the assumption that psychological well-being, adjustment, and dysfunction are best understood in the context of the individual’s relationships, community, and culture.

Our faculty views students as junior colleagues and collaborators, and we strive on a daily basis to treat all students with dignity and respect. We aim to train students who have the flexibility to fill the evolving functions of clinical psychologists, including research, direct provision of clinical services, supervision, program development and evaluation, and consultation.

6.2 Requirements

A minimum of 76 graduate credits is required for the Ph.D. — 17-22 hours of general courses (depending on quantitative emphasis chosen), 41 hours of core clinical courses, 1-6 hours of electives (depending on quantitative emphasis chosen), and 12 hours of dissertation. With approval, students can take elective courses offered by the other universities that belong to the Washington Area Consortium of Universities.

Students must pass courses with a grade of “A” or “B”. A student who earns a “C” or lower in a course will have a second opportunity to take the course and pass with an acceptable grade. A student who fails to meet this requirement the second time may be removed from the program.
GENERAL REQUIREMENTS
Neurobiological Bases of Behavior & Fundamentals of Clinical Neuropsychology (PSYC 897). 3 credits
Developmental Bases of Behavior (PSYC 704). 3 credits
One Quantitative Emphasis chosen from the following 3 options. 11-16 credits

Emphasis A (Basic; 11 credits)
PSYC 611 - Advanced Statistics ......................................................... 4 credits
PSYC 612 - Advanced Statistics ......................................................... 4 credits
PSYC 644 - Methods for Social Research ........................................... 3 credits

Emphasis B (Enhanced; 13 credits)
PSYC 611 - Advanced Statistics ......................................................... 4 credits
PSYC 644 - Methods for Social Research ........................................... 3 credits
PSYC 754 – Regression ................................................................. 3 credits
One approved quantitative course, such as those listed under Emphasis C ........ 3 credits

Emphasis C (Quantitative; 16 Credits)
PSYC 611 - Advanced Statistics ......................................................... 4 credits
PSYC 644 - Methods for Social Research ........................................... 3 credits
PSYC 754 – Regression ................................................................. 3 credits
Two additional approved quantitative courses, such as:
  PSYC 557 - Psychometric Methods ............................................. 3 credits
  PSYC 646 - Longitudinal Developmental Research ........................ 3 credits
  PSYC 652 - Analysis of Variance ................................................. 3 credits
  PSYC 756 – Multivariate Methods ................................................ 3 credits
  PSYC 757 - Advanced Quantitative Methods ............................... 3 credits
  (varies by semester but includes Bayesian methods)
  PSYC 892 - Special topics that include Meta-analysis/SEM .......... 3 credits

CLINICAL REQUIREMENTS
Psychological Assessment I (PSYC 810) ............................................. 4 credits
Psychological Assessment II (PSYC 811) .......................................... 4 credits
Scientific Foundations of Clinical Psychology (PSYC 822) .................. 3 credits
History, Systems, and Theories of Personality and Psychotherapy (PSYC 830) 3 credits
Social and Cognitive Foundations of Clinical Psychology (PSYC 833) .... 3 credits
Introductory Helping Skills and Motivational Interviewing (PSYC 860) .... 3 credits
Cognitive Behavioral Therapy for Youth (PSYC 861) ......................... 6 credits
Cognitive Behavioral Therapy for Adults (PSYC 862) ....................... 6 credits
Practicum in Clinical Psychology (PSYC 881) .................................... 6 credits
Ethical and Professional Issues in Clinical Practice (PSYC 883) ........... 3 credits

ELECTIVES
Students choose electives in consultation with and with the approval of an advisor. The choice of quantitative emphasis affects the number of credits available for electives. Those who choose Emphasis A take 6 credit hours of electives; students choosing Emphasis B take 4 hours of electives; students choosing Emphasis C take 1 hour of electives.

DISSEPTION
PSYC 998 & 999 (Students must take at least 3 hours of 998 and at least 3 hours of 999)
INTERNSHIP ........................................................................................................................................ 0 credits
Full time for one year (no course credit)

EXTERNSHIP ........................................................................................................................................ 0 credits
Optional: Part-time Externship in the 4th and/or 5th years (no course credit)

TOTAL ........................................................................................................................................ 76 credits

TYPICAL SCHEDULE

This is the typical schedule, but it is possible to vary from it – consult with your advisor to resolve any concerns or formulate individual schedules. In particular, the decision about enrolling in dissertation (998/999 credits) depends on the timing of your dissertation proposal and defense, coverage of tuition in fourth year and beyond, and other factors. Talk with your advisor, the DCT, the Associate DCT, and/or the Graduate Programs Coordinator about optimal timing of 998 and 999 enrollment.

YEAR ONE (24-25 credits)
FALL (14 credits)
  Psychological Assessment I (810) (4 credits)
  Introductory Helping Skills and Motivational Interviewing (860) (3 credits)
  Advanced Statistics I (611) (4 credits)
  Scientific Foundations of Clinical Psychology I (822) (3 credits)

SPRING (10-11 credits)
  Psychological Assessment II (811) (4 credits)
  Methods for Social Research (644) (3 credits)
  Advanced Statistics II (612) (or Advanced Stats/Elective/Core) (3-4 credits)

YEAR TWO (18 credits)
FALL (9-10 credits)
  Cognitive Behavioral Therapy for Youth (861) (3 credits)
  Cognitive Behavioral Therapy for Adults (862) (3 credits)
  Advanced Stats/Elective/Developmental Core (3 credits)
  Teaching Practicum in Psychology (850) (1 credit) – for those teaching a course

SPRING (9 credits)
  History, Systems, and Theories of Personality and Psychotherapy (830) (3 credits)
  Cognitive Behavioral Therapy for Youth (861) (3 credits)
  Cognitive Behavioral Therapy for Adults (862) (3 credits)
YEAR THREE (18-24 credits)
   FALL (9-12 credits)
      Practicum in Clinical Psychology (881) (3 credits)
      Social and Cognitive Foundations (833)/Bio Core (3 credits)
      Advanced Stats/Elective/Developmental Core (3 credits)
      Doctoral Dissertation Proposal (998) (0-3 credits)
   SPRING (9-12 credits)
      Ethical and Professional Issues in Clinical Psychology (3 credits)
      Practicum in Clinical Psychology (881) (3 credits)
      Advanced Stats/Elective (3 credits)
      Doctoral Dissertation Proposal (998) (0-3 credits)

YEAR FOUR (~9 credits)
   FALL (~6 credits)
      Social and Cognitive Foundations (833)/Bio Core (897) (3-6 credits)
      Doctoral Proposal (998) (3 credits)
      Externship (885) (0 credits)
   SPRING (~3-6 credits)
      Doctoral Proposal (998) (3-6 credits)
      Externship (885) (0 credits)

YEAR FIVE: Additional research/clinical/teaching/training experiences OR Internship*
   FALL (3-6 credits)
      Doctoral Dissertation (999) (3-6 credits)
      Externship (885) (0 credits)
   SPRING (1 credit)
      Doctoral Dissertation (999) (1 credit)
      Externship (885) (0 credits)

* In order to apply for internship, a student must have an approved YEAR SIX:
Internship*
   FALL (0 credits)
      Internship (ZREG 80) (0 credits)
   SPRING (0 credits)
      Internship (ZREG 80) (0 credits)
   SUMMER (0 credits)
      Internship (ZREG 80) (0 credits)

Dissertation proposal by November 1, prior to submitting any applications for internships that start the following year.
6.2.1 Additional Program Requirements

In the first year of training, upon completion of PSY810, each student is required to complete two intellectual assessments to demonstrate competency. These cases will be provided by the GMU CAP program located at the Center for Psychological Services.

Across the second year of training, students are required to complete three comprehensive assessment cases (one adult case, one child case and one that can be either child or adult). These cases will be provided by the GMU Center for Psychological Services. This ensures a basic level of competency in providing assessment services.

Supervisor feedback on these assessments will be added to the end of year evaluation forms.

6.3 Year-by-Year Overview of Required Activities and Deadlines

A full list of major activities, requirements, and associated deadlines follows below. This can be a helpful resource for you each year. Note that POC = point of contact for questions, and GPC = Graduate Programs Coordinator.

**EVERY YEAR**
- Prior to fall semester
  - Register for courses
  - Sign contracts for research and teaching assistantships as needed
- Prior to spring semester
  - Register for courses
  - Sign contracts for research and teaching assistantships as needed
- By end of spring semester
  - Outside Clinical Activities Form
  - Personalized Professional Goals Form in context of annual evaluation with advisor
- By June 1
  - Research Activity Report (online)

**Prior to First Year**
- Complete criminal background investigation before beginning the fall semester
- Register for courses before Fall semester begins
- Sign contracts for research and teaching assistantships

**First Year**
- By end of spring semester
  - Submit Graduate Secondary Master’s Program App (POC: GPC)
  - Complete two intellectual assessments (POC: instructor for PSYC 810/811)
- By Aug 1
  - Complete Letter of Intent for second-year research project (POC: advisor)

**Second Year**
- Between Summer after 1st year through end Summer after 2nd year
• Complete three comprehensive assessments with reports (POC: CPS Director/Asst Dir)
  • End of Fall
    • Apply for the M.A. degree (POC: GPC)

**Third Year**

• By September 1
  • Complete second-year research project (research comprehensive exam) (POC: advisor)
• By end of fall semester
  • Present second-year research project at a brown bag (POC: Jerome/Todd)
• January/February
  • Apply for externships (optional but recommended) (POC: Jerome)
• By end spring semester
  • Complete clinical comps (oral comprehensive exam) (POC: DCT)
Fourth Year

- Prior to Fall and Spring
  - Register for Externship (PSYC 885 – 0 credits)
- End of Fall semester
  - Submit Extern Evaluation Form to externship supervisor(s) (POC: Jerome)
- January/February
  - Apply for externships (optional) (POC: Jerome)
- During fall/spring/summer
  - Complete Dissertation Committee Composition Form (POC: GPC)
  - Complete dissertation Letter of Intent (POC: advisor)
  - Defend dissertation proposal
  - Submit dissertation Signature Sheet to graduate program coordinator
- End of spring semester/summer
  - Submit Extern Evaluation Form to externship supervisor(s) (POC: Jerome)
  - To enroll in PSYC 999 in Fall
    - Complete and submit Program of Study (POC: DCT, GPC)
    - Submit paperwork for Advancement to Doctoral Candidacy by August 15
      (recommended by August 1) (POC: DCT, GPC)

Fifth Year

- Prior to Fall and Spring
  - Register for Externship (PSYC 885 – 0 credits)
- By November 1
  - If you haven’t done so already, successfully defend dissertation proposal and submit
dissertation Signature Sheet to GPC (note: leave time for changes requested by
committee – all must be complete prior to Nov 1) – must be done to apply for internship
  - Submit applications for internship (note: dates vary by sites, but most are due on or
around Nov 1) (POC: Advisor, Internship Application Committee)
- End of fall and spring semesters
  - Submit Extern Evaluation Form to externship supervisor(s) (POC: Jerome)
- Prior to internship start date
  - Schedule dissertation defense and reserve room
  - Obtain approval from all committee members to proceed with defense at least 3 weeks
before actual defense (POC: GPC)
  - Defend dissertation and complete Dissertation Signatures Form
  - Submit final version of dissertation to Library after format check
  - *NOTE: To avoid registering for PSYC 999 in summer or while on internship, this must
ALL be completed before the final day of the spring semester*
- Prior to fall of 6th year
  - Register for courses (PSYC 999 or ZREG 80) (POC: GPC)

Sixth Year

- Prior to spring semester
  - Register for courses (PSYC 999 or ZREG 80) (POC: GPC)
- During spring semester
  - Apply for Ph.D. degree (POC: GPC)
  - Indicate intention to walk in College Convocation (POC: GPPC)
- End of internship
  - Complete Internship Completion Form, send to DCT and GPC
6.4 Electives

An “elective” is defined as any non-required coursework that is directly relevant to a student’s education and training as a clinical psychologist, as determined by the student and the advisor. A “course” is defined as any experience that is awarded credit hours by the university. Courses can be regularly offered courses, special topics (PSYC 892), or practica (PSYC 881). (This list is not exclusive.) Research experiences already required by the program (second-year project, dissertation) cannot meet the elective requirement.

“Directly relevant” is a difficult term to define. Decisions will be made on a case-by-case basis. A good example of an ineligible course is a course in Spanish. An eligible course might focus on mental health issues among Latinos in the United States. A course on accounting is ineligible. A course focused on management issues in health care settings is eligible.

Eligible courses include those offered by the Department of Psychology, other departments at George Mason University, and the universities in the Consortium of Universities in the Washington DC Metropolitan Area (see University Catalogue for more information).

The student’s advisor and the Director of Clinical Training (DCT) approve electives. A request for approval of an elective should include a catalogue description of the course, a syllabus, and a brief explanation of how the course meets the student’s education and training needs.

6.5 Externship (PSYC 885-No Course Credit)

Students may take a Clinical Psychology Externship in the fourth and/or fifth year. Students should consult with their advisors and current senior students in selecting sites and preparing their applications. There is also information in the shared Mesa network folder associated with the clinic (see below). Students must register for PSYC 885 when they have an externship. Because there is no course credit associated with 885, one can register for it in summer and as many times as needed.

6.5.1 What constitutes an externship?

An externship is any delivery of clinical services off-campus, including assessment, diagnosis and/or intervention. The externship site should provide weekly supervision by a licensed mental health professional, or a qualified mental health professional under the supervision of a licensed mental health professional. For the purpose of counting hours toward licensure (as opposed to internship), it is recommended (but not required) to have a clinical psychologist sign off on the student’s work. Externships involve regular client contact, and the ratio of time spent in supervision to time spent on direct service should be a minimum of 1:4 (at least one hour of supervision per 4 client hours). If a student wishes to consider an externship that does not meet these requirements, or if a student wishes to consider an ad hoc externship (one that is created specifically for the student, or is not an established program), he or she must seek faculty approval through his or her advisor.
6.5.2 The application process

Though deadlines may vary by placement, students tend to apply for externships early in the spring semester for positions beginning the following academic year. In the past, the local consortium of clinical programs has asked externships to comply with a call date, and this has tentatively been set for the second Friday in March. In general, the application process involves submission of a formal application or cover letter, curriculum vitae, letters of recommendation, and a personal interview. Students need to contact the desired sites for application information and independently proceed with the application process. Because training experiences, theoretical orientation, and supervisory styles vary widely across externship sites, students should carefully investigate the sites of interest to them before applying and before accepting an offer.

While all students should consult with advisors and should research sites based on their own needs and goals, the faculty Externship Committee provides resources to facilitate the process. First, we identify a faculty point person who keeps an updated list of externship sites on the shared clinic folder (Mesa\shared\cps.gradstudent\Externship Information). Second, we put a template for cover letters in the same folder. Third, we consolidate student feedback on externship sites and put those forms in the folder, as well. Finally, we update a spreadsheet of where students have had externships in the past, so that students can reach out to each other. This spreadsheet is made available as a Google document. We recommend that students reach out to advisors for help with polishing CVs, and that they reach out to other students who have recently obtained externships to practice interviews.

6.5.3 The evaluation process

Twice a year the externship point person will distribute copies of the Extern Evaluation Form (see Appendices) to externship supervisors. Grades are assigned by the DCT, based on feedback from externship supervisors, and are either S/NC (satisfactory/no credit) or IP (in progress). Extern evaluations are available for review by the clinical faculty and placed in the student’s file. Students should also complete the Evaluation of Externship Site form (see Appendices) and return it to the externship committee point person.

6.6 Internship

Internship consists of one year of full-time employment (2,000 hours) as a clinical psychology trainee in any number of different mental health and health care settings, including psychiatric hospitals, medical hospitals, university counseling centers, and community mental health centers. A few sites offer a two-year, 20-hour a week internship.

The internship must be in clinical psychology (as opposed to school or counseling psychology) and, ordinarily, must be APA-accredited. A student must obtain the permission of the advisor and the DCT to apply to sites that are not APA-accredited. Prior to application, the student must submit a written request that includes details of the program, the training it offers, and a rationale for application to that program.
Information about training sites is available from the Association of Psychology Postdoctoral and Internship Centers (www.appic.org).

6.6.1 Eligibility

A student is eligible for internship when he/she has passed the doctoral comprehensive exams, has an approved dissertation proposal, has gained adequate clinical training, and will have completed all coursework prior to the beginning of the internship. Students are encouraged to complete the dissertation before leaving for internship.

In order to apply for internships, students must have an approved dissertation proposal before applying for internship, and no later than November 1 of the application year (i.e., the year before internship). Although most internship applications are due November 1 or later, a small number of applications are due before November 1. To apply to such internships, students must have their proposal approved prior to the application due date.

6.6.2 Process

Students intending to apply for internships meet with their advisors in the spring before the application year to discuss their readiness for internship. They then work with their advisors and the Internship Application Committee to select internship sites that will best meet their training needs. In the summer and fall of the application year, students work with their advisors and the Internship Application Committee to finalize their applications and prepare for interviews.

One of the application forms requires a detailed accounting of specific clinical experiences. Completion of this form will be much easier if the student keeps a running log of clinical experiences and hours beginning in their first semester. Please note also that one of the forms is a verification of readiness for internship that must be signed by the DCT. You will need, therefore, to submit a copy of your completed application to the DCT with sufficient time for the DCT to review and endorse it (at least one week).

Students usually receive invitations for interviews by internship programs during December. Interviews start in December, but more typically occur in January. Both internship programs and student applicants then submit rankings expressing their preferences, usually in early February. These rankings are submitted to a computerized Matching Program coordinated by APPIC. The results of the computerized Matching Program are released in late February on a single designated Match Day. At that time, students are informed of the internship site with which they have been matched, and then must contact the site to accept and make arrangements for the internship year. Students also should inform the DCT and their advisors about the results of their internship application.

Applicants not matched through this process then participate in a second phase of the Matching Program (which mirrors the same process as the first phase, only with phone interviews and a shorter timeframe). Any applicants who do not match during the second phase can participate in the APPIC Clearinghouse, which provides information on programs that still
have vacancies to applicants who have not matched. The Clearinghouse is less formalized, with applicants and sites able to make decisions about offers and acceptances on a case-by-case basis with no set timeline.

A student may not arrange his/her own internship outside of the APPIC matching or Clearinghouse process without prior consultation with and permission of the advisor and the DCT.

Evaluations of the student’s performance are provided by internship supervisors at the end of the internship year, reviewed by the DCT and clinical faculty, and placed in the student’s file. Internship directors use their own evaluation forms, not a program form. Upon completion of the internship, an internship official should fill in and sign the Internship Completion Form.

6.6.3 Internship Registration

During internship, students must register for at least one dissertation credit (PSYC 999) per semester if the dissertation is not complete. If the student has completed a dissertation and turned in the final copy to the library, the student does not need to register for a dissertation credit. Any student wishing to be considered full-time while on internship must register for ZREG 80 Clinical Internship. Contact the Graduate Programs Coordinator for more information about registration. If you have already completed your dissertation, and you will complete your internship during the summer, in time for degree conferral in August, be sure to register for ZREG 80 during summer. You must be enrolled in a course during the semester immediately preceding your degree conferral date. ZREG 80 is a 0-credit course with no tuition cost.

6.7 Program of Study/Advancing to Candidacy

Once students have completed all required coursework and milestones except for the dissertation proposal and defense, they are eligible to “advance to candidacy.” Prior to advancing to candidacy, students must prepare a Program of Study (see Appendices) that indicates the courses the student has taken and plans to take to satisfy graduation requirements (but not semester-by-semester). This is a University requirement and must be completed and approved before the student may advance to candidacy. Thus, students typically complete the Program of Study form and submit it for approval by the end of the fourth year. For students who may have courses left to complete after fourth year, please note that you cannot enroll in PSYC 999 until you have officially advanced to candidacy. The advisor, DCT, and Associate Chair for Graduate Studies must approve the Program of Study. Students should submit an electronic copy to the Graduate Program Coordinator for review prior to obtaining signatures. Students should also retain an electronic copy for their records. Students should meet with their advisors before the end of the first year to review the Program and Study and develop a plan for the next several years (e.g., electives, externship).

6.8 Reduction of Degree Requirements

Students may apply for a reduction of up to 30 hours of doctoral coursework based on
prior graduate coursework. Rather than officially transferring credits from another institution to George Mason, this process involves “waiving” program requirements by demonstrating completion of equivalent coursework prior to enrolling in the program. To do so, the student must present documentation and written justification for these reductions. Documentation typically consists of the following information:

1. Course title and a transcript showing the grade for the course.
2. A copy of the catalog description of the course.
3. A syllabus for the course or a list of topics covered in the course.
4. Identification of the text(s) used in the course.
5. A written description of how the course(s) fits into a coherent program of study.

- Requests for reductions are best made early, but are due by the beginning of the third year of study.
- The advisor, DCT, and Associate Chair for Graduate Studies approve requests for reductions and forwards them onto the Graduate Programs Coordinator for processing of the Reduction of Credit Form

6.9 Outside Employment/Assessment for Pay

A student who seeks employment involving direct provision of clinical services in a setting that does not have a training relationship with the Clinical program (e.g., a private practice) must submit a written request to the advisor and the DCT prior to accepting such a position. This request must include a description of the job tasks, number of hours per week the student plans to work, a summary of the student’s training and education experiences that establish his/her competence for the position, and a description of the supervision he/she will receive. Students cannot begin such employment without the approval of the advisor and the DCT. Students are encouraged to consult with the DCT prior to entering into discussions with outside employers.

Students who engage in employment activities of a psychological nature must comply with the American Psychological Association Ethical Principles and the regulations of the Virginia Board of Psychology. The DCT may solicit evaluations of graduate student performance in these positions.

Once students become eligible according to Center policy, they may also wish to conduct assessment at the Center for Psychological Services for pay. Students should carefully consider how such activities fit into their career goals and progress in the program, taking care not to become overloaded. Each year, in order to facilitate advisor-advisee planning, students complete the Outside Clinical Work Agreement (see Appendices), review it with their advisor, and return the signed copy to the Graduate Programs Coordinator.
7 THE ADVISOR

7.1 The Advisor-Advisee Relationship

Our program operates on a mentor model, whereby each student enters the program with a faculty advisor already assigned. The advisor serves a number of functions. He/she helps the student determine the schedule of classes for each semester; answers questions about the program; serves as the student’s advocate; helps the student develop a Program of Study; helps the student in decision-making regarding externship and internship applications; helps with the formation of the Dissertation Committee; and provides feedback to the student following departmental student evaluations made at the end of each semester. The advisor also is the first point of contact if problems arise and should be consulted before program changes are made.

The advisor also serves as the student’s research mentor and dissertation supervisor. This begins with the first semester of the first year, as the advisor works with the student to select and develop research interests and skills. The advisor serves as the primary mentor for the second-year project and dissertation, and often on additional research projects. In some cases, a student may enter the program with “co-advisors,” whereby two clinical faculty members serve as the student’s research advisors. Such situations require close collaboration and communication among the student and faculty members to ensure that all are aware of each other’s expectations and progress. The faculty members can also agree to split specific elements of the advisor relationship (e.g., one serving as the primary research mentor, the other serving as the primary advisor with regard to program requirements and milestones). Regardless of the specific arrangement, one faculty member must be designated as the primary advisor of record.

In the unusual case when a student enters the program to work with a non-clinical faculty member, a member of the clinical faculty must serve as the program advisor. In such situations, the non-clinical faculty member serves as the student’s primary research advisor, while the program advisor meets regularly with the student to ensure adequate progress on program requirements. These arrangements require close coordination among the student, the research advisor, and the program advisor. It is expected that the student, research advisor, and program advisor will meet at least once/semester to review any feedback from the student evaluation meeting and discuss the student’s progress with regard to program requirements/milestones and research activity.

Each advisor has his/her own approach to mentorship in research, program, and other professional activities. The student shares in the responsibility for developing a relationship within which he/she may achieve his/her academic goals.

7.2 Assignment and Selection of Advisors

Entering students are admitted to the program to work with a specific faculty member(s). The faculty advisor helps the student become oriented to the program and answers questions on an as-needed basis.

The student may later change advisors if his/her research interest change. Both student
and advisor are free to terminate the relationship if it proves unsatisfactory to either. The student must inform the DCT and the Graduate Programs Coordinator if he/she decides to change advisors.
8 RESEARCH EXPECTATIONS

Students become involved in research early in the program and make steady progress toward completion of the dissertation, as follows:

(1) During the first semester of study, each student will work with a research advisor and begin discussions of research interests and possible dissertation topics.

(2) Under the supervision of their supervisor, students develop a research proposal during their first year. This is a course requirement. This proposal is submitted to the clinical faculty through the letter of intent procedure described below.

(3) Students are expected to maintain regular contact with the research advisor. Different advisors will have different expectations as to whether this contact involves individual meetings, group meetings, phone or e-mail contacts, and/or regular submissions of written material.

(4) At the end of each spring semester, students complete a Research Activity Report online that summarizes their research activities during the year.

(5) By December 1 of the third year, students are required to complete, under the direction of the research Advisor, an empirical research project consisting of the collection of original data or secondary analysis of data that have already been collected, and write an APA-formatted article suitable for peer-review based on the research project.

(6) All students must complete a doctoral dissertation (See section XIII).

(7) The GMU Human Subjects Review Board must approve all research before data collection can begin.

(8) Students and faculty will participate in Wednesday bi-weekly lunchtime brown bags which will provide students with opportunities to present completed research (third-year students present their second-year projects in the fall semester), and to discuss topics relevant to Clinical Psychology (methods, communication skills, funding, etc.).


9 LETTER OF INTENT PROCEDURE

One of the first stages in proposing your second year project or dissertation will be the submission of a letter of intent (LOI). For 2nd year projects, LOIs will be reviewed by the student's advisor, a second committee member selected by the student, and 2 additional people out of 3 suggested by the student. In general, all readers are clinical faculty, but only one of the committee members beyond the advisor MUST be clinical. After consulting with the advisor, students should forward to the DCT (a) the LOI, (b) the student's selection of committee member #2, and (c) a list of 3 faculty members as candidates for readers #3 and 4. The DCT will select two in consultation with the advisor, and other faculty when available. For dissertations, LOIs will be reviewed by the dissertation committee (typically 3 faculty) and one other faculty member assigned by the DCT in consultation with the advisor and other faculty when available. After consulting with the advisor, students should forward to the DCT (a) the LOI, (b) a list of the dissertation committee members, and (c) (optional) thoughts about possible 4th readers.

The LOI should be a maximum of three pages. It should address all criteria in the LOI Review Form (see Appendices). Before submission, please go over the LOI with your primary advisor. Their feedback is not only allowed but strongly recommended prior to submission.

Faculty will respond within 2 weeks of dissertation LOI submissions and within 1 month of 2nd year project LOI submissions, using the LOI Rating Form (see Appendices). You will meet with your advisor and potentially other committee members to discuss how to address feedback from the faculty.

The benefits of a LOI include the (1) assurance that your research efforts will be dedicated to producing research that will make a novel contribution to the field, (2) multiple perspectives and orientations to view your ideas and the avoidance of insular thinking from a particular lab, mentor, and student, and (3) constructive feedback before you invest substantially in a project.

For first year students, the submission deadline for the LOI for your 2nd year project is August 1st. Please know that can submit your LOI anytime before this deadline (and this is encouraged). For your dissertation, there is no firm deadline as different students will be on different schedules. Nonetheless, please be aware that you will always need more time for revisions than you expect.

9.1 LOI Review Form

Faculty rate each criterion, and add their comments as appropriate. The criteria are: (1) quality of the background, study justification, and conceptual framework (Significance of the Study); (2) potential for a successful study to contribute to the scientific literature; (3) feasibility of the project; (4) quality of the methods overall; and (5) quality of the limitations acknowledgement and contingency plans. See Appendices for the LOI Review Form.
10 GUIDELINES FOR STUDENT ONLINE PRESENCE

In an increasingly technologically connected and public world, students are encouraged to remain mindful of online behavior and its consequences, including the use of social networking, blogs, personal websites, listservs, and email. It is likely that students, clients, the parents of minor clients, supervisors, potential internship and externship sites, research participants, and future employers may be interested in searching or accessing online information about you. While all of the information that may exist about you may not be within your control, students are urged to exercise caution and restraint and to utilize safeguards when possible.

Activities online, including those that you may consider purely personal in nature, may come to reflect upon your professional life.

In addition to your own sense of ethical behavior, keep in mind the ideals of the preamble to the APA ethics code in which we aspire to do no harm to our clients, our research participants, or the profession with our actions. With this in mind, you are encouraged to consider the following cautions and suggestions:

1) When you are posting something that may be publicly accessible, consider the possibility that each of those groups listed above (clients, clients’ parents, research participants, employers, etc.) may view it, and evaluate it from their own perspective.

2) With social networking sites such as Facebook, utilize privacy settings to limit access to your pages and personal information. Use thoughtful discretion when considering “friend” requests and consider the boundary implications. For example, it is not advisable to become virtual “friends” with clients or former clients or undergraduates for whom you have supervisory or evaluative responsibilities. In addition, friends of friends may be able to access your site, and you should be aware of this.

3) Do not post or comment online about your clients, research participants, or students. The desire to consult about stressful interactions is understandable, but such conversations should be off-line, in a thoughtful and sensitive manner, taking ethical guidelines about respect and confidentiality into account.

4) With email, keep in mind that everything you write may exist perpetually or be retrievable. Emails sent via the GMU email system are considered public records and the property of GMU. Participation in listservs include the peril of inadvertently writing things to a much more public audience than intended, so be cautious with posts to such forums. Email is not an appropriate venue to discuss confidential information, so if such communications are necessary, make sure any information is non-identifiable.

5) Email “signatures” should be professional and appropriately represent one’s status and credentials. Students are encouraged to consider adding a confidentiality disclaimer to email signature files - and are required to do so for any email communication with clients. Any communication with clients needs to be done from your GMU email account and should remain limited to scheduling only.
6) Be mindful of voicemail greetings if you utilize a private phone for any professional purposes (clinical work, teaching, or research). Make sure that such messages reflect a maturity and professionalism that you would want to portray to the public.

7) Online photo and video sharing, including within social networking sites, should be considered very public venues. Use discretion when posting such information.

8) As an employee of George Mason University, you must be careful to make sure your personal communications and postings are not perceived to be associated with the university, and that they do not violate GMU policy. In particular:
   a) Follow policy 1301 (responsible use of computing) and any other applicable GMU policies.
   b) If your blog, posting, or other online activities are inconsistent with or would negatively impact GMU’s reputation or brand, you should not refer to GMU, or identify your connection to GMU.
   c) Write in the first person. Where your connection to GMU is apparent, make it clear that you are speaking for yourself and not on behalf of GMU. In those circumstances, you may want to include this disclaimer: “The views expressed on this [blog; website] are my own and do not reflect the views of my employer.”

   It is not the intention of the clinical psychology program to interfere in your personal life or to limit your ability to enjoy the benefits of online activities, express your personality or opinions, or have fun. However, as technology advances, the line between our public and private lives is increasingly blurred, and as with off-line activity, we encourage you to be mindful of the implications and make efforts to protect your professional image and reputation. This is particularly important when it comes to online activities because they are potentially indelible. If the program becomes aware of online activity that represents a violation of the APA Code of Ethics, local, state or federal laws, such information may be included in evaluation of student progress and may be grounds for disciplinary action, including dismissal from the program.

   Resources for further discussion & guidelines on online presence for psychologists:

   Website of a psychologist who writes & does trainings on these topics for clinicians: http://drkkolmes.com/clinician-articles/#general%20guidelines

11 THE CLINICAL PRACTICUM SUPERVISOR

11.1 The Supervisor-Supervisee Relationship

It is the responsibility of the supervisor to provide feedback and guidance, evaluate the student’s clinical skills, and serve as a role model during the early development of the student’s clinical skills.

The supervisor supervises the student’s work with psychotherapy and/or assessment clients. The number and type of clients to be seen by students depend on the course/practicum experience, and are established at the beginning of the course/practicum. In addition, the comprehensive assessments completed with Center clients during the second year must be completed within eight weeks of the assignment.

The nature of the supervision experience will vary among supervisors. Different supervisors may emphasize different clinical techniques and theoretical approaches. In addition, the format of supervisory sessions may differ. The form in which clinical material is presented and discussed also will vary among supervisors (e.g., listening to taped sessions versus reading typed transcripts). There are some basic similarities in what supervisors will do, as specified in Supervisor’s Responsibilities (below).

The supervisor evaluates the student’s clinical skills at the end of each semester and completes the Supervision Evaluation Form (See Appendices), which becomes part of the student’s permanent record.

Students also evaluate the supervisors at the end of each semester using the Practicum Supervisor Evaluation Form (See Appendices). These evaluations are submitted to the DCT.

11.2 Supervisor Responsibilities

1. Knowledge about the use and interpretation of the major assessment instruments/strategies routinely used in the clinical assessment courses and practica, including:

   - WAIS and WISC
   - Child Behavior Checklist
   - BDI
   - Diagnostic interviewing
   - MMPI and PAI
   - Woodcock-Johnson

2. Familiarity with the APA Ethical Code.
3. Listening to recordings of students’ interactions with clients on a regular basis. The way in which tapes are used as a supervisory tool will vary among supervisors.
4. Providing at least 60 minutes of supervision per week.
5. Providing ongoing feedback to each supervisee either verbally or in writing.
6. Completing the Supervision Evaluation Form and reviewing it with the student at the end of each semester.
7. Distributing the Practicum Supervisor Evaluation Form to their supervisees at the end of each semester.
8. Helping/training students to use consultants, including other members of the faculty.
10. Attending the Center for Psychological Services Orientation at the beginning of the Fall semester.
11. Maintaining a professional manner in connection with clients and supervisees. This includes returning phone calls and replying to emails promptly, being on time for meetings, spending adequate time on each case, and reviewing and initialing client file entries.
12. Returning reports, progress notes, and other written material to supervisees in a timely manner. Supervisors are required to provide feedback to students on drafts of psychological assessment reports within one week of receipt of the report.
13. Reviewing with students the lists of supervisors and supervisees’ responsibilities and the forms used for evaluation, during the first supervision meeting of the year.

11.3 Supervisee Responsibilities

1. Bringing recordings of therapy and assessment sessions or process notes to supervision as requested by the supervisor.
2. Making sure that assessment instruments and scoring have been checked by the appropriate Center staff before they are presented in supervision.
3. Promptly completing psychological reports, process notes, intake and termination summaries and other written material.
4. Making and maintaining client contacts in a prompt and professional manner.
5. Familiarity with the current APA Ethical Code.
6. Familiarity with the policies and procedures of the Center for Psychological Services.
7. Attending the Center for Psychological Services Orientation at the beginning of the Fall semester.
8. Treating clients and supervisors with respect and professionalism, including being on time for supervision.
9. Being prepared for supervision, including reviewing recordings ahead of time, and formulating questions for the supervisor.
10. Completing and turning in to the DCT the evaluation of the Practicum Supervisor Evaluation Form.
12 THE CENTER FOR PSYCHOLOGICAL SERVICES

The George Mason University Center for Psychological Services (formerly the Psychological Clinic) has been in operation since 1976 and is the primary training facility for students completing practicum requirements in the clinical psychology doctoral program and school psychology MA/CAGS program. The Center is located off campus, within the northern Virginia community to allow for easier access by clients who are from northern Virginia, the District of Columbia, and Maryland. Center services include intellectual, academic, and psychological assessments; evidence-based therapy interventions for individuals, couples, and families; evidence-based group therapy; mental health evaluations and a variety of psychological consultations. All clients who are seen at the Center are asked to participate in the Center research database. In addition, The Center Mission Statement encourages clinical research at the Center.

Center staff positions allow some students to receive hands-on training in various aspects of mental health administration as well as to further assessment experience. The Center staff includes a head administrator and several graduate students who receive stipends for working in various administrative and clinical service positions. The Center Director, Dr. Robyn Mehlenbeck, a licensed clinical psychologist, supervises the staff members.

A Center Handbook describes Center policies and procedures, including guidelines for personnel using the Center (e.g., confidentiality, supervision, scheduling), procedural guidelines for assessment and psychotherapy, commonly used forms, how to use the electronic medical record, and ethical principles of psychologists. The Center orientation is held each year on the Friday before the start of the Fall semester classes. All clinical and school psychology students attend this orientation yearly.

12.1 Proper Attire

The Center for Psychological Services has a professional dress code. Students and faculty in the suite during service hours are expected to abide by the dress code, even if he/she is not working with a client. Prohibited at the Center are blue jeans, shorts, mini-skirts, tank tops/camisoles (unless covered with an over-shirt of some sort), sneakers, flip flops, caps, and any attire that is excessively revealing. Clients come to the Center to consult with a professional. Attire that is too casual or too revealing takes away from the professional atmosphere and can influence a client's perception of the quality of service and client confidence in the person delivering the service.

12.2 Criminal Background Investigations

Because the Center provides services to minors, in accordance with University and Department of Psychology policy, all incoming clinical doctoral students will be subject to a criminal background investigation before the beginning of the Fall semester. More information on this policy can be found at: [http://hr.gmu.edu/emp_relations/cbc/](http://hr.gmu.edu/emp_relations/cbc/)
13 CONFERRAL OF MASTER’S DEGREE

Students who have been admitted to the doctoral program with a concentration in clinical psychology may apply for the M.A. in Clinical Psychology upon completion of the 30 hours of coursework designated below. Students must also be in good standing in the program, as determined by the DCT.

The M.A. is awarded only to students admitted to the clinical doctoral concentration. The M.A. may qualify the student for a larger salary in University positions, as well as increasing his or her eligibility for off-campus employment.

The student must initiate and complete all the administrative procedures for obtaining the Master’s degree, including the following:

1. Fill out your secondary master’s program application form prior to the semester in which you intend to graduate.
2. Checking and/or updating your graduation expected date on Patriot Web.
3. Submitting a “Graduation Intent Forms (GIFs) via Patriot Web
4. Requesting to change all “IP” to final grades.

13.1 Requirements:

Four foundation courses (14 credits)

Psychological Assessment I (PSYC 810) (4)
Psychological Assessment II (PSYC 811) (4)
Scientific Foundations of Clinical Psychology I (PSYC 822) (3)
Introductory Helping Skills and Motivational Interviewing (PSYC 860) (3)

Two practicum courses (6 credits)

Cognitive Behavioral Therapy for Youth (PSYC 861) (3)
Cognitive Behavioral Therapy for Adults (PSYC 862) (3)

Three or more courses in advanced statistics and research methods (10-11 credits)

Note: for doctoral quantitative emphases B & C, both PSYC 754 and PSYC 756 must be taken, but only one of these courses needs to be completed for the MA. Those who do not take an advanced quantitative emphasis will complete 31 credits, because they complete PSYC 612 (which is 4 credits) rather than PSYC 754 or PSYC 756 (both of which are only 3 credits).

Methods for Social Research (PSYC 644) (3)
Advanced Statistics I (PSYC 611) (4)
A choice of:
   o PSYC 612 - Advanced Statistics Credits: 4
- PSYC 754 – Regression Credits: 3
- PSYC 756 – Multivariate Methods Credits: 3
14 POLICIES ON COURSE EXEMPTION

14.1 Reduction of Credit

The number of credits required by a doctoral or master’s program of more than 39 credits may be reduced on the basis of a previously conferred master’s degree. Reduction of credit requires the approval of the adviser, program director and the dean or director of the school, college, or institute. Reduction of credit is limited to a maximum of 30 credits in a doctoral program and derives from the degree requirements given below.

A student requesting a reduction of credit must supply official transcripts notating the degree has been officially conferred. For transcripts from outside the United States, students must supply an official transcript evaluation and an official translation for transcripts not in English if these documents were not supplied in the admission process. Reduction-of-credit requests from students who are admitted provisionally are not considered until the students have fulfilled the conditions of their admission and had the provisional qualifier removed from their records.

Credits used in reduction of credit are not subject to time limits, and the credits must have been applied to a previous degree (for coursework not applied to a previous degree, see “Transfer of Credits” below). The credits used in the reduction may include transfer credits used for a previously earned degree but may not include credits that are applied to both an undergraduate and graduate degree in a joint bachelor’s/master’s program or in Mason’s bachelor’s/accelerated master’s programs. Extension and in service courses that are not intended by the institution offering the courses to be applied to a degree program are not eligible for reduction in credit to George Mason. All the other conditions given above for eligibility of transfer of credit apply also to reduction of credits.

It is the student’s responsibility to provide evidence that the previous courses and/or experiences are the equivalent of the GMU doctoral program requirements. This evidence must consist of at least:

1. A transcript showing the previous coursework.
2. A copy of the catalogue description(s) of the previous course(s).
3. A syllabus for the course(s).

The student is encouraged to provide any additional information about the course or experience that he/she thinks will help the faculty to make a decision, including a copy of the textbook, exams, and papers written for the course. A student who is attempting to use previous non-course experience to earn exemptions should work with his/her advisor in constructing evidence for the equivalency of that experience to program requirements.

Requests for reductions of credit should be made to the student’s advisor, who then is responsible for bringing the request to the Program Director for his/her approval. The Program Director will usually consult with his/her program faculty and with instructors who teach the courses for which the exemptions are sought. If approved, the Program Director is responsible
for forwarding the request to the Graduate Programs Office for the processing of all required paperwork and obtaining the final approval of the Associate Chair for Graduate Studies. Upon approval, all requests will be forwarded to the College Dean’s Office for approval, and then onto the University Registrar.

14.2 Transfer of Credit

Graduate credit earned prior to admission to a certificate, master’s, or doctoral program may be eligible to be transferred into the program and applied to the certificate or degree provided it was NOT used to earn a degree. Transfer of credit requires the approval of the program director and dean or director of the school, college, or institute. They will determine whether the credit is eligible for transfer and applicable to the specific certificate or degree program. Note that credits accepted for transfer do not compute into any Mason GPA. Limits on the number of credits that can be transferred derive from the degree requirements given below.

Credit is usually considered for transfer at the student’s request at the time of initial registration as a degree-seeking student. Students must supply official transcripts. For transcripts from outside the United States, students must supply an official transcript evaluation and an official translation for transcripts not in English if these documents were not supplied in the admission process. Credit transfer requests from students who are admitted provisionally are not considered until they have fulfilled the conditions of their admission and the provisional qualifier has been removed from their records.

To be eligible for transfer credit, the credit must be: (a) graduate credit earned at another accredited university; (b) earned at another institution and recommended for graduate credit in the American Council on Education guidebook, or earned at Mason while in a non-degree status or enrolled through extended studies; (c) must have been earned within six years prior to first enrollment as an admitted student in the specific certificate or degree program; (d) a minimum grade of B (3.00) must have been earned; (e) the course must be applicable toward a degree at the institution offering the course. Extension and in-service courses that are not intended by the institution offering the courses to be applied to a degree program are not eligible for transfer credit to Mason. The credits cannot have been previously applied toward a degree at another institution or Mason; however, up to 3 credits previously applied to a degree program at another institution may be transferred into a certificate program at Mason.

It is the student’s responsibility to provide evidence that the previous courses and/or experiences are the equivalent of the GMU doctoral program requirements. This evidence must consist of at least:

1. A transcript showing the previous coursework. (plus an official transcript evaluation for transcripts from outside the United States and an official translation for transcripts not in English, if these documents were not supplied in the admission process).
2. A copy of the catalogue description(s) of the previous course(s).
3. A syllabus for the course(s).

The student is encouraged to provide any additional information about the course or
experience that he/she thinks will help the faculty to make a decision, including a copy of the
textbook, exams, and papers written for the course. A student who is attempting to use previous
non-course experience to earn exemptions should work with his/her advisor in constructing
evidence for the equivalency of that experience to program requirements.

Requests for transfer of credit should be made to the student’s advisor, who then is
responsible for bringing the request to the Program Director for his/her approval. The Program
Director will usually consult with his/her program faculty and with instructors who teach the
courses for which the exemptions are sought. If approved, the Program Director is responsible
for forwarding the request to the Graduate Programs Office for the processing of all required
paperwork and obtaining the final approval of the Associate Chair for Graduate Studies. Upon
approval, all requests will be forwarded to the College Dean’s Office for approval then onto the
University Registrar.

When submitting a formal request for a transfer of credit, please specify the course
prefix, number and course name of the original course and what GMU course prefix and number
it will satisfy. For example, Smith University, ABC100, Introduction to Psychology will meet
the requirement of George Mason University, PSYC100, Foundations of Psychology.

14.3 Credit from Other Institutions after Admission

Students enrolled in a degree program may take graduate courses at another accredited
institution and apply these credits to a master's or doctoral degree with prior approval. Approval
must be secured in writing from the director of the graduate program and the dean or director of
the school/college/institute and submitted to the Office of the Registrar at George Mason before
registering at the other institution. Upon completion of the course, students must arrange for an
official transcript to be submitted to the school/college/institute so that the credits may be
transferred into their George Mason degree program. These credits are subject to all the other
conditions given above for reduction in credit/transfer of credit, including limits on numbers of
credits that can be taken elsewhere. Permission to take a course elsewhere does not exempt a
graduate student from satisfying the degree requirements given below.

Paperwork for Requests to Take a Course Elsewhere or for study abroad credit must be
submitted and approved before the student undertakes the activity. Paperwork received after the
student begins the course elsewhere or begins the study abroad will not be approved by Graduate
Academic Affairs.

14.4 University Consortium

Eligible students may enroll in courses at any of the institutions in the Consortium of
Universities in the Washington Metropolitan area. Students are limited to one consortium course
per semester, with a career maximum of 6 credits. To register for a consortium course, students
must have an overall GPA of at least 3.00 and be in good academic standing. Students with
grades of IN on their record or who earned grades of C or F in the most recent semester are not
eligible to register for a consortium course. Students who have received a grade less than 3.00 in
a consortium course are not permitted to enroll in additional consortium courses. Newly
admitted graduate students are not permitted to enroll in consortium courses during their first semester of graduate study. Students who wish to enroll in consortium courses during their second semester of study must wait until the grades for the previous semester have been posted.
The University requires that all doctoral students undergo a written comprehensive examination, with the option of an oral examination in addition to the written examination. The comprehensive examination in Clinical Psychology consists of two parts: (1) a research paper to evaluate the student’s research knowledge and abilities and (2) a clinical paper and oral examination to evaluate the student’s clinical knowledge and abilities.

15.1 The Research Comprehensive Examination

By December 1 of the third year, students are required to complete, under the direction of the research advisor, an empirical research project involving either the collection of new data or an original analysis of existing data. Notably, it would be best to have it completed by September 1st if at all possible. Students should talk to advisors to determine the best timeline for their project and plans. The project should include attention to contextual elements (e.g., interpersonal relationships, other systems, culture, etc.), either by addressing contextual elements directly in the design of the study and/or the conceptual model that frames it. The project must be initiated after the student has entered the clinical program and must be approved by the research advisor before work on the project can begin.

By August 1 of the second year, the student will write a letter of intent (see relevant section in this handbook) and submit it to faculty for feedback. The student will then write by December 1 of the third year an APA-formatted article that is suitable for submission to a peer-reviewed journal. (Actual submission to a journal is not required as part of the examination).

The article will be graded by two members of the clinical faculty—the research advisor and one other member of the clinical faculty to be selected by the student and the advisor. The second committee member may function as a consultant during the formulation and post-feedback review of the LOI. A non-clinical faculty member may fill the role of second reader if the project warrants it (see LOI section of this handbook).

In the case that circumstances beyond a student’s control prevent them from meeting the deadline for submitting the article, they must request an extension from the faculty, at least two weeks before the deadline or as soon as possible after those circumstances arise. The student and their advisor should submit a written request to the DCT, with an explanation and request for a new deadline. The DCT will consult with the faculty and will respond to the request within a week. If a student does not submit their paper by the deadline and does not have an approved extension, the student fails the exam.

The article will be graded using the Clinical Research Comprehensive Examination Feedback Form (See Appendices). The following scale will be used for determining passing and failing of the article.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Score Range</th>
</tr>
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<tbody>
<tr>
<td>Strong Pass</td>
<td>3.5 to 4.0</td>
</tr>
<tr>
<td>Pass</td>
<td>2.5 to &lt;3.5</td>
</tr>
<tr>
<td>Marginal Pass</td>
<td>2.0 to &lt; 2.5</td>
</tr>
</tbody>
</table>
The two readers will complete the feedback form jointly and sign the form. The advisor will review the form with the student, who will then also sign the form. The signed form will be submitted to the DCT by October 1.

In the fall semester of the third year, each student will give a brief presentation (up to 30 minutes) based on the article to a meeting of the Clinical Faculty and students. The presentation will not be graded.

15.1.1 Procedures following failure of exam:

- The clinical faculty as a whole will review the article and meet to discuss and make recommendations for a remediation plan.
- By February 1st, the advisor and student will submit to the DCT a remediation plan based on the recommendation of the clinical faculty. This plan will consist of specific revisions that must be made in the article in order to earn a passing grade. The plan may also consist of remediation experiences such as additional coursework, directed readings, consultation with statistical consultants, etc. The plan must be signed by the advisor and student and dated.
- A revised article must be submitted by the following September 1.
- The same two-person committee will review by October 1 the resubmitted article following the procedures used in the first review.
- Failure to obtain a passing grade on the revision will result in dismissal from the Clinical program.

15.2 The Clinical Comprehensive Examination

15.2.1 Overview and eligibility

The clinical comprehensive exam includes both a written and an oral component. A student selects a client for whom s/he has conducted an intake within the past several months, writes a conceptualization of this client’s case, and presents two videotaped portions of a session with this client to a faculty committee assigned by the DCT. The committee then examines the student for basic clinical skills and case conceptualization.

The oral exam can be completed anytime during the Fall or Spring semester of the 3rd year, and must be completed by the final day of the Spring semester of the 3rd year. To be eligible, the student must have completed all coursework required in the first two and a half years of the program with a grade of “A” or “B”.
15.2.2 Detailed Student Instructions

1. During the Fall or Spring semester of the 3rd year, you will select a therapy case to use for your Clinical Oral Comprehensive Exam.
   a. The case should be someone YOU did the intake with (NOT a transfer case), with a total of 3-15 sessions completed at time of proposal.
   b. The case should NOT be one where the client has been extensively tested and diagnosed elsewhere, unless you also did your own testing and diagnosing.
   c. If you are having difficulty identifying a case that meets these specific parameters, contact the DCT.

2. Once you have selected a case and have decided what theoretical frameworks you will use fill out the Case Description Sheet (see Appendix) and send it to the DCT, who will approve the form or request any clarification that is needed within a week. After final approval of the form, the DCT will assign you a committee.

3. You will write a paper on the case you have selected. The paper should be a maximum of 15 to 20 pages of text (double-spaced, 12-point font, 1-inch margins, APA style); however, it CAN be less! Succinct writing is valued. The reference list is not included in the page total.

The paper should include three primary sections:
   a. Section 1: Intake assessment
      i. Presenting complaint
      ii. Relevant history:
         1. Almost always includes: academic history, family environment growing up, family mental health history, job history, social history, medical history, treatment history, trauma history (if present), sexual functioning, relevant cultural context and social identity (SES, race, ethnicity, sexual orientation, gender identity).
         2. Assessment should yield data to support conceptualization (e.g., information regarding thoughts and behaviors for CBT conceptualization; thorough information regarding relationships for IP conceptualization)
      iii. Procedures used (including clinical interview, any measures, collateral info, etc.), including the rationale for the use of each assessment instrument.
         1. Evidence-based assessment practices should be used. Evidence-based assessment includes multi-method assessment (behavioral observation, questionnaires, interviews) and multi-informant report as appropriate (e.g. child, parents, and teachers).
   b. Section 2: Conceptualization/Formulation

i. In the conceptualization/formulation section, you will present an explanation of the development and maintenance of the client’s problems. This explanation should be rooted in theory, defined as a coherent understanding of the etiology and maintenance of problems that uses a distinct terminology. Examples (NOT an exhaustive list) of theory include: CBT, ACT, Family Systems, Attachment, Psychodynamic, Humanistic, Existential, and Feminist.

ii. This section must include at least one theoretical framework, and must apply it to the individual’s case history using information from the assessment section.
   1. Be sure that you use appropriate terminology and citations to demonstrate your understanding of the theoretical framework(s) being used.
   2. Include discussion of why this theoretical framework is recommended.
   3. The conceptualization should include attention to contextual factors (e.g., interpersonal relationships, culture, other relevant systems, etc.) relevant to the development and/or maintenance of the client’s problems.
   4. The conceptualization should account for a ‘full picture’ of the client’s problems. For example, the conceptualization should not leave out an explanation for one source of distress while focusing on another.

c. Section 3: Treatment Plan
   i. Should be in the form of an initial treatment plan, directly tied to diagnosis and the conceptualization (or one of two conceptualizations if two are written up) presented in Section 2. This should not be a description of how the course of therapy has actually gone.
   ii. Should clearly describe the selected treatment approach(es). Include specific targets and specific techniques for those targets – the techniques should be explicitly tied to a specific target, and you should be able to explain why this technique was chosen to address that specific target.
      1. Should demonstrate consideration for the order of treatment.
      2. Should provide an explanation of frequency of sessions.
   iii. Should include a consideration of common factors in this particular case. This may include a discussion of therapist-client relationship and how this may impact treatment.
   iv. Should include discussion of any anticipated challenges or road blocks in carrying out the treatment plan and how they may be overcome.

d. Section 4: Integration of research and clinical elements
   i. Wherever relevant in the three sections above, be sure that you integrate the relevant research. You may emphasize it more in some areas than in others. This should involve synthesis of information, rather than citations of individual studies (unless individual studies are all that exist for a specific piece of information).
   ii. Some examples of how this might be included are provided below, but this list is not meant to be exhaustive, nor is it meant to imply that all of these should be addressed (in fact, they likely cannot all be addressed in any one case).
1. Examples: Research regarding common comorbidities to assess, theoretical frameworks selected, support for choice of measures, most likely response to treatment (e.g., how many people typically remit? What type of reduction of symptoms can be expected?), importance of common factors, and anticipated roadblocks and how to overcome them.

2. Research will not only include foundational work in the area, but should also include more recent literature. For example, students should include recent reviews or meta-analyses regarding the treatment chosen.

4. Consultation with faculty or peers on the comps case will be limited to guidance in seeking out resources, rather than assistance in writing the paper. When consulting with anyone (faculty or peers) about a potential comps case, you should make the faculty member aware that it may be a case you will write about for comps. All work on the written document should be independent, with no consultation from any outside sources.

5. Once you have your assigned committee, consult them to schedule the oral defense.
   a. Meetings will last approximately 2 hours. The committee will meet for the first 30 minutes, without you. You will then be present for the oral defense, which should last approximately 1½ hours (this includes time for feedback).
   b. Reserve a room at the clinic for 2.5 hours, to allow for extra time in case it is needed.

6. A minimum of one week before the meeting, e-mail a password-protected copy of your paper (which should include no client-identifying information) to your committee members.

7. Before and during your defense, your committee members will also evaluate your helping skills by watching two sections of a session with the client you selected for the comprehensive exam. You will choose one 10-minute section you would like your committee to watch, and the committee will select another 10-minute section from the same session.
   a. The committee will watch the 10-minute section that you select immediately before the defense (during the 30-minute window when they meet without you). Make sure your committee has the DVD with information about your chosen section by the time they meet.
   b. The committee will select a second 10-minute section from the same DVD, which they will watch with you during the oral defense.

8. The oral defense portion of the exam will have two parts.
   a. The first part will focus on clarifying or elaborating issues raised in the written paper.
   b. The second part will focus on your general helping skills, as demonstrated in the sections of the session your committee has seen (see point #7 above).
15.2.3 Summary of Timeline:

- Choose case and submit form sometime during fall or spring semester
- DCT responds with committee assignment a week after form is submitted.
- Student makes appointment with committee for defense. Appointment is a maximum of 8 weeks later.
- Student submits paper to committee at least one week before the meeting.
- Student and faculty meet immediately after defense for verbal feedback.
- Faculty give written feedback to student one week later.
- The defense (but not necessarily the revision and feedback process) must be completed by the last day of finals of the Spring semester of the third year.

15.2.4 Faculty committee assignment and responsibilities

1) When students submit the Case Description Sheet to the DCT, the DCT will review the case, assign two faculty members to the committee, and appoint one of them as chair. The Chair is responsible for written feedback and administrative paperwork. As much as possible, committee members are assigned based on their expertise with the potential conceptualizations expected based on the Case Description Sheet. One committee member will be a faculty member who does ongoing supervision at the Center. However, the direct supervisor of the particular case will not be on the committee. A student who has good reasons to believe that one or both of the members of his/her committee will not be able to judge his/her performance in a fair and unbiased manner can appeal to the DCT for a change in the composition of the committee.

2) Committee members are expected to read and grade the written portion of the clinical oral comprehensive exam prior to the oral defense date.

3) On the defense date, committee members will meet 30 minutes before the actual defense is scheduled. During this 30 minutes, the committee will:
   a. Compare and discuss their grades on the written paper, and discuss questions that should be asked during the clarification portion of the oral defense (approx. 10-15 minutes)
   b. Watch the 10-min segment of a session chosen by the student for helping-skills assessment, and discuss questions that should be asked during the helping-skills evaluation portion of the oral defense (approx. 15-20 minutes)

4) At the time of the oral defense, the student will join the faculty. It is expected that the oral defense will take approximately 1 hour to 1 hour 15 minutes, including:
   a. 30-45 minutes for clarification of written exam
      i. Graded based on domains #1-4 (see grading criteria in appendix)
   b. 15-30 minutes for helping skills video
      i. Graded based on domain #5 (see grading criteria in appendix)

5) After the oral exam is complete, the committee will meet for an additional 10-15 minutes to discuss any need for re-writing and final grades, based on grading criteria (see
appendix). Faculty will alert the student’s advisor as to the outcome of the exam on that day. Faculty will provide written feedback, including any instructions for re-writing, within a week, copying the student’s advisor. Once grades for all sections of the report are final, copies of the grading sheet will be provided to both the student and the DCT and places in the students file in the Graduate Programs Coordinators office.

15.3 Grading and Consequences

The examination has five possible outcomes—fail, rewrite/remediation, pass pending approved revisions, pass, and high pass (see Appendix for details on grading process and grading form). A grade of remediation/rewrite or pass pending revisions will come with specific instructions and a deadline recommended by the committee, with consultation from the clinical faculty as needed. The remediation/rewrite/revisions are the responsibility of the student, and will be evaluated by the committee after completion. Remediation must be documented. The committee will have 2 weeks to evaluate the revised product and provide a grade and feedback to the student. If the revised grade remains a remediation/rewrite, the result is a failure on that comps. If the revised grade is a pass pending revisions, the student follows the same process to address the feedback until earning a pass. Note: the highest final grade for a paper that originally receives a remediation/rewrite or pass pending revisions is a pass (no high pass can be assigned for a comps that originally required revisions).

A student who fails the examination should meet with the DCT in order to develop a remediation plan and time frame for re-examination. The DCT will consult with other faculty about the plan as necessary. The student should put the remediation plan in writing, with sign-off from the DCT. The student should also document completion of the remediation plan, with sign-off from whichever faculty or supervisors are involved. Once the remediation plan has been completed, the student must be re-examined with material from a new client with the same specifications as above.

A student who fails this second oral examination will be terminated from the Clinical program.

15.3.1 Grading Criteria for Primary Domains of the Clinical Comprehensive Exam

1. Ability to conduct appropriate assessment
   a. Gathering relevant diagnostic information
      • Accurate use of DSM – attention to current/recent symptoms, history
      • Inclusion of all axes
      • Appropriate attention to likely comorbid diagnoses
   b. Gathering relevant information for conceptualization/formulation
      • Example: information regarding thoughts and behaviors for CBT conceptualization
      • Example: thorough information regarding relationships for IP conceptualization
   c. Use of appropriate approaches to gathering information
• Consideration of structured interview vs. unstructured
• Consideration of collateral information where appropriate
• Consideration of measures (comprehensiveness vs. incremental validity)

2. Conceptualization/Formulation
   a. Demonstrates knowledge and use of more than 1 theoretical framework
      • Note: This can be done via presentation of two or more separate conceptualizations or a conceptualization that integrates two or more separate theories
   b. Demonstrates knowledge of theory supporting frameworks used
   c. Includes discussion of which framework is recommended (including integrative framework, if appropriate) and why
   d. Includes discussion of contextual elements (e.g., interpersonal relationships, culture, other relevant systems, etc.) relevant to the development and/or maintenance of the client’s problems.

3. Treatment plan
   a. Appropriately tied to both diagnosis and conceptualization/formulation
   b. Includes specific targets and specific techniques for those targets
   c. Includes how common/non-specific factors may be relevant to the case and execution of the treatment plan
   d. Includes discussion of anticipated roadblocks

4. Integration of research literature in clinical thinking and planning
   a. This aspect will stretch across all 3 areas above, and students may emphasize it more in some areas than in others.
   b. Some examples of how this might be included are provided below, but this list is not meant to be exhaustive, nor is it meant to imply that all of these should be addressed (in fact, they likely cannot all be addressed in any one case).
      • Research regarding common comorbidities to assess, given presenting problem
      • Research supporting the theoretical frameworks selected
      • Research supporting choice of measures
      • Research supporting which framework is recommended for treatment (may include consultation of research in related areas, when no research for the specific issue is available)
      • Research supporting the importance of “common factors”

5. Clinical/helping skills (evaluated via video clips and oral evaluation only – see below)
   a. Ability to build rapport
   b. Ability to demonstrate empathy
   c. Listening skills balanced with appropriate directiveness for an assessment

15.3.2 Grading Rubric

Each individual domain will be graded using a 4-point scale:
0 = Fail  
Inarticulate, vague, clearly below what is expected of a student at this level
1 = Rewrite/Remediation  
Underdeveloped, clear area of significant weakness, below what is expected of a student at this level
2 = Pass  
Clear, complex, concise, expected performance of a student at this level
3 = High Pass  
Exceptional, better than expected of a student at this level

The overall exam will be graded on the same 4-point scale, but with 5 actual possible scores:

0 = Fail
1 = Rewrite/Remediation
2 = Pass with revisions
2.5 = Pass
3 = High pass

15.3.3 Grading Process

1. Domains 1-4
   a. Each committee member reads the written product and assigns a grade for each major domain
   b. Committee members compare ratings in pre-defense meeting, generate questions for first half of oral defense
   c. After the oral defense, committee members re-visit any areas of concern or disagreement to assign a final grade on each domain
      - Note: Adequate performance in oral portion cannot override clear inadequacies in written component
      - Can help clarify, overcome marginal areas of concern
      - Can help clarify potential remediation/rewrite or revision assignment for areas of concern
   d. Any domain scored a 1 must be addressed via a rewrite or some other remediation plan specified by the committee, as part of either a “rewrite/remediation” or “pass with revisions” grade
   e. One domain scored a 0 results in either a rewrite/remediation plan or a failure of the comprehensive exam, pending the decision of the committee.
   f. Two or more domains scored a 0 result in an automatic failure of the comprehensive exam.
   g. Significant grading discrepancies among committee members may be addressed by the clinical faculty

2. Domain 5
   a. In the pre-defense meeting, the committee members watch one 10-minute segment of an intake session for the case, selected by the student. During the second half of the oral defense itself, the committee will watch a second 10-minute segment that is selected from the same session by the committee.
b. Committee members generate questions about the first 10-minute segment during the pre-defense meeting. Questions on the second 10-minute segment are generated while watching it with the student, during the second half of the oral defense.
c. After the oral defense, committee members assign a final grade for Domain 5.
d. A score of 1 results in a remediation plan and/or the need to retake the second half of the oral evaluation.
e. A score of 0 results in a failure and a remediation plan. The second half of the oral evaluation must be retaken with a new case.

3. Example rewrite/remediation plans
   a. Rewrite a particular portion of the written component, based on feedback from the faculty
   b. Write an addendum that addresses an area of weakness (e.g., summary of research on common comorbidities for a particular diagnosis)
   c. Retake the basic helping skills course
   d. Have additional therapy supervision targeting the problem areas for a specified time period (e.g., one semester)

16 ADMINISTRATIVE ACTIONS ASSOCIATED WITH STUDENT EVALUATION

   At the end of each semester, the Clinical Faculty meets to evaluate students. This includes feedback from your research advisor, instructors, practicum supervisors, and other supervisors. Please note that, because you are a student in a clinical psychology training program, supervisors cannot guarantee confidentiality of information gained in supervision, if it is relevant to your overall progress in the program. We do, however, strongly and firmly commit to honoring and respecting all information we receive in supervision about you and/or your clients and keeping all such information confidential to the degree possible.

   At the end of the fall semester, advisors will provide written feedback to students in the form of their choice, including a summary of the faculty discussion. At the end of the spring semester, each student will receive the Summative Evaluation form (see appendix) completed by her/his advisor, summarizing the results of the advisor’s evaluation and faculty meeting, and together the student and advisor will specify strengths, growth areas and goals for the coming year. Both student and advisor sign this form. In exceptional circumstances, additional outcomes include the following (except dismissal, which is a University decision):

16.1 Letter of Concern

   When problems of any kind are identified by faculty, the student may receive a letter that describes the concerns about his/her performance or progress in the program. Such communication should serve as an impetus for the student to contact his/her advisor to discuss these concerns and appropriate ways to address them.

16.2 Probation

   A student is placed on probation when the faculty has serious concerns about his/her
progress in the program or his/her professional conduct. Probation increases the likelihood of termination from the program. When a student is placed on probation, he/she will be given in writing the specific reasons for the decision and the specific conditions that must be met for removal of probation. The student and his/her advisor will be required to develop a written plan for remediation. At the end of the probationary period, the Clinical faculty will meet to determine whether or not the student’s progress has been sufficient to warrant (1) taking the student off probation, (2) continuing probation, or (3) termination of the student from the program.

16.3 Termination

A student may be terminated from the Clinical program when the faculty judge that the student is not making sufficient progress in the program and is not an appropriate candidate for a doctoral degree in Clinical Psychology. Causes for such action include, but are not limited to, unsatisfactory grades in courses, inadequate progress toward the completion of the degree, and failure to perform competently in practicum, externship, and internship settings. Termination means that the student may no longer enroll in coursework as a student in the Clinical program and cannot earn the PhD with a concentration in Clinical Psychology. It does not, however, preclude the student from applying to or taking courses in other programs of the Department of Psychology or the University.

16.4 Dismissal

This is a formal action taken by the University, usually as a result of accumulation of more than 9 hours of unsatisfactory graduate grades. The University may also dismiss students if they exceed the time limit for program completion after advancement to candidacy (five years, including internship). Violations of the University Honor Code may also result in dismissal. Dismissal disqualifies students from all further courses and programs at the University.
17 ADVANCEMENT TO CANDIDACY & TIME LIMIT TO COMPLETION

17.1 Requirements for Advancement to Candidacy

Before doctoral students may be advanced to candidacy by the Dean, they should have (a) completed ALL COURSEWORK except for proposal/dissertation hours, including electives; (b) passed comprehensive candidacy examination(s); (c) have an approved POS on file; and (d) been recommended by the doctoral program director for advancement. If the student has not completed any course other than dissertation proposal or dissertation, they are not allowed to advance.

When a student’s record is reviewed, if the student has completed all courses listed on the Program of Study, they will be permitted to advance. If the student has not completed all courses, they are not allowed to advance until the remaining course(s) has been completed.

Students wishing to advance to candidacy should ensure they meet all requirements then request that their adviser recommend them for advancement to their program director. Assuming the program director approves, he/she should notify the Graduate Programs Coordinator of their approval via email. Once received in the Graduate Programs Office, the request will be recorded and forwarded onto the Dean’s Office for approval.

17.2 Time-Limit for Advancement of Candidacy

For both full-time and part-time students enrolled in doctoral programs, whether entry is post-baccalaureate or post-master’s, the total time to degree will not exceed nine (9) calendar years from the time of first enrollment as a doctoral student. Doctoral students are expected to progress steadily toward their degree and to advance to candidacy within no more than six (6) years, although colleges may set a shorter time limit.

Students who do not meet published time limits because of compelling circumstances may petition their dean for a single extension of one calendar year at any point during their program. If such an extension is granted, the total time limit for completion of the degree will not exceed ten (10) years. Reenrollment following an absence from Mason does not change the student’s time limit, which is based on the date of initial admission. Failure to meet the time limits or to secure approval of an extension request may result in termination from the program. Faculty and students share in the responsibility to progress toward completion of degree requirements, and faculty must be actively involved in helping students conform to the nine-year time limit. Advancement will only occur during the add/drop period at the beginning of each term. Requests for Advancement must be made no less than 1 week prior to the first day of the term and all supporting documents must also be on file with the Graduate Programs Office.
DOCTORAL DISSERTATION COMMITTEE

This committee is responsible for approving the doctoral dissertation proposal and final dissertation, in addition to providing oversight on certain aspects of the dissertation such as research design, data collection, data analysis and writing. This committee reads the various drafts of the dissertation guiding the student in the direction that the dissertation should take and directing the student in the various changes that are necessary. Although the committee has the ultimate responsibility for the dissertation, the Doctoral Dissertation Committee advisor gives the primary guidance to the student.

18.1 The Composition of the Doctoral Dissertation Committee

18.1.1 Selection of Advisor

Dissertation projects usually are developed under the direction of the clinical faculty advisor. However, students are free to ask non-clinical faculty members to serve as dissertation advisors. The dissertation advisor must be a full-time tenured or tenure-track faculty member in the Department of Psychology.

18.1.2 Dissertation Committee

The dissertation committee is responsible for supervising and approving the dissertation proposal and the final dissertation. The committee consists of the advisor, one other faculty member from the Clinical area, and at least one other member of the graduate faculty at George Mason University. Graduate faculty members are typically full-time tenured or tenure-track faculty members, although term (non-tenure-track) faculty members also are eligible for appointment as graduate faculty. Additional (beyond the three required) committee members may be selected from inside or outside the University.

The dissertation advisor provides the primary guidance and serves as chair of the committee. The roles and functions of the other members will vary depending on the preferences of the advisor and the other committee members.

If a member of the committee resigns at any point of the dissertation process, the student must immediately find a replacement and notify the DCT. Neither the proposal nor the dissertation can be approved without a complete committee, as specified above.

18.2 Thesis and Dissertation Committee Composition Form

Once a student has identified those who will serve on their respective committees, they should have each member sign the Thesis and Dissertation Committee Composition Form. The student should obtain both the printed and signed name of each member of their committee along with their respective Program Director and turn the form into the Graduate Programs Coordinator, 2013F DKH. Students are strongly advised to submit this form prior to holding a Thesis/Dissertation Proposal meeting.
19 THE DOCTORAL DISSERTATION

The Doctoral Dissertation Committee guides the student in the preparation of the dissertation. Specific guidelines, especially for, but not limited to, the “traditional” dissertation, may be found at: http://library.gmu.edu/udts. A minimum total of twelve (12) hours of PSYC 998 and 999 is required for the doctoral degree (at least 3 hours each of 998 and 999). Students enroll in PSYC 998 while working on their proposal. Students cannot enroll in 999 until their proposal is formally approved and they have advanced to candidacy (see Section 18.3 below). For more information on registering for PSYC 998 and 999, please contact the Graduate Programs Coordinator.

19.1 Writing the Proposal

One of the first stages in proposing your dissertation will be the submission of a letter of intent (LOI). See LOI section in handbook.


Different advisors and committees may have different expectations for the writing of the proposal and different styles of supervision. The student should determine as early as possible these expectations and supervisory styles but generally, students will conduct and write up a theoretical and empirical literature review designed to inform their research question(s). The proposal will be composed of an introduction that includes a comprehensive review of relevant literature and a well-articulated methods section. No guidelines can be provided here concerning how long the proposal or dissertation should be, how large the research samples should be, how many drafts should be written, how often one should meet with the committee, how often one should meet with individual members of the committee, how one should resolve differences among committee members, and other such matters. The student should consult with the advisor and the committee on these matters.

19.2 Approval of the Proposal

The committee members indicate their approval of the proposal by signing the Dissertation Proposal Signature Sheet. This signing occurs at the end of a meeting of the committee and the student in which they discuss the proposal and decide on the final design of the study, appropriate data analysis, and other matters. By signing the Dissertation Proposal Signature Sheet, the Committee members indicate agreement that

a. The review of the literature is sufficient for the research problem or question.

b. The hypotheses are clearly stated.

c. The methodology of the study (measures, procedures, subjects) is clearly described and is appropriate for testing the hypotheses.
The plan for data analysis is clear and specific and is appropriate for testing the hypotheses.

After approving the proposal, the committee may not require significant modifications to the methodology of the study. The Committee may require, however, additional statistical analyses beyond those planned and an updated literature review for the final version of the dissertation.

After the committee has approved the proposal and signed the Dissertation Proposal Signature Sheet, the student should contact the Graduate Programs Coordinator to discuss obtaining the signature of both the DCT and Associate Chair for Graduate Studies. Once all signatures are obtained, students should forward both the signed Dissertation Proposal Signature Sheet and a hard copy of the Dissertation Proposal to the Graduate Programs Coordinator.

Data collection may not begin until the proposal has been approved by the GMU Human Subjects Review Board.

19.3 Registering for PSYC 999

Students may not begin enrolling in PSYC 999 until they have:

(1) An approved dissertation committee as documented in the Dissertation/Committee Composition Form;
(2) Successfully defended their dissertation proposal;
(3) A copy of the Dissertation Proposal Signature Sheet on file with the Dean’s Office (this is done by submitting a signed copy of the form along with a hard copy of the proposal to the Graduate Programs Coordinator);
(4) All IP grades for PSYC 998 changed to S and;
(5) Advanced to Candidacy.

Once a student begins taking 999, he/she is required to maintain continuous enrollment until he/she has graduated with exception to the summer term – provided they are not graduating in the summer. Continuous enrollment is required – regardless of whether the students need the credits. Failure to maintain continuous enrollment will result in the student being required to enroll and pay for any missed credits before their degree will be conferred.

Students are required to enroll in proposal (PSYC 998) in the term immediately preceding the one in which they submitted their Dissertation Proposal Cover Sheet to the Graduate Program Coordinators Office. In each subsequent semester thereafter, students are required to enroll in at least 3 credits of dissertation until they have completed the minimum 12 hours combined. Only after completing the minimum combined 12 hours of proposal and dissertation, may a student enroll in 1 credit of dissertation per term. Before the completion of 12 credits in 998/999, while a student is completing their dissertation hours, the University will only certify part-time enrollment status if the student is enrolled in 4.5 credits. Full-time status is awarded when: (1) a student is registered for 9 credits; (2) a student is registered for 6 credits with a 20-hour teaching assistantship; (3) a student is on internship and registered for ZREG 80;
or (4) a student has completed at least 12 credits of 998/999 (minimum of 3 in each) and is subsequently enrolled for one credit of 999 (such students need to complete a full-time equivalent status form, found at: http://registrar.gmu.edu/wp-content/uploads/DDR.pdf). International students must follow registration rules set forth by the Office of International Programs and Services (IOPS).

You are strongly encouraged to discuss your proposal and dissertation credit plans with your advisor to avoid enrolling in unnecessary credits. The optimal timing is to enroll in 9 total credits of 998 across the 4th year, complete your proposal and oral defense of proposal in spring of the 4th year, enroll in 3-6 credits of 999 during fall of the 5th year (depending on your need for full-time status), and then enroll in 1 credit of 999 during spring of the 5th year.

19.4 Conducting the Research

The student implements the research plan as agreed upon for the approval of the proposal. Frequent consultation with the advisor is essential. Occasional brief progress reports to the committee are often appreciated, but committee consultation is required only when substantial changes must be made to the approved proposal.

19.5 Writing the Dissertation and Submitting it to the Committee

The student writes the final dissertation with guidance from the Advisor and the Committee. Although committee members may have special expertise (e.g., statistics) requiring consultation during analysis, normally, the analysis, interpretation, and write-up are done by the student in close consultation with the advisor. The dissertation will be presented in one of two formats: (1) a comprehensive literature review of publishable quality and at least one empirical article, both of which are in a format suitable for submission to peer-reviewed journals; or (2) two or more empirical articles in a format suitable for submission to a peer-reviewed journal. In the case that students include more than one empirical article, they may wish to begin the document with a brief introductory chapter explaining the connection among them. The full literature review (from the proposal) can also be included as an appendix. Components of the research planned but not suitable for publication may also be included as an appendix. Additional guidelines and university formatting requirements may be found at: http://thesis.gmu.edu/index.html.

Once a final draft of the dissertation is complete, with review and approval of the advisor, the student submits it to the committee for review. The committee is not bound to accept the draft presented, and can require changes to clarify the document, etc., or can require a reorganization of major portions of the dissertation before scheduling the oral defense. When the committee requires revision of the dissertation, the student should work closely with the advisor to address all of the issues before calling another committee meeting, or meeting individually with committee members. Advisors and committee members vary in terms of whether they prefer a finalized version of the dissertation to be ready prior to scheduling a defense – thus, students should work closely with their advisor and committee members to ensure an understanding of whether this is the case. When committee members allow for a defense to be scheduled before reading and approving the draft, students should be prepared for the possibility
that the committee will require major additional revisions after the defense prior to the document being formally approved. Even when committee members choose to read and approve the draft for defense first, students should still be prepared to make additional revisions after the defense.

There may be situations where one member of a committee disagrees with the majority of the committee as to whether a draft is appropriate for defense and/or final approval. If the disagreement cannot be reconciled after extensive discussion, and the faculty member strongly disagrees with other committee members over the quality of the dissertation, the matter may be referred to the DCT. It may appropriate for the faculty member to resign from the committee. The dissertation cannot then proceed unless and until the student secures agreement of another faculty member to join the committee. Appointing additional committee members follows the same procedures as original appointment of the committee.

19.6 Scheduling the Dissertation Defense

The oral defense of the dissertation should be scheduled through the Graduate Programs Coordinator who informs the Graduate Dean of the defense at least four weeks before the projected defense date. When scheduling the defense, contact the Graduate Programs Coordinator if you need to reserve a room. Students affiliated with programs who have existing lab space are encouraged to reserve those rooms. Once a room reservation has been secured, forward the following information onto the Graduate Programs Coordinator for scheduling:

1. Your full name;
2. Date of defense;
3. Location – Building and room number;
4. Beginning and end time of defense;
5. Dissertation committee members names – please indicate who is Chair;
6. Dissertation title;
7. ½ - ¾ page abstract;
8. Any A/V equipment needs.

Do not move to schedule your oral defense until your advisor (and possibly committee members, pending the preferences of your advisor and committee) has seen and approved your last draft. It is very common for several drafts of the dissertation to be required prior to scheduling your defense and for more revisions to be required after orals. The dissertation represents the culmination of your program and an important contribution to the body of psychological knowledge. It is the faculty’s responsibility to the field and to you that the final product meets a high standard.

19.7 Dissertation Signature Sheets

Students must have the Dissertation Signature Sheet signed by all committee members, their Program Director, Associate Chair for Graduate Studies, and Associate Dean for Research and Graduate Programs. It is the responsibility of the student to collect all signatures. Students are encouraged to make appointments to secure signatures with both the Associate Chair (Dr. Adam Winsler, awinsler@gmu.edu) and Associate Dean (chssgradstudent@gmu.edu).
When obtaining the Dean’s signature, students must bring all paperwork required for submission to the library so that copies can be made. Students who wish to obtain a second opinion on the formatting of their Dissertation Signature Sheet may email it to chssgradstudent@gmu.edu and ask for clarification of the formatting.

19.8 Format Review

The library conducts the review for formatting of all dissertations. Students will submit completed dissertations directly to the library and hand all the requisite paperwork (for University Microfilms International and the National Opinion Research Center). For additional information contact the University Dissertations and Theses Coordinator.

19.9 Dissertation Submission and Fees

To complete 999 in a given semester, dissertations are generally due to the library by 5pm on the last day of finals. For students who are completing their dissertations before internship, this is typically the date you will need to submit the dissertation, to avoid having to register for 999 in future semesters while on internship.

For students who have already completed their internship and are turning in their dissertation with the intent of having the degree conferred immediately after that semester, the deadline for submission to the library is typically nearly 2 weeks earlier. For exact dates, please visit the Checklist For Graduation website. Specific information on formatting, fees, ancillary forms, types of paper and number of copies required can be found on the UDTS web site. Late submissions will not be accepted.

Note that the library often assumes that anyone turning a dissertation in for spring semester is hoping to graduate at the end of that semester, and they will likely tell you the submission deadline that allows you to receive your degree (i.e., the deadline that is 2 weeks earlier). If you still have to complete your internship, be sure to fully explain the situation when inquiring about deadlines.
20 CONFERRAL OF DOCTORAL DEGREE & CONVOCATION PARTICIPATION

The completion of clinical requirements (particularly internships) typically does not fit well with university deadlines for conferral of degrees and participation in convocation ceremonies. In order to graduate, students have to complete their dissertation and internship. There are two relevant dates that the university sets each semester: the dissertation submission deadline and the degree conferral date, posted on the registrar’s website: http://registrar.gmu.edu/students/graduation/timelines/.

20.1 To Graduate

The following two requirements must be met to graduate in a given term:

1. The dissertation must be submitted by the posted deadline for the semester in which students apply to graduate. For example, if they apply to graduate in Spring 2014, they must submit their fully completed, approved, and properly formatted dissertation to the library by 5 p.m. on May 2, 2014. To graduate in Summer 2014, they must submit their fully completed, approved, and properly formatted dissertation to the library by 5 p.m. on Aug 1, 2014. Note that these dates change every year, so please consult the link above for dates for the current year.

2. The internship must be complete by the “degree conferral date” for that term. For example, the degree conferral date for 2018 is May 19, 2018. The degree conferral date for Summer 2018 is Aug 25, 2018. Again, these dates change every year, so please consult the link above for dates for the current year. If a student will not complete the internship by the conferral date, they should apply to graduate the following semester.

There is a “6 week grace period” for students who have submitted the final dissertation and completed the internship but are awaiting final paperwork. This is not a grace period for actual completion of work; rather, it is simply for processing of paperwork (e.g., change of grades for 999). More info: http://registrar.gmu.edu/topics/6-week-grace-period/.

20.2 To Participate in The Degree Celebration

In general, students who formally graduate in Summer or Fall can participate in the Winter ceremony or the FOLLOWING Spring ceremony. However, a typical scenario is that students finish all requirements except for internship by the deadlines for Spring graduation. These students cannot participate in the main university ceremony, but they are typically allowed to participate in the CHSS ceremony if:

1. They have turned in their dissertation to Fenwick Library by the Spring dissertation submission deadline.
2. They are scheduled to complete their internship by the Summer degree conferral date.

Note that this represents an exception on the part of the Dean of College of Humanities and Social Sciences. The exception must be confirmed every year by the graduate program coordinator.
20.3 If not Having Your Degree Officially Conferred Gets in Your Way

Contact the DCT. If you have completed your internship and dissertation and are just waiting for paperwork, the DCT can write a letter that will confirm that you have completed program requirements and can move on to the next stage in life (post doc, accumulating hours, etc.)
21 PROFESSIONAL ETHICS

Both faculty and students are expected to abide by the ethical code set forth by the American Psychological Association http://www.apa.org/ethics/code/index.aspx.

A student who believes that another student or a faculty member has committed an ethical violation should follow the procedures described in the APA Ethical Principles. A confidential consultation can be obtained from the American Psychological Association Ethics Office in Washington, DC 202-336-5500.

21.1 Policy on Discrimination

The University does not tolerate discrimination on the basis of age, race, sex, national origin, disability or religious beliefs. A student who believes he/she has been subject to such discrimination should contact the DCT, the Chair of the Department, or the University’s Affirmative Action/Equal Employment Officer (703-993-8730).

21.2 Sexual Harassment

The Department of Psychology and the University do not tolerate sexual harassment by either faculty or students. A student who believes that he/she has been subject to sexual harassment should contact the DCT, the Chair of the Department, or the University’s Affirmative Action/Equal Employment Officer.
The Department recognizes that differences in opinions, complaints, or grievances may occur in the relationships between faculty and students. We believe it is the responsibility of all department members to establish and maintain a climate within which a student problem or complaint can be promptly identified, presented, discussed, and given fair, timely consideration without fear or recrimination or retribution. The following steps are recommended for students who feel they have been unjustly or unfairly treated in the course of their education. (NOTE: Student concerns about faculty behavior that involves sexual harassment or racial/ethnic/gender discrimination should be handled according to the University guidelines description in the University Catalog.)

**Grievance Procedures**

The Department recommends that a graduate student who has concerns about the professional behavior of a faculty member take the following steps in the following order. Following these procedures will better ensure that the grievance will be resolved expeditiously and fairly.

1. Discuss the problem with the faculty member in question. Many disagreements, disputes, and conflicts between faculty and students are the result of miscommunication or misinformation and can be resolved informally between the concerned parties. Consultation with the academic Advisor usually will be helpful in developing an effective strategy for presenting the concern to the faculty member in question. If a student cannot discuss the concern with his/her Advisor, the student should consult another faculty member.

The faculty member with whom the student consults concerning the grievance incurs certain responsibilities by agreeing to serve in this capacity: (1) To review with the student the Departmental policy and procedures described here. (2) To assist the student in determining the legitimacy of his/her concern and in developing a plan for discussing the concern with the faculty in question. In addition, the advisor may also choose a more active role in the resolution of the grievance by serving as the student's advocate or as a mediator. If the advisor/advocate believes that the faculty member in question has committed an illegal act or ethical violation, he/she should consult the Ethical Guidelines of the American Psychological Association.

2. If the discussion with the faculty member with whom the student has a concern does not produce a fair resolution, the student should consult with his/her Advisor (or other advising faculty) about the feasibility of bringing the matter to the attention of the student's Program Coordinator.

3. If consultation with the Program Coordinator does not produce a satisfactory resolution, the student should consult with his/her advisor (or other advising faculty) about the feasibility of bringing the matter to the attention of the Associate Chairperson for Graduate Studies. The Associate Chairperson may appoint an ad hoc committee charged with working with the
student and faculty member in resolving the grievance. This committee may include a graduate student as a member.

4. If consultation with the Associate Chairperson for Graduate Studies does not produce a satisfactory resolution, the student has the option of bringing the matter to the attention of the Department Chairperson.

5. If consultation with the Department Chairperson does not produce a satisfactory resolution, the student should consult with his/her Advisor (or other advising faculty) about the feasibility of bringing the matter to the attention of the office of the Dean of the College of Humanities and Social Sciences.
The Clinical faculty members are aware that doctoral training in clinical psychology is demanding and at times stressful. Training in clinical work can be especially emotionally demanding, and it often leads to awareness of personal issues that would benefit from working with a professional. Seeking such help is a common and worthwhile part of professional development in this area. Below is a list of psychologists in private practice in Northern Virginia who are willing to provide reduced-fee psychotherapy services to GMU clinical psychology doctoral students. Information about fees can be obtained from the individuals listed below. These individuals have no formal relationship with the Clinical Program.

Alisa Schreier, Ph.D.
703-536-8799
131 W. Great Falls Street, Suite 101
Falls Church, VA 2204
lschri@yahoo.com

Carole W. Sebenick, PhD
703-362-9313
10721 Main St Suite 307
Fairfax, VA - 22030

Gail Curran, Ph.D.
703-734-6266

Ginny Gutman, Ph.D.
703-568-3744

Janet Laubgross, Ph.D.
703-591-7828
http://www.drjanetlaubgross.com/

Jeffrey Volkmann, Ph.D.
(401) 367-4318 (office in Washington DC)
http://www.jeffreyvolkmannphd.com

Jennifer Lager, Ph.D.
703-244-9656
http://www.drjenniferlager.com/

Kolleen Martin, Ph.D.
703-623-4406
13890 Braddock Road Centreville, VA 20121

Leslie K. Dalton, Ph.D.
(703) 550-405
DrLeslieDalton@yahoo.com
www.thestonehouse.ws/ldalton.htm

Luanne Turrentine, PhD
(703) 968-4149
turrentinela@juno.com
http://luanneaturrentinephd.com/

Marcia Grenell, Ph.D.
(540) 947-1949
6107 G Arlington Boulevard, Falls Church, VA 22044

MMGrenellPhD@aol.com
http://therapists.psychologytoday.com/rms/name/Marcia_M._Grenell_PhD_Falls+Church_Virginia_32126

Martin Schuh, Ph.D.
(703) 440-9284

Marya A. Myslinski, Psy.D., PLLC
703-538-2770
http://Therapists.Psychologytoday.com/44327

Michelle F. Eabon, Ph.D.
(703) 691-420
11244 Waples Mill Road, Suite G-1
Fairfax, VA 2203
http://dreabon.net/

Neil Makstein, PhD
7700 Leesburg Pike Suite 406
Falls Church VA 22043
neilmak@aol.com

Roy S Wilensky, PsyD
7700 Leesburg Pike, Suite 200
Falls Church, VA 2204
drwilensky@gmail.com

Sarita B. Kaplan, Psy.D
703-742-8665
11333 Sunset Hills Rd, Reston, VA 20190
APPLIED DEVELOPMENTAL

Tim Curby 993-2457 / DK 2046
Director, Applied Developmental Program
Classrooms as a context for student learning and development; Teacher-student interactions; Classroom quality; Development of classroom observational measures; Quantitative methods.

Susanne Denham 993-1378 / DK 1024A
Preschoolers’ social-emotional development and its assessment and promotion; Peer competence in preschool and elementary school; Developmental psychopathology; Parenting: Its impact on the above

Robert Pasnak 993-1354 / DK 2049
Cognitive and socioemotional development in preschool, elementary school, and special education children

Adam Winsler 993-1881 / DK 2023
Development of self-regulation; Private speech; Bilingualism; ADHD; Early childhood education; School readiness among low-income, ethnically diverse children

COGNITIVE AND BEHAVIORAL NEUROSCIENCE PROGRAM

Jennifer Brielmaier 993-1469 / DK 2063
Animal models of neuropsychiatric conditions; behavioral genetics; environmental and biological risk factors contributing to drug addiction.

Linda Chrosniak 993-4139 / DK 2045
Director, Honors Program in Psychology
Research interests include implicit and explicit memory processes, and relationships between stress, cognition and health. In addition, in collaboration with Dr. Flinn, she has investigated effects of trace metals (zinc, copper and iron) on memory processes.

Doris Bitler Davis 993-8817 / DK 2051
Experimental Psychology, with a specialization in animal learning and memory
Ted Dumas 993-9170/Krasnow 109

Neural substrates of memory, neural and cognitive development, stress and behavioral control, real-time brain activity focus in a multidisciplinary setting

Jane Flinn 993-4107 / DK 2022

The role of metals in learning and memory, including fear conditioning. The effect of metals in neurological conditions, such as Alzheimer's disease, in humans and transgenic mice.

Craig G. McDonald 993-2277 / DK 2057

Psychophysicsiology of visual perception and cognition; nicotine-induced changes in executive functioning

Jim Thompson 993-1342 / DK 2056

Cognitive neuroscience, including fMRI and ERPs; biological motion; social cognition; robotics.

Martin Weiner 993-6217/DK 2055

Cognitive neuroscience, Time Perception, Space Perception, Datasharing

Affiliates:
Carryl Baldwin (Human Factors/Applied Cognition)
Christy Esposito-Smythers (Clinical)
Pam Greenwood (Human Factors/Applied Cognition)
Todd Kashdan (Clinical)
Matt Peterson (Human Factors/Applied Cognition)
Tyler Shaw (Human Factors/Applied Cognition)
Jim Thompson (Human Factors/Applied Cognition)

HUMAN FACTORS/APPLIED COGNITION

Carryl Baldwin 993-4653 / DK 2062

Director of the PhD Program

Auditory cognition, auditory and multimodal displays, cognitive aging, speech processing, transportation (highway and air) safety, mental workload, adaptive automation, individual differences, training, spatial navigation and neuroergonomics.

Deborah Boehm-Davis 993-8720 / College Hall 100

Dean, College of Humanities and Social Sciences
Understanding interruptions, dual-task performance and cognitive workload.

Pam Greenwood 993-4268 / DK 2060

Cognitive aging and the genetics of cognitive aging which she examines using behavioral, neuroimaging, and genetic methods. The modulation by normal genetic variation of attention, working memory, and the role of attention in forming and maintaining mental representations in working memory. Collaborating in a longitudinal study of the genetics of cognitive change in midlife.

William S. Helton 993-6199/DK 2063

Vigilance, response inhibition, disaster and emergency response, interaction of cognitive and physical issues, wearable interfaces, working dogs

Yi-Ching Lee 993-6216/DK 2060

Driver attention, emotion and behavior; diagnostic driving; experimental learning; incentives and behavior change

Patrick McKnight 993-8292 / DK 2065

Health services research, research methods, statistics, measurement, and program evaluation.

Matt Peterson 993-4255 / DK 2058

**Director, Human Factors/Applied Cognition M.A. Program**


Tyler Shaw 993-5187 / DK 2059

Neurophysiological underpinnings and individual differences in human sustained attention, automation, team collaboration and coordination dynamics

Eva Wiese 993-5266 /DK 2068

Social robotics; eye movements; usability; visual attention; human-computer interaction.
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Office</th>
<th>Research Interests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Louis Buffardi</td>
<td>(Faculty Emeritus) Employee attitudes; Quality of work life organizational surveys; Work and family issues; Human error.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coordinator,</td>
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<td></td>
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<tr>
<td>Industrial/Organizational M.A. Program</td>
<td></td>
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</tr>
<tr>
<td>Reeshad Dalal</td>
<td>993-9487 / DK2006</td>
<td></td>
<td>Employee performance and its links with mood/emotions, job attitudes and personality; employee judgment and decision-making.</td>
</tr>
<tr>
<td>Seth Kaplan</td>
<td>993-8475 / DK 3073</td>
<td></td>
<td>Personality, emotions, and well-being at work. Team dynamics in crisis situations. Psychometric and statistical issues.</td>
</tr>
<tr>
<td>Lois Tetrick</td>
<td>993-1372 / DK 3066A</td>
<td></td>
<td>Occupational health psychology including stress, work-family, and safety; the employee-organization relationship including psychological contracts, social exchange theory, and the norm of reciprocity; organizational climate and culture; innovation and creativity; positive aging and retirement transitions; cross-cultural aspects of industrial organizational psychology.</td>
</tr>
<tr>
<td>Stephen Zaccaro</td>
<td>993-1355 / DK 3066B</td>
<td></td>
<td>Leadership, executive assessment and development, team dynamics and effectiveness, shared leadership, multiteam systems.</td>
</tr>
</tbody>
</table>
2017-2018 DOCTOR OF PHILOSOPHY IN CLINICAL PSYCHOLOGY
25.1 PROGRAM OF STUDY

Name: ________________________________  G#: ________________________________
Address: ______________________________  Email ______________________________
Admit Year: ________________  Proposed Date of Comprehensive Examination: ______________

GENERAL REQUIREMENTS (6 HOURS)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title as it appears on your transcript</th>
<th>Term/Year</th>
<th>Hours</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 897</td>
<td>Biological Basis of Psychology</td>
<td></td>
<td>3</td>
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<tr>
<td>PSYC 704</td>
<td>Life-Span Development</td>
<td></td>
<td>3</td>
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<td></td>
<td>Total Hours: 6</td>
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</table>

QUANTITATIVE TRACK OPTIONS (11-16 HOURS)

Choose only one of the tracks below

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title as it appears on your transcript</th>
<th>Term/Year</th>
<th>Hours</th>
<th>Grade</th>
</tr>
</thead>
</table>
| TRACK A – BASIC
| PSYC 644 | Methods for Social Research           |           | 3     |       |
| PSYC 611 | Advanced Statistics I                 |           | 4     |       |
| PSYC 612 | Advanced Statistics II                |           | 4     |       |
|          | Total Hours: 11                      |           |       |       |
| TRACK B – ENHANCED
| PSYC 644 | Methods for Social Research           |           | 3     |       |
| PSYC 611 | Advanced Statistics I                 |           | 4     |       |
| PSYC 754 | Quantitative Methods III: Psychological Applications of Regression Techniques | | 3 | |
| PSYC 756 | Quantitative Methods IV: Multivariate Techniques in Psychology | | 3 | |
|          | Total Hours: 13                      |           |       |       |
| TRACK C – QUANTITATIVE
Track B and At Least 3 Hours From the Following
<p>| PSYC 557 | Psychometric Methods                  |           | 3     |       |</p>
<table>
<thead>
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<th>Course #</th>
<th>Title as it appears on your transcript</th>
<th>Term/Year</th>
<th>Hours</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 646</td>
<td>Issues and Methods in Longitudinal Developmental Research</td>
<td></td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 652</td>
<td>Quantitative Methods III: Analysis of Variance</td>
<td></td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 757</td>
<td>Advanced Topics in Statistical Analysis</td>
<td></td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 892</td>
<td>Special Topics (Meta-Analysis/SEM)</td>
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<td></td>
<td><strong>Total Hours:</strong> 16</td>
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**CLINICAL REQUIREMENTS (41 HOURS)**

<table>
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<tr>
<th>Course #</th>
<th>Title as it appears on your transcript</th>
<th>Term/Year</th>
<th>Hours</th>
<th>Grade</th>
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<tbody>
<tr>
<td>PSYC 810</td>
<td>Psychological Assessment I</td>
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<td>4</td>
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<tr>
<td>PSYC 811</td>
<td>Psychological Assessment II</td>
<td></td>
<td>4</td>
<td></td>
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<tr>
<td>PSYC 822</td>
<td>Scientific Foundations of Clinical Psychology I</td>
<td></td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PSYC 830</td>
<td>History, Systems and Theories for Personality and Psychotherapy</td>
<td></td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PSYC 833</td>
<td>Social and Cognitive Foundations of Clinical Psychology</td>
<td></td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 860</td>
<td>Introductory Helping Skills and Motivational Interviewing</td>
<td></td>
<td>3</td>
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<tr>
<td>PSYC 861</td>
<td>Cognitive Behavioral Therapy for Youth</td>
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<td>6</td>
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<tr>
<td>PSYC 862</td>
<td>Cognitive Behavioral Therapy for Adults</td>
<td></td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>PSYC 881</td>
<td>Practicum in Clinical Psychology</td>
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<td>6</td>
<td></td>
</tr>
<tr>
<td>PSYC 883</td>
<td>Ethical and Professional Issues in Clinical Psychology</td>
<td></td>
<td>3</td>
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<tr>
<td></td>
<td><strong>Total Hours:</strong> 41</td>
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**ELECTIVES (1-6 HOURS)**

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<thead>
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<th>Course #</th>
<th>Title as it appears on your transcript</th>
<th>Term/Year</th>
<th>Hours</th>
<th>Grade</th>
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<td></td>
<td><strong>Total Hours:</strong></td>
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</table>

**DISSERTATION PROPOSAL & DISSERTATION**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title as it appears on your transcript</th>
<th>Term/Year</th>
<th>Hours</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 998</td>
<td>Dissertation Proposal</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYC 999</td>
<td>Dissertation</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

76
Students must take at least 12 hours combined of 998/999 with at least 3 hours in each section. No more than 24 hours of PSYC 998/999 will count towards the degree. Students must enroll in 3 hours of PSYC 999 in the first term they are eligible to do so.

### INTERNSHIP/EXTERNSHIP

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Term/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 885</td>
<td>Externship</td>
<td></td>
</tr>
<tr>
<td>ZREG 800</td>
<td>Clinical Internship</td>
<td></td>
</tr>
</tbody>
</table>

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### TOTAL HOURS

<table>
<thead>
<tr>
<th>Reduction from MA</th>
<th>Applied to PhD</th>
<th>Dissertation</th>
<th>GRAND TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>76</td>
</tr>
</tbody>
</table>

Note: It is expected that students will have a provisionally approved Program of Study by the end of the second year in the program. Students are also expected to be continuously engaged in research throughout the program.

______________________________  ____________________  
Student                        Date                     
______________________________  ____________________  
Advisor                        Date                     
______________________________  ____________________  
Program Director               Date                     
______________________________  ____________________  
Associate Chair for Graduate Studies  Date       
______________________________  ____________________  
Graduate Program Coordinator    Date
25.2 Agreement on Outside Clinical Activities
(Copy to be kept in file with the Graduate Programs Coordinator)

Graduate Student: ______________________________________
Advisor: ________________________________________________
Date (include year): _____________________________________

Please list actual clinical work done for pay in the previous Spring semester:

CAP Cases: ________ (total number)
CAP Comprehensive Assessments: ________ (total number)
Center Comprehensive Assessments: ________ (total number)
Center Mental Health Evals/Consults: ________ (total number)

Other paid clinical work (state what it is & # cases or hours):
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Estimated # hours spent in paid clinical work in the Spring Semester: ________

Please describe actual outside (not GRA) research work done for pay in the previous Spring semester:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Estimated # hours spent in paid outside research work in the Spring Semester: ________

Please list expected clinical work for pay in the upcoming Summer:

CAP Cases: ________ (total number)
CAP Comprehensive Assessments: ________ (total number)
Center Comprehensive Assessments: ________ (total number)
Center Mental Health Evals/Consults: ________ (total number)

Other paid clinical work (state what it is & # cases or hours):
________________________________________________________________________
________________________________________________________________________

Please describe actual outside (not GRA) research work done for pay in the upcoming Summer:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Estimated # hours spent in paid outside research work in the Summer: ________
Please list expected clinical work for pay in the next Fall semester:

CAP Cases: _________ (total number)
CAP Comprehensive Assessments: _________ (total number)
Center Comprehensive Assessments: _________ (total number)
Center Mental Health Evals/Consults: _________ (total number)

Other paid clinical work (state what it is & # cases or hours):

____________________________________________________________________________________
____________________________________________________________________________________

Please describe expected outside (not GRA) research work for pay in next Fall semester:

____________________________________________________________________________________
____________________________________________________________________________________

Estimated # hours in paid outside research work in the Fall Semester: _________

We agree that this level of outside clinical work will enhance rather than impede the student’s professional goals and progress in the program.

_________________________________________  ________________________
Student  Date

_________________________________________  ________________________
Advisor  Date
25.3 Application for Equivalency Examination for a Required Course

The following information must be provided in order to determine if a petition to take an equivalency examination is to be granted.

Date: 

Name: 

Address: 

Telephone: 

Core Course: 

Documentation: 

Course Title: 

Attach

- Transcript
- Catalog description of course
- Syllabus
- Texts or copies of tables of contents
- Examinations
- Papers

Justification: 


Clinical Psychology Program – George Mason University

25.4 **Semester Summative Evaluation (SSE) Advisor Form**

**INSTRUCTIONS:** This form is to be completed at the end of every year for each of your doctoral advisees (can be completed every semester, if desired). Ratings and comments should be based on input from all faculty members that is shared during the end-of-semester student review meeting. In areas where students do not receive a “meeting expectations” rating, explanations should be provided in the comments section of this form. You should meet with each of your advisees to discuss this evaluation. Signed forms should be submitted to the Graduate Programs Coordinator, who will place the forms in the students’ files.

Please return this form completed and signed no later than _____ to the Graduate Programs Coordinator.

---

**Student:**

**Semester and Year of Evaluation:**

**Advisor:**

**Mark the box that corresponds with the faculty evaluation of the student in the given area.**

<table>
<thead>
<tr>
<th>Course Work</th>
<th>Does Not Meet Expectations</th>
<th>Making Progress Toward Expectations</th>
<th>Meets Expectations</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>All Courses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is on track to receive B or better in courses</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prepares adequately for class (e.g., completes readings)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Completes assignments on time (e.g., papers, projects, reports)</td>
<td></td>
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<tr>
<td>Interacts with instructors and peers in a professional and respectful manner</td>
<td></td>
<td></td>
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<tr>
<td>Demonstrates ethical behavior in clinical and classroom settings (e.g., confidentiality)</td>
<td></td>
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<tr>
<td>Provides adequate attention to detail (e.g., accurate test scoring and reporting)</td>
<td></td>
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<tr>
<td>Seeks supervision, consultation, and feedback when needed</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Is receptive to supervision and feedback</td>
<td></td>
<td></td>
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<tr>
<td>Demonstrates adequate knowledge and attention to individual differences and cultural diversity</td>
<td></td>
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<td>---</td>
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<tr>
<td>Clinical Supervision/Practice</td>
<td></td>
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<tr>
<td>Completes clinical paperwork on time (e.g., records, notes)</td>
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<tr>
<td>Prepares adequately for clinical supervision sessions</td>
<td></td>
<td></td>
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<tr>
<td>Prepares adequately for meetings with clients</td>
<td></td>
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<tr>
<td>Interacts with clients in a professional &amp; respectful manner (e.g., good boundaries, returns phone calls promptly)</td>
<td></td>
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<tr>
<td>Understands, demonstrates, and practices sensitivity to client individual differences and sociocultural diversity</td>
<td></td>
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</tr>
<tr>
<td>Demonstrates adequate knowledge and skills in assessment</td>
<td></td>
<td></td>
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<tr>
<td>Demonstrates adequate knowledge and skills in therapy</td>
<td></td>
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<tr>
<td>GTA/Instructor/GRA Work</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is adequately performing work assigned in GTA/instructor role</td>
<td></td>
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</tr>
<tr>
<td>Is adequately performing work assigned in GRA role</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Research</th>
<th>Does Not Meet Expectations</th>
<th>Making Progress Toward Expectations</th>
<th>Meets Expectations</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is making adequate progress on program research requirements (e.g., 2nd year project, dissertation)</td>
<td></td>
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<tr>
<td>Is meeting personal research goals (attach a copy)</td>
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<tr>
<td>Demonstrates ethical behavior in research (e.g., informed consent, HSRB guidelines)</td>
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<tr>
<td>Uses educational opportunities available within and outside of program (e.g., brown bags, speakers, conferences)</td>
<td></td>
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</tbody>
</table>

Brief summary of feedback from faculty evaluation meeting:
Areas of greatest strength/competency; main assets:


Areas of needed growth/improvement (comment on all “does not meet expectations” areas from above):


Recommendation/goals for focus of continuing training (comment on all “does not meet expectations” areas from above):


________________________________
Student (print name)  
Student (signature)

________________________________
Advisor (print name)  
Advisor (signature)

________________________________
Dir. Clinical Training (print name)  
Dir. Clinical Training (signature)
25.5 **Personalized Professional Goals**

**Guidelines:** These goals should be formulated by the student in collaboration with his/her advisor. Students and advisors should consider year in program, skill level, and competing demands when devising personalized goals so that those selected are realistic and achievable. Students are NOT expected to develop goals in each area specified on the next page.

<table>
<thead>
<tr>
<th>Goals To Be Specified By Student and Advisor:</th>
<th>Does Not Meet Expectations</th>
<th>Making Progress Toward Expectations</th>
<th>Meets Expectations</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
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EXAMPLES OF PERSONALIZED GOALS

Examples of Research Goals
- Regular attendance at mentor’s weekly lab meetings
- Regular attendance at weekly individual supervision meetings with mentor
- Attendance at other faculty lab meetings if relevant
- Attendance at a research-oriented conference
- Completion of a literature review in an area of interest
- Completion of training in a relevant clinical research method (e.g., diagnostic interviewing, treatment manual, statistical approach, etc.)
- Completion of a specified clinical experience with a population of research interest (e.g., running a group for individuals with Social Phobia using an EBT)
- Submission of articles for publication (specify data source, topic, authorship order)
- Submission of book chapters for publication (specify topic, authorship order)
- Submission of posters at national conferences (specify data, topic, authorship order)
- Draft/submission of a grant application (F31, private foundation)
- Preparation of an HSRB application for a study
- Proposal/completion of second year project or dissertation
- Completion of data collection for a project
- Develop research skills by generating multiple testable hypotheses in my area of research and getting feedback on them.

Examples of Clinical-Community Service Provision Goals
- Do a clinical or consultation externship
- Form a reading group to learn more about clinical or consultation topics
- Identify externship possibilities in an area of interest
- Identify opportunities to gain experience in clinical supervision
- Attend presentations on service provision on campus or at a conference
- Learn about conferences on service provision that you might wish to attend
- Work with clinical supervisor on case conceptualization skills
- Work with clinical supervisor to learn new intervention strategy
- Prepare for clinical supervision by bringing cued videotapes of sessions
- Read journal articles on strategies, issues, or populations relevant to current clinical work

Examples of Teaching Goals
- Teach a new course
- Develop syllabus for a new course
- Observe “master teachers” teach a class
- Meet every other week with teaching mentor
- Attend workshop offered by the Center for Teaching Excellence
- Receive consultation on teaching from the Center for Teaching Excellence
- Attend workshop on teaching strategies at a conference
- Develop ideas for integrating new strategy or content into a course (e.g., experiential learning, diversity issues, group work)
- Read theoretical or empirical papers on classroom instruction
- Join and participate in professional organization focused on teaching of psychology
25.6 Practicum Evaluation Form
(Adopted Fall, 2006)

Student's Name _______________________________ Date ______________________

Supervisor _______________________________ Training Site ______________________

1 = Performed well below expectations for current level of training
2 = Performed below expectations for current level of training
3 = Met expectations for current level of training
4 = Performed above expectations for current level of training
5 = Performed well above expectations for current level of training
NA = Not applicable to work done this semester

A. Psychological Assessment Skills (e.g., interviewing and assessment techniques):

____ 1. Develops rapport with clients.
____ 2. Obtains relevant information efficiently.
____ 3. Formulates a clear referral question or problem.
____ 4. Applies clinical theory and research in case formulation.
____ 5. Designs an assessment strategy (e.g., test selection) appropriate to the referral question.
____ 6. Administers and scores tests correctly.
____ 7. Organizes and integrates assessment information skillfully.
____ 8. Generates appropriate and useful recommendations.
____ 10. Completes assessments in a timely manner.

B. Psychological Interventions (e.g., psychotherapy and case management):

____ 1. Develops working alliances with clients.
____ 3. Develops appropriate goals and strategies with different clients.
____ 4. Carries out psychotherapy techniques effectively.
____ 5. Makes useful observations and interpretations of client material.
6. Challenges clients when necessary.
7. Responds appropriately to relationship issues.
8. Recognizes clinically important material and follows up appropriately.

C. Supervision Issues:

1. Comes to supervision meetings prepared.
2. Actively participates in supervision by presenting ideas, showing initiative, and giving feedback to others.
3. Receptive to feedback and listens nondefensively.
4. Is appropriately assertive in expressing own ideas.
5. Presents own ideas in a clear manner.
6. Actively seeks input from supervisor and (when appropriate) peers.
7. Responds to feedback non-defensively.
8. Incorporates feedback in clinical work (e.g., in interactions with clients, in written reports).
9. Gives feedback to others in a supportive and professional manner.

D. Professional Reliability:

1. Writes progress notes and therapy reports skillfully.
2. Manages clients’ scheduling, fees, and case issues efficiently.
3. Professional reliability in attending meetings, completing reports and contacting clients in a timely fashion; and keeping client charts properly documented.
4. Deals with clients in a respectful and professional manner.
5. Deals with staff and colleagues in a respectful and professional manner.
6. Sensitivity and adherence to ethical practices.
7. Awareness of diversity issues and effectiveness in working with diverse populations.

Briefly list the professional activities that this student has engaged in.
Describe the student's strengths.

Describe the student's relative weaknesses.

Comments and suggested directions for the student's future growth.

______________________________________________________________

Supervisor's signature       Date       Student's signature       Date
25.7 Practicum Supervisor Evaluation Form

Name of supervisor ______________________  Semester __________________

Scale  
1 2 3 4 5 6 7  
Strongly Disagree  Strongly Agree

Time and Effort Expended

My supervisor

_____ 1. Was accessible.
_____ 2. Regularly listened to and critiqued tapes.
_____ 3. Regularly read and critiqued case notes.
_____ 4. Monitored all of my cases for which he/she was responsible.
_____ 5. Helped me make productive use of supervision time.
_____ 6. Demonstrated familiarity with Clinic policies and procedures as described in the Clinic Handbook and the Clinical Program Handbook.
_____ 7. Was reliable (returned reports and other write-ups in a timely manner, kept appointments, on time for appointments, returned calls, etc.)

Please describe problems, if any.

________________________________________________________________________

Specific Input on Client Management

My supervisor

____ 10. Assisted in developing treatment plans, strategies, techniques and/or skills.
_____ 11. Demonstrated familiarity with the APA ethical code and monitored potential ethical concerns.
_____ 12. Demonstrated expertise with a wide range of client problems.
_____ 13. Demonstrated knowledge of a wide range of theoretical approaches.
_____ 14. Demonstrated knowledge about the use and interpretation of the major assessment instruments/strategies we used in supervision this semester.
_____ 15. Helped me seek out and use consultants effectively.
_____ 16. Provided me with ongoing feedback throughout the semester.
17. My supervisor reviewed with me at the beginning of the semester the Supervisee Responsibilities, Supervisor Responsibilities, the Supervision Evaluation Form, and the Supervisor Evaluation Form.
   Yes ______  No ______

18. My supervisor provided a Supervisor Evaluation Form to me at the end of the semester.
   Yes ______  No ______

19. My supervisor missed or cancelled ____ individual supervision meetings this semester.

20. My supervisor missed or cancelled ____ group supervision meetings during the semester.
25.8 **Clinical Research Comprehensive Examination Feedback Form**

(Adopted 03-08-07)

Student: ________________________________________________________________

Advisor: ________________________________________________________________

Second Reader: _____________________________________________________________________

1. **Introduction:** Thorough review and integration of theoretical and empirical literatures (thoughtful comparison of related studies/concepts, reasonable conclusions drawn).

   1   2   3   4
   Fail Marginal Pass Pass Strong Pass

2. **Introduction:** Quality of research aims, hypotheses, and predictions (clearly stated, complete, arising from literature review)

   1   2   3   4
   Fail Marginal Pass Pass Strong Pass

3. **Methods:** Appropriateness of the design to answer the question(s) posed

   1   2   3   4
   Fail Marginal Pass Pass Strong Pass

4. **Methods:** Adequacy of operationalization/assessment approach (e.g., construct validity of experimental manipulation, reliability of predictor and criterion variables, rationale for selection of measures)

   1   2   3   4
   Fail Marginal Pass Pass Strong Pass
5. Methods: Consideration of statistical power, experiment-wise error (where relevant)

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6. Results: Appropriateness of the data analysis strategy to answer the question(s) posed

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7. Results: Quality of the presentation of results (accurate, clear, complete)

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8. Discussion: Reasonableness of the inferences or conclusions drawn from the data

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9. Overall: Incorporation of contextual factors in design and/or conceptual model

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10. Overall: Clarity of presentation and writing, organization

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11. **Overall**: Potential contribution to field (theoretical, empirical, or both – above and beyond what is out there)

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<td>Strong Pass</td>
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Mean of rated items: ____________

**Exam Outcome:**
- Strong Pass……3.5 to 4.0
- Pass……………2.5 to <3.5
- Marginal Pass 2.0 to < 2.5
- Failure………. < 2.0

**Comments:**

Date: ___________________________ Student signature ___________________________

Date: ___________________________ Advisor signature ___________________________

Date: ___________________________ 2nd Reader signature _________________________
Name of Student:

Name of Advisor:

Date of application:

Description of Case:

  Date of Intake:

  Diagnosis:

Type of Case:

  Adult _________  Child _________  Teen________

  Individual _________  Family _________  Couple ______

Number of sessions seen at time of application (should be between 3-15 sessions):

________

Current supervisor: __________________________________________________________

Name of Research Advisor: __________________________________________________

Proposed theoretical frameworks: _____________________________________________

Committee Assignment:

1) _______________________________________________________________________

2) _______________________________________________________________________

DCT Signature  Date

Student Signature  Date
25.10 Individual Faculty Grading Sheet: Clinical Comprehensive Written Paper
(Updated Fall 2014)

Student: ____________________________________________________

Faculty Examiners: ____________________________________________

Date: ________________________________________________________

**Domain 1: Ability to conduct appropriate assessment**

Circle one:

0 = Fail
1 = Rewrite/Remediation
2 = Pass
3 = High pass

Comments:

**Domain 2: Conceptualization/Formulation**

Circle one:

0 = Fail
1 = Rewrite/Remediation
2 = Pass
3 = High pass

Comments:

**Domain 3: Treatment plan**

Circle one:

0 = Fail
1 = Rewrite/Remediation
2 = Pass
3 = High pass

Comments:

**Domain 4: Integration of research literature in clinical thinking and planning**
Circle one: 0 = Fail  
1 = Rewrite/Remediation  
2 = Pass  
3 = High pass  

Comments:
Committee Grading Sheet: Clinical Comprehensive Exam (Written & Oral)
(Updated Fall 2014)

Student: _______________________________________________________
Faculty Examiners: _______________________________________________
Date: ___________________________________________________________

Domain 1: Ability to conduct appropriate assessment

Circle one:  
0 = Fail  
1 = Rewrite/Remediation  
2 = Pass  
3 = High pass

Comments:

Domain 2: Conceptualization/Formulation

Circle one:  
0 = Fail  
1 = Rewrite/Remediation  
2 = Pass  
3 = High pass

Comments:

Domain 3: Treatment plan

Circle one:  
0 = Fail  
1 = Rewrite/Remediation  
2 = Pass  
3 = High pass

Comments:

Domain 4: Integration of research literature in clinical thinking and planning

Circle one:  
0 = Fail
1 = Rewrite/Remediation
2 = Pass
3 = High pass

Comments:

**Domain 5: Clinical/Helping Skills**

Circle one: 0 = Fail
1 = Rewrite/Remediation
2 = Pass
3 = High pass

Comments:

**Overall Grade**

Circle one: 0 = Fail
1 = Rewrite/Remediation
2 = Pass with revisions
2.5 = Pass
3 = High pass

Comments:

**Rewrite/Remediation Plan (if applicable)**
25.12 Consultation Rating Form
George Mason University Clinical Psychology Program

Student's Name ____________________________ Date ____________________

Contact Person __________________________ Organization ______________________

1 = Performed well below my expectations
2 = Performed below my expectations
3 = Met my expectations
4 = Performed above my expectations
5 = Performed well above my expectations
NA = Not applicable.

A. Needs Assessment Skills:
   ____  1. Developed rapport with the contact person and others in the organization.
   ____  2. Obtained relevant information efficiently.
   ____  3. Understood the needs of the organization.
   ____  4. Formulated a clear description of the services she/he could offer.

B. Implementation of Project:
   ____  5. Collaborated with contact person and others in the organization.
   ____  6. Made useful observations.
   ____  7. Was receptive to feedback.
   ____  8. Was appropriately assertive in expressing her/his own ideas.
   ____  9. Adapted the project to best serve the needs of the organization.
   ____ 10. Was aware of diversity-related issues and effectively responded to them.

C. Professional Reliability:
   ____ 11. Was reliable in attending scheduled meetings.
   ____ 12. Came to meetings prepared.
   ____ 13. Completed project in a timely way.
D. Use of Project.

14. Please describe the use of the student’s project in your organization with the following scale.

1 = No plan to use the project;
2 = With more revision, plan to use the project in the future;
3 = Will use current version of the project in the future;
4 = Have begun use of the project;
5 = The project has already changed our organization.

E. Please describe below and/or on another page any comments that you have about this student’s work.
**25.13 Extern Evaluation Form**
(Adopted Fall, 2006)

Student's Name ________________________________  Date _______________________

Supervisor ______________________  Training Site ____________________________

1 = Performed well below expectations for current level of training
2 = Performed below expectations for current level of training
3 = Met expectations for current level of training
4 = Performed above expectations for current level of training
5 = Performed well above expectations for current level of training
NA = Not applicable to work done this semester

A. **Psychological Assessment Skills (e.g., interviewing and assessment techniques):**

   ____ 1. Develops rapport with clients.
   ____ 2. Obtains relevant information efficiently.
   ____ 3. Formulates a clear referral question or problem.
   ____ 4. Applies clinical theory and research in case formulation.
   ____ 5. Designs an assessment strategy (e.g., test selection) appropriate to the referral question.
   ____ 6. Administers and scores tests correctly.
   ____ 7. Organizes and integrates assessment information skillfully.
   ____ 8. Generates appropriate and useful recommendations.
   ____ 10. Completes assessments in a timely manner.

B. **Psychological Interventions (e.g., psychotherapy and case management):**

   ____ 1. Develops working alliances with clients.
   ____ 3. Develops appropriate goals and strategies with different clients.
   ____ 4. Carries out psychotherapy techniques effectively.
   ____ 5. Makes useful observations and interpretations of client material.
6. Challenges clients when necessary.
7. Responds appropriately to relationship issues.
8. Recognizes clinically important material and follows up appropriately.

C. Supervision Issues:

1. Comes to supervision meetings prepared.
2. Actively participates in supervision by presenting ideas, showing initiative, and giving feedback to others.
3. Receptive to feedback and listens non-defensively.
4. Is appropriately assertive in expressing own ideas.
5. Presents own ideas in a clear manner.
6. Actively seeks input from supervisor and (when appropriate) peers.
7. Responds to feedback non-defensively.
8. Incorporates feedback in clinical work (e.g., in interactions with clients, in written reports).
9. Gives feedback to others in a supportive and professional manner.

D. Professional Reliability:

1. Writes progress notes and therapy reports skillfully.
2. Manages clients’ scheduling, fees, and case issues efficiently.
3. Professional reliability in attending meetings, completing reports and contacting clients in a timely fashion; and keeping client charts properly documented.
4. Deals with clients in a respectful and professional manner.
5. Deals with staff and colleagues in a respectful and professional manner.
6. Sensitivity and adherence to ethical practices.
7. Awareness of diversity issues and effectiveness in working with diverse populations.

Briefly list the professional activities that this student has engaged in.
Describe the student's strengths.

Describe the student's relative weaknesses.

Comments and suggested directions for the student's future growth.

_________________________________________
Supervisor's signature       Date       Student's signature       Date
### Evaluation of Externship Site

| Extern's Name __________________________ | Placement Site __________________________ |
| Supervisor(s) __________________________ | Date __________________________ |

Please assign a rating of 1, 2, 3, 4, or 5 to each item below using the following scale. In deciding upon ratings, compare the externship with what you would expect from an externship in general with a similar amount of work responsibility. Indicate NA when Not Applicable.

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<th>Acceptable</th>
<th>Very Good</th>
<th>Excellent</th>
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**Quality of Supervision:**

___ 1. Amount of Supervision.
___ 2. Level of Supportiveness.
___ 3. Case Conceptualization.
___ 4. Feedback on Written Work.

**Comments:**

**Client Contact Opportunities:**

___ 5. Assessment Cases.
___ 6. Individual Intervention Cases.
___ 7. Couple/Family Intervention Cases.
___ 8. Group Interventions.

**Comments:**
Externship Environment:
___ 9. Comfort of Working Environment (e.g., adequate office space, parking, safety).
___ 10. Quality of Seminars.
___ 11. Interaction with Other Trainees.
___ 12. Professional Manner with Clients and Other Staff.

Comments:

Briefly list the professional activities that this extern can engage in.

Describe the externship's strengths.

Describe the externship's relative weaknesses.

Comments and suggestions for getting the most from this externship.
25.16 Clinical Psychology Internship Completion Form

Intern’s Name: _________________________________________________

Internship Site: _________________________________________________

Beginning Date of Internship: _____________________________________

Ending Date of Internship: ______________________

Approximate Number of Hours Worked: ____________________________

Name of Person Completing Form: _________________________________

Title or Position: ________________________________________________

Signature and Date: ______________________________________________
25.17 Thesis and Dissertation Committee Approval Form

This form must be signed by all members of your Thesis/Dissertation Committee and your Program Coordinator before the committee will be approved by the Department and recommended to the Dean’s Office. You are responsible for obtaining ALL signatures.

Students Name: __________________________________________

GNumber: __________________________________________

Degree: __________________________________________

Program: __________________________________________

Thesis/Dissertation Chair: __________________________________________

Signature: __________________________________________

Committee Member #1: __________________________________________

Signature: __________________________________________

Committee Member #2: __________________________________________

Signature: __________________________________________

Program Coordinator/ Director of Clinical Training: ___________________________ Date ___________________________
25.18 Dissertation Proposal Cover Sheet

NOTE: This page is to be used for the proposal only and NOT to be used for the final dissertation or thesis.

George Mason University

TITLE OF THESIS, DISSERTATION, OR PROJECT PROPOSAL
FOR MASTER’S OR DOCTORAL DEGREE

Student’s Name: ________________________________ Date: ______________

Department/Program: ________________________________

Degree: ____________________________________________

Tentative Title: ______________________________________

Committee Members

Signature ___________________________ Date ___________ Director

Signature ___________________________ Date ___________ Member

Signature ___________________________ Date ___________ Member

Signature ___________________________ Date ___________ Member

Approved by Program Coordinator (if appropriate) ________________________________

Signature Date ______________________

Approved by Department Chairpersons ________________________________

Signature Date ______________________

Date Received by the Graduate Dean of Director ________________________________
25.19 LOI Review Form

Student: ____________________________________________

LOI: 2YP or Dissertation

Reader: _____________________________________________

Date: _______________________________________________

Criterion 1: Rate the quality of the background, study justification, and conceptual framework (Significance of the Study)

Below threshold
At threshold
Above threshold
Not enough information to rate
Rater does not have sufficient expertise to rate or comment

Comment:

Criterion 2: Rate the potential for a successful study to contribute to the scientific literature

Below threshold
At threshold
Above threshold
Not enough information to rate
Rater does not have sufficient expertise to rate or comment

Comment:
**Criterion 3: Rate the feasibility of the project**

Below threshold
At threshold
Above threshold
Not enough information to rate
Rater does not have sufficient expertise to rate or comment

Comment:

**Criterion 4: Rate the quality of the methods overall**

Below threshold
At threshold
Above threshold
Not enough information to rate
Rater does not have sufficient expertise to rate or comment

Comment:

**Criterion 5: Rate the quality of the limitation acknowledgement and contingency plans**

Below threshold
At threshold
Above threshold
Not enough information to rate
Rater does not have sufficient expertise to rate or comment

Comment:

**Please offer any additional overall comments:**
25.20 Summary of F31 Predoctoral Fellowship Guidelines

The Ruth L. Kirschstein National Service Award for Individual Predoctoral Fellowship (F31) provides predoctoral training support for doctoral candidates who have completed their comprehensive examinations or the equivalent by the time of award and will be performing dissertation research and training. The applicant should provide evidence of potential for a productive research career based upon the quality of previous training and academic record. The applicant must propose a dissertation research project and training program which falls into a research area within the scientific mission of the NIAAA, NIBIB, NIDCD, NIDA, NIMH, or NINDS. The research training experience must enhance the applicant’s conceptualization of research problems and research skills, under the guidance and supervision of a committed mentor who is an active and established investigator in the area of the applicant's proposed research.

The research training program should be carried out in a research environment that includes appropriate human and technical resources and is demonstrably committed to the research training of the applicant. The application must include evidence that current and ongoing instruction in the principles of responsible conduct of research will be incorporated into the proposed research training plan. Fellowship awardees are required to pursue their research training on a full-time basis, devoting at least 40 hours per week to the training program. The F31 fellowship supports research training applied toward preparation of a dissertation and does not support study leading to the M.D., D.O., D.D.S., Psy.D., or similar professional degrees.

Application forms for F31 (uses PHS 416-1) are available online at https://grants.nih.gov/grants/funding/416/phs416.htm

Writing Successful Proposals

A. General Strategies for Successful Proposals

Convincing reviewers of the merits of your proposal. Proposals are typically reviewed by a panel or group of scholars who are reasonably knowledgeable about the research area of your proposal. To succeed, you will have to be at least as knowledgeable as they are. Consider the reviewers to be "informed strangers." A primary function of your proposal is to persuade the review group that what you plan to do stands out in terms of conceptual innovation, methodological rigor, and substantive content. Remember that the review group has to choose among or rate many highly competitive proposals. Reviewers also can’t read your mind—if you don’t write it in the proposal, they won’t know about it. You must include enough detail to convince them your hypothesis is sound and important, your aims are logical and feasible, you understand potential problems, and you can properly analyze the data.

The typical peer reviewer:
► has a breadth and depth of knowledge and a vested interest in ranking applications in an unbiased and fair manner based on likely contribution to knowledge.

► may not be extremely familiar with all techniques used in a grant. All parts of the grant must therefore be clear and written in such a way that a non-expert can
understand them.

► may not know the applicant personally, or feel comfortable with his or her level of independence, knowledge of the field, ability to design experiments with appropriate controls, ability to decide what to do if proposed experiments don’t work out, etc. It is the job of the applicant to convince the reviewer.

► may not fully understand the significance without a compelling argument.

► is capable of understanding preliminary data if presented.

► must read several applications in great detail and evaluate all of them. Therefore, the successful application is clear, precise, easy to read, and free of errors.

**Basic questions reviewers ask about research proposals:**

► How high are the intellectual quality and merit of the study?

► What are we going to learn as a result of the proposed project that we do not already know, i.e., what is its potential impact and why is it worth knowing?

► How novel is the proposal? If not novel, to what extent does potential impact overcome this lack? Is the research likely to produce new data and concepts?

► Is the hypothesis valid and is there evidence to support it?

► Are the goals or aims logical?

► Are the procedures appropriate, adequate, and feasible for the research?

► Is the investigator qualified to conduct the research?

► Are the facilities adequate and the environment conducive to the research?

**Additional questions reviewers ask about training plans:**

► Is the training plan distinct from the regular course of graduate study?

► Is the training plan feasible, i.e., can it be accomplished within time, funding, and geographic constraints?

► Will the training plan contribute significantly to the applicant’s academic career?

► Is there appropriate coordination between research and training components?

**Writing the proposal.** Writing a grant or fellowship proposal is different from writing up the results of research. A major difference is that the proposal details what you *plan to do*, rather than reporting on work already completed. You must also take care to communicate effectively
through clear and concise writing. Well-written proposals are organized, direct, concise, and carefully crafted to address the guidelines in the application. It is helpful to have several objective experts review your proposal before you submit it.

**Writing Tips**
1. Prefer the active rather than the passive voice. For example, write "We will develop a cell line," not "A cell line will be developed."
2. Keep related ideas and information together, e.g., put clauses and phrases as close as possible to - preferably right after the words they modify.
3. Simplify and break up long, involved sentences and paragraphs. In general, use short simple sentences; they are much easier on the reader. Your goal is communication.
4. Edit out redundant words and phrases. Edit and proofread thoroughly. Look carefully for typographical and grammatical mistakes, omitted information, and errors in figures and tables. Sloppy work will definitely suffer in review. Reviewers feel that if the application is sloppy or disorganized, the applicant's research may be as well.

**Writing a Proposal for a Research Project Grant**

The sections below are based on a typical NIH research project grant.

**Title**
1. Make your title specific and detailed. If your application is a revision, do NOT change the title.
2. Stay within the 56-character limitation (this includes spaces between words).

**Developing the Hypothesis**
1. Most reviewers feel that a good grant application is driven by a strong hypothesis. The hypothesis is the foundation of your application. Make sure it's solid. It must be important to the field, and you must have a means of testing it.
2. Provide a rationale for the hypothesis. Make sure it's based on current scientific literature. Consider alternative hypotheses.
3. A good hypothesis should increase understanding of biologic processes, diseases, treatments and/or preventions.
4. Your proposal should be driven by one or more hypotheses, not by advances in technology (i.e., it should not be a method in search of a problem). Also, avoid proposing a "fishing expedition" that lacks solid scientific basis.
5. State your hypothesis in both the specific aims section of the research plan and the abstract.

**Developing Your Research Plan**
1. A top-quality research plan is the most important factor determining your application's success in peer review. As with a scientific publication, developing your ideas is key. Read the grant application kit carefully for specific elements to be included in the research plan. Before proceeding into specific sections of the plan, here are some general tips:
2. Your application should be based on a strong hypothesis.
3. Be sure your project has a coherent direction.
4. Keep the sections of the plan well-coordinated and clearly related to the central focus.
5. Emphasize mechanism: A good grant application asks questions about mechanisms.
6. Don't be overly ambitious - your plan should be based on a feasible timetable.
7. Specific aims and experiments should relate directly to the hypothesis to be tested.

PHS agency research plans include sections outlined in PHS 398 as follows:

A. Specific Aims (Should include 2-4 aims)
1. Your specific aims are the objectives of your research project, what you want to learn, not activities you plan to conduct. The project aims should be driven by the hypothesis you set out to test. Make sure they are highly focused.
2. Begin this section by stating the general purpose or major objectives of your research in a brief introductory statement. You also want to catch reviewers’ attention, so make sure this is well written and compelling.
3. Be sure all objectives relate directly to the hypothesis you are setting out to test. If you have more than one hypothesis, state specific aims for each one. Keep in mind your research methods will relate directly to the aims you have described.
4. Choose objectives that can be easily assessed by the review committee. Do not confuse specific aims with long-term goals.

B. Background and Significance
1. Keep the statement of significance brief. State how your research is innovative, how your proposal looks at a topic from a fresh point of view or develops or improves technology.
2. Show how the hypothesis and research will increase knowledge in the field. Relate them to the longer-term, big picture scientific objectives and to the betterment of public health.
3. Justify your proposal with background information about the research field that led to the research you are proposing. The literature section is very important because it shows reviewers you understand the field.
4. Use this opportunity to reveal that you are aware of gaps or discrepancies in the field. Show familiarity with unpublished work, gained through personal contacts, as well.
5. Identify the next logical stage of research beyond your current application.

C. Preliminary Studies/Progress Report
1. By providing preliminary data, this extremely important section helps build reviewers’ confidence that you can handle the technologies, understand the methods, and interpret results.
2. Preliminary data should support the hypothesis to be tested and the feasibility.
3. Explain how the preliminary results are valid and how early studies will be expanded in scope or size.
4. Make sure you interpret results critically. Showing alternative meanings indicates that you’ve thought the problem through and will be able to meet future challenges.
5. Preliminary data may consist of your own publications, publications of others, or unpublished data from your own laboratory or from others.
6. Include manuscripts submitted for publication.
**D. Research Design and Methods**

1. Describe the experimental design and procedures in detail and give a rationale for their use.

2. Organize this section so each experiment or set of experiments corresponds to one of your specific aims and is stated in the same order. Even holding to this structure, the experiments still must follow a logical sequence. They must have a clear direction or priority, i.e., the experiments should follow from one another and have a clear starting or finishing point.

3. Convince reviewers that the methods you chose are appropriate to your specific aims, that you are familiar with them, and that, unless innovative, they are well established. If your methods are innovative, show how you have changed existing, proven methods while avoiding technical problems. Describe why the new methods are advantageous to the research you propose to do.

4. More and more applicants are including colored charts, graphs, and photographs in their applications. If you must use color to get your point across, it is wise to also place a copy of the item in an appendix, noting this in the body of the text. (However, do not put important figures only in the appendix, or overly-reduced figures in the body of the application with enlargements in the appendix. The Research Plan must be self-contained. The appendix should not be used to circumvent the Research Plan page limits.) Many applicants are not aware that most of the study section members may receive only black and white photocopies of their original application. However, assigned reviewers do receive originals of the appendices (which is why five copies are requested) and usually receive original copies of the application as well. Now many applications are being distributed electronically.

**Approach**

1. State why you chose your approach(es) as opposed to others.

2. If you are choosing a nonstandard approach, explain why it is more advantageous than a conventional one. Ask yourself whether the innovative procedures are feasible and within your competence.

3. Call attention to potential difficulties you may encounter with each approach.

4. Reviewers will be aware of possible problems; convince them you can handle such circumstances. Propose alternatives that would circumvent potential limitations.

5. Consider the limitations of each approach and how it may affect your results and the data generated.

6. Spell it out in detail. While you may assume reviewers are experts in the field and familiar with current methodology, they will not make the same assumption about you. It is not sufficient to state, "We will grow a variety of viruses in cells using standard in vitro tissue culture techniques." Reviewers want to know which viruses, cells, and techniques; the rationale for using the particular system; and exactly how the techniques will be used. Details show you understand and can handle the research.

7. Make sure any proposed model systems are appropriate to address the research questions and are highly relevant to the problem being modeled.

**Results**

1. Show you are aware of the limits to - and value of - the kinds of results you can expect based on current knowledge of the subject. State the conditions under which the data would support or contradict the hypothesis and the limits you will observe
2. Show reviewers you will be able to interpret your results by revealing your understanding of the complexities of the subject.

3. Many applications benefit from statistical analysis. The early involvement of a statistician to determine the amount of data to collect and the methods for analyses will favorably impress reviewers.

4. Describe your proposed statistical methods for analyzing the data you plan to collect. Define the criteria for evaluating the success or failure of a specific test.

E. Human Subjects

Assuring NIH human subjects are protected is a key responsibility of the applicant, in concert with the applicant's institution. Awards cannot be made until assurances are on file. If your proposed research does not involve human subjects, indicate this by noting "Not applicable in this appropriate section." Anyone reading your application will know immediately you have not just forgotten to complete this section. If your proposed research involves human subjects or samples from human subjects, read carefully and follow the Human Subjects Research section of the instructions. Include enough information so reviewers have no questions about what you propose to do. In addition, your research plan must be certified by your institutions institutional review board (IRB) prior to funding (unless exempt). Though IRB approval is not required at the time of application, you should start the process early because revisions and final approval can take time. Before an application can be funded, a Human Subjects Assurance must be on file with the Office of Human Research Protections (OHRP). Contact OHRP or your institutions grants and contracts office for details and help.

F. Vertebrate Animals

If the proposed research involves vertebrate animals, your project must be reviewed and approved by an institutional animal care and use committee (IACUC) prior to review, and an Animal Welfare Assurance must be on file with the Office of Laboratory Animal Welfare. See the instructions for item 5 of the face page of PHS 398 for further details.

G. Literature Cited

Refer to the literature thoroughly and thoughtfully but not to excess. The publications you cite need not be exhaustive but should include those most relevant to your proposed research. Research proposals typically do not fare well when applicants fail to reference relevant published research, particularly if it indicates that the proposed approach has already been attempted or the methods found to be inappropriate for answering the questions posed. Each citation must include the names of all authors (not et al.), name of the book or journal, volume number, page numbers (not first page only), and year of publication

Common Mistakes for Research Grant Proposals

Problems with significance:
1. Not significant nor exciting nor new research
2. Lack of compelling rationale
3. Incremental and low impact
Problems with specific aims:
1. Too ambitious, too much work proposed
2. Unfocused aims, unclear goals, listing of activities rather than research objectives

Problems with experimental approach:
1. Too much unnecessary experimental detail
2. Not enough preliminary data to establish feasibility
3. Little or no expertise with approach
4. Lack of appropriate controls
5. Not directly testing hypothesis or discussing alternative models
6. No discussion of interpretation of data

What are the major obstacles to grant writing and how can I overcome them?

“It’s such an overwhelming task”
Probably the biggest obstacle to writing grants and fellowships is that it seems to be an overwhelming task to many students. There is an array of information available from your school’s grants and contracts office, websites, department information, your advisor, and other students. Simply sifting through this information can seem daunting. Further, once you have identified a potential funding source and application process, the sheer amount of detail and work to complete as required is difficult to imagine. How can you overcome this obstacle? As with all complex tasks, it is important to approach grant writing one step at a time. You should first develop your research ideas carefully (and related training needs).

Next you should identify viable sources of funding and consult with others about the specific procedures to follow. Another strategy for simplifying this process is to talk with others who have been successful and gather copies of successful applications for the funding source you are interested in.

“I don’t have time”
This problem is not limited to applying for grants and fellowships. Graduate students and faculty typically juggle multiple tasks which makes it difficult to find time for everything (or sometimes for anything). But fellowships and grants almost always are submitted by specific deadlines. One strategy is to select a deadline and allocate an appropriate amount of time before that deadline to focus almost exclusively on preparing your application (which will require having already collected pilot data, reviewing the literature, etc.). This time will be specifically for putting it all together and writing the proposal. Some students find it helpful to create a timeline and ask their advisor to help them meet each deadline. You must also leave enough time for your department and university to process your submission.

“I don’t have any pilot data”
Grants and fellowships that emphasize a research plan often require some type of pilot data. For doctoral students, this is usually collected as part of the second year or master’s project, or collected in collaboration with your advisor. It is not necessary to have an accepted publication based on this pilot data, but it is important to make a case for your proposed research based on work you have already done (or ongoing work in your lab). Pilot data is particularly important if you are using new measures, novel situations, or participants from
different ethnic or cultural groups (compared to previous studies).

“My area of research is hard to get funding for”
It is true that certain areas of research come into vogue for funding, often linked to specific advances in the fields, pressing social problems, or political winds. These concerns are often more pronounced for large-scale research projects. Remember that funding for predoctoral and postdoctoral students is linked primarily to the student and his or her capacity for success in academia. A strong academic record and clear career trajectory are very important!

“It’s just too much responsibility to have to worry about grants, budgets, reports, etc.—I just want to get through graduate school!”
But you also want to start a successful career, and grant funding is important!

What is my advisor’s role in the grant and fellowship process?
As with all research and training activities, you should always consult regularly with your advisor. Predoctoral applications benefit by one or two years in your advisor’s research lab, although some fellowships are for beginning graduate students only. For most fellowships with a training component, your training plan will be written in collaboration with your advisor. In some cases (for instance, NSF dissertation grants), your advisor must submit as the Principal Investigator (PI) on your behalf and you will be the Co-PI.

What is the review process?
Many foundations will assign reviewers to read and write a review of your proposal; in some cases, the reviewers meet to discuss their comments and in other cases the recommendations are sent to the foundation and evaluated by a specific committee appointed by the foundation. Applications to federal institutes are reviewed by committees comprised largely of academic researchers. Proposals under Program Announcements typically are reviewed by standing committees which may or may not be made public. For example, rosters for NIH committees are found on the agency website; however, NSF does not publish rosters. For NIH, you can request a specific committee at the time of submission in a cover letter. This makes sense if you find a review committee that has people who are working in your area. If you do this, it is a good idea to cite their work in your literature review. In most all cases, you will receive written and detailed reviews of your proposal. These will be very important in preparing a resubmission (when allowed). It is important to think of your reviews as helpful advice!

What are my chances of success and how can I improve them?
Success rates vary by source of funding, typically hovering between 10% and 30%. As an example, the graph below illustrates number of F31 (predoctoral fellowship) the National Institutes of Health (NIH) applications reviewed and awarded. As you can see, the submission rate has increased significantly over the last decade, although funding levels have increased only slightly. One way to improve your chance of success is to resubmit when appropriate and to be persistent! As another example, the National Science Foundation (NSF) receives approximately 40,000 proposals in all areas and funds about 11,000. If you search carefully on most websites you can determine number of grants received and number funded each year to determine success rates.
25.21 Additional GMU Information

25.21.1 Mason ID Cards

After registering, each student is required to obtain a university photo identification card. It must be presented to use the library and is required for admission to university events, when using university facilities and can be used as a debit-card at various food concessions and copy machines. Questions may be directed to the Photo ID Office at (703) 993-1004. You can obtain your G-Card at The HUB, Lower Level Room 1103. For more information, visit the University All Card Office.

25.21.2 GMU E-Mail

Students are required to activate and use their GMU E-Mail account to obtain Psychology Department list-serve messages and to access the university mainframe computer and library. Only GMU E-Mail accounts will be used for official university communication with students. For more information regarding access your E-Mail visit the ITU Support Center.

25.21.3 Parking

Parking decals may be purchased in person in the Parking Services Office located in the Shenandoah Parking Deck, or via Patriot Web. You will need a G-Card to purchase parking passes in person. Handicapped parking permits are available in the Parking Services Office. Parking registration information is also mailed to students several weeks before the start of the fall semester. For more information contact Parking Services.

25.21.4 Health Insurance/Student Health Services

George Mason provides a variety of health insurance options for graduate students. For students who meet specific qualifications, premiums for the Aetna Student Health Insurance Plan will be subsidized by the University. Students who do not qualify for the subsidy may elect to purchase the policy and should contact Student Health Services regarding enrollment. The Student Health Services Office is available to all students at no or reduced fees. To determine eligibility for subsidized insurance, please click here.

25.21.5 Student Wage/Hourly Employees

All student wage/hourly employees are required to use Direct Deposit and must submit a time sheet online in order to be paid. To set up Direct Deposit and record your hours, please visit Patriot Web and click on "Employee Services", "Time sheets" (to enter your hours) and/or "Pay Information" (to enroll in direct deposit).
25.21.6 Mailboxes

Each student is assigned a mailbox. Doctoral student mailboxes are located in the hallway next to the Psychology Graduate Office in David King Hall. Faculty and Staff boxes are located in the copy room (DK 2001). MA mailboxes are located in the Physio Lab for CBN, alongside the doctoral mailboxes for Applied Developmental, The ARCH Lab for Human Factors, The Clinic for School Psychology and Robinson 211C for Industrial Organizational. Be sure to check the mailboxes periodically for any messages that might be left for you by faculty, staff, or students. Please be aware that student mailboxes are not secured, so use caution in what you place in them.

25.21.7 Additional Resources for Graduate Students

Office of Research Integrity and Assurance (Human Subjects Review Board) - http://oria.gmu.edu/

General resources for students - http://www.gmu.edu/resources/students/

Graduate Student Life - http://gradlife.gmu.edu/

Office of Postgraduate Fellowships and Scholarships - https://fellowships.gmu.edu/

The Writing Center - http://writingcenter.gmu.edu

Office of Research Integrity and Assurance (Institutional Review Board) - http://oria.gmu.edu/

College of Humanities and Social Sciences Graduate Student Assistance - http://chss.gmu.edu/graduate/for-graduate

Counseling and Psychological Services - http://caps.gmu.edu/

Learning Services - https://learningservices.gmu.edu/

Multicultural Services - https://odime.gmu.edu/

Office of Disability Services - http://ods.gmu.edu/

Office of Student Support and Case Management - http://osscm.gmu.edu/

University Registrar - https://registrar.gmu.edu/

Financial Aid - http://financialaid.gmu.edu/

Student Accounts - http://studentaccounts.gmu.edu/