

# **Jerry L. Mize, MA, MEd, NCC**

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## ***Current Primary Titles***

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***Term Instructor*** – Dept. of Psychology, George Mason University

***Online Undergraduate Program Coordinator*** – Dept. of Psychology, George Mason University

***Resident in Counseling*** – Pagano Wellness Clinic

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## ***Credentials***

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***Resident in Counseling*** (License # 0704014935) Since Jun 2022  
Virginia Department of Health Professions, Counseling

***National Certified Counselor*** (NCC #1584969) Since May 2022  
National Board for Certified Counselors (NBCC)

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## ***Education***

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***Master of Education (MEd)*** May 2022  
Clinical Mental Health Counseling (CACREP Accredited)  
The College of William & Mary

***Master of Arts (MA)*** May 2018  
Applied Developmental Psychology  
George Mason University

Thesis: *Early Socialization and Later Aggression: A Multi-Informant Longitudinal Analysis of Parent and Peer Relationships in Early Childhood and Aggression in Grade School.*

***Bachelor of Science (BS)*** May 2016  
Psychology  
Virginia Commonwealth University

***Associates in Science (AS)*** May 2014  
Richard Bland College

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## ***Academic Appointments***

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***Term Instructor*** Since Aug 2021  
Department of Psychology, George Mason University

Full-time teaching position approximately 9 – 12 credit hours per semester. Duties are to teach, develop/author, and build courses in several modalities including face-to-face, asynchronously/live online, synchronously online, and blended/hybrid and involved in textbook collation decisions. Graded student work and provided feedback. Facilitated class discussions. Authored pre-developed courses for the online program.

**Online Undergraduate Program Coordinator**

Since Aug 2021

Department of Psychology, George Mason University

Additional administrative position to the faculty position. Duties are to oversee and maintain online courses, serve as the primary point of contact for students, instructors, and faculty regarding online program and learning as it relates to the BS and BA in Psychology as well as the various minors and concentrations. This includes coordinating with Department Chairs and advising office, assistance in scheduling and academic advising of online students, evaluation instructors/courses, and consulting with Graduate Teachings Assistants and Instructors in online teaching. In addition, I at times coordinate with the Dean's office to provide consistent programing across departments.

**Adjunct Faculty**

Aug 2019 – Aug 2021

Department of Psychology, George Mason University

Taught and developed courses in online and face-to-face modalities. Graded student work and provided feedback. Facilitated class discussions. Also was invited to and served as a course author and instructor for the Capstone Introduction to Research Methods (BAS 490) course for the Bachelor of Applied Science Program in the Office of the Provost for Spring and Summer of 2021.

**Lecturer**

Aug 2019 – Aug 2021

Department of Social Sciences, Brightpoint Community College

(as John Tyler Community College) Taught and developed courses in online and face-to-face modalities. Graded student work and provided feedback. Facilitated class discussions.

**Adjunct Faculty**

Aug 2019 – Aug 2021

Department of Social and Behavioral Sciences, Richard Bland College

Taught and developed courses in online and face-to-face modalities. Graded student work and provided feedback. Facilitated class discussions.

**Graduate Teaching Assistant**

Jan 2018 – May 2018

Department of Psychology, George Mason University

Graded student work for PSYC 382 – Psychology of Crime Victims (Instructor of Record: Justin Ramsdell, PsyD).

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**Clinical Experience**

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**Resident in Counseling**

Since Jan 2023

Pagano Wellness Clinic

Provided clinical mental health counseling services, including individual counseling and couples counseling in both face-to-face and telehealth formats, to adult clients with an emphasis on clinical needs related to anxiety, depression, trauma, trans identity, and sex and sexuality. Completed assessments, gender confirmation letters, progress notes, treatment plans, and assigned diagnoses.

***Resident in Counseling***

Jul 2022 – Jan 2023

**Calming Wind Counseling Services**

Provided clinical mental health counseling services, including individual counseling and couples counseling in telehealth formats, to adult clients with a wide range of clinical needs. Completed assessments, progress notes, treatment plans, and assigned diagnoses.

***Therapy Intern***

Jan 2021 – Dec 2021

**Calming Wind Counseling Services**

Provided clinical mental health counseling services, including individual counseling, group counseling, and couples counseling in both face-to-face and telehealth formats, to teen and adult clients with a wide range of clinical needs. Co-developed and co-facilitated a Stress Management Group.

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***Research Training Positions***


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***Research Fellow***

Aug 2020 – May 2021

**Social Justice and Diversity Research Program, The College of William & Mary**

Served as co-author on Institutional Review Board (IRB) application, professional symposia, and assisted in data collection, literature reviews, and data analyses.

***Program Evaluation Assistant***

Feb 2017 – May 2018

**Child Research, Directions, Evaluations, and Information Technology Services (CREDITS), LC**

Managed data collection and entry of reading intervention at Virginia Repertoire Theater (VRT) and assisted in writing annual report of program for professional stakeholders.

***Graduate Research Assistant and Data Backup Manager***

Jun 2016 – May 2018

**WinsLab****Department of Psychology, George Mason University**

Managed backups and cleaning of data. Assisted research assistants in data sharing, training, and analysis. Conducted data analysis. Assisted in manuscript writing and developed conference symposia.

***Lab Supervisor***

Aug 2015 – Aug 2016

**Kliwer Prevention Research Lab****Department of Psychology, Virginia Commonwealth University**

Assisted in various lab needs including data recruitment and data collection, data entry, quality control practices, and statistical data analysis, audio transcription, and video coding. Managed lab responsibilities, trained research assistants, and ran coding teams.

***Research Fellow***

May 2016 – Aug 2016

Kliewer Prevention Research Lab

Department of Psychology, Virginia Commonwealth University

Part of the Undergraduate Research Opportunities Program (UROP) at VCU. Stipend provided to assist in video coding of messages about alcohol and other drug use between parents and adolescents.

***Research Assistant***

Jan 2015 – Aug 2016

Kliewer Prevention Research Lab

Department of Psychology, Virginia Commonwealth University

Assisted in various lab needs including data recruitment and data collection, data entry, quality control practices, and statistical data analysis, audio transcription, and video coding. Served as a supervisor for part of this time (See Lab Supervisor position above).

***Laboratory Technician***

Jun 2012 – Oct 2012

Strauss Immunotoxicology Laboratory

Virginia Commonwealth University

Assisted in various lab needs including data entry, managing files, and quality control as a part of the lab's closing contract.

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***Teaching Assignments as Instructor of Record*** (as of Summer 2023)

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*Syllabi and other materials are available upon request.*

ESE 101 – *The Satisfied and Successful College Student* (2 sections taught). Richard Bland College. (1 credit hours). Modalities: Synchronous/live online; Asynchronous online.

PSY 200 – *Principles of Psychology* (5 sections taught). John Tyler Community College (*Now Bright Point Community College*). 3 credit hours. Modalities: Face-to-face; Asynchronous online; Blended/Hybrid/Hiflex.

PSY 201 – *General Psychology I* (3 sections taught). Richard Bland College. 3 credit hours. Modalities: Face-to-face; asynchronous online.

PSY 202 – *General Psychology II* (1 section taught). Richard Bland College. 3 credit hours. Modalities: Synchronous/live online.

PSY 230 – *Developmental Psychology* (1 section taught). John Tyler Community College (*Now Bright Point Community College*). 3 credit hours. Modalities: Blended/Hybrid/Hiflex.

PSY 250 – *Developmental Psychology* (1 section taught). Richard Bland College. 3 credit hours. Modalities: Synchronous/live online.

PSYC 313 – *Child Development* (1 section taught). George Mason University. 3 credit hours. Modalities: Asynchronous online.

PSYC 325 – *Psychopathology* (13 sections taught). George Mason University. 3 credit hours. Modalities: Face-to-face; Asynchronous online; Synchronous/live online.

PSYC 326 – *Therapeutic Communication Skills* (2 sections taught). George Mason University. 3 credit hours. Modalities: Synchronous/live online.

PSYC 362 – *Psychology of Gender* (9 sections taught). George Mason University. 3 credit hours. Modalities: Asynchronous online.

PSYC 379 – *Applied Cross-Cultural Psychology* (1 section taught). George Mason University. 3 Credit hours. Modalities: Asynchronous online.

PSYC 461 – *Psychology of Stress & Coping* (1 section taught). George Mason University. 3 Credit Hours. Modalities: Asynchronous

BAS 490 – *Introduction to Research Methods* (1 section taught). George Mason University. 3 credit hours. Modalities: Asynchronous online.

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### **Course Development Contracts**

*Reflects course development/writing done as a separate contract from main duties and teaching assignments.*

Fall 2021. *Course Author/Developer*. Psychology of Gender (PSYC 362, George Mason University). Asynchronous Online.

Summer 2021. *Course Author/Developer*. Introduction to Research Methods. (BAS 490, George Mason University). Capstone Course. Asynchronous Online.

Summer 2021. *Course Author/Developer*. Abnormal Psychology (PSYC 325, George Mason University). Asynchronous Online.

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### **Peer-Reviewed Manuscript Publications** ORCID: 0000-0003-3680-0205

**Mize, J. L.** (2023). Depression, anxiety, and stress symptoms and coping strategies in the context of the sudden course modality shift in the spring 2020 semester. *Current Psychology*. <http://doi.org/10.1007/s12144-023-04566-5>

**Mize, J. L. & Kliwer, W.** (2017). Domain-specific daily hassles, anxiety, and delinquent behaviors among low-income, urban youth. *Journal of Applied Developmental Psychology*, 53, 31-39. <http://doi.org/10.1016/j.appdev.2017.09.003>

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### **Conference Symposia**

**Mize, J. L. & Cameron, S. M. F.** (2023, May). *Daily Hassles are Associated with Compassion Fatigue, regardless of being a Helping Professional*. Poster presented at the 2023 Association for Psychological Science Annual Convention (APS). Washington DC. (Role: Presenter and Co-Author)

Stretch, L. S., & Easley, O., **Mize, J. L.** (2022, April). *Telehealth lessons from COVID 19 pandemic*. Presentation given at the American Counseling Association (ACA) Annual Conference. Atlanta, GA. (Role: Co-Author; co-presenter).

- Mize, J. L.** (2022, January). *Comparison of Exam and Non-Exam High-Stakes Assignments in an Online Abnormal Psychology Course*. Poster accepted at the National Institute for the Teaching of Psychology (NITOP) Annual Conference. St. Pete Beach, FL. (Role: Author). *\*Presentation canceled due to COVID-19*
- Sawhney, M., Smith, G., Masland, L., & **Mize, J.** (2021, August). *STP DEI Taskforce Committee #3. Society of the Teaching of Psychology (Div. 2) DEI Task Force*. Presentation conducted for the American Psychological Association (APA) Annual Conference. Virtual. (Role: Co-Author; non-presenting).
- Liu, J., O'Neil, T., **Mize, J. L.**, Parker, J., & Haskins, N. (2021, April). *Antiracist post-secondary curriculum: An exploratory factor analysis*. Poster presented at the 1<sup>st</sup> Graduate Research Symposium on Racial & Social Justice at The College of William & Mary. Williamsburg, VA. Role: Co-Presenter.
- Kornienko, O., **Mize, J. L.**, Ha, T., & Granger, D. A. (2018, June). *Friendship network dynamics and attunement on cortisol: Exploring gender and empathic concern as moderators*. Paper presented by Olga Kornienko at the XXVII Sunbelt Conference. Utrecht, Netherlands. (Role: Co-Author; non-presenting)
- Mize, J. L.**, & Winsler, A. (2018, May). *Maternal and Peer Relations in Early Childhood Predict Child Aggression in Third Grade*. Poster presented at the 30<sup>th</sup> Annual Association for Psychological Science Convention (APS). San Francisco, CA.  
<http://doi.org/10.13140/RG.2.2.16931.14885> (Role: Presenter and Co-Author)
- Mize, J. L.**, & Winsler, A. (2017, May). *Negative influences from socialization agents on externalizing behavior problems in adolescence*. Poster presented at the 29th Annual Association for Psychological Science Convention (APS). Boston, MA.  
<http://doi.org/10.13140/RG.2.2.19012.63365> (Role: Presenter and Co-Author)
- Mize, J. L.**, & Winsler, A. (2017, April). *Social support from the family, school, and neighborhood: Links to rebelliousness and sensation seeking in adolescence*. Poster presented at the Society of Research in Child Development Biennial Meeting (SRCD). Austin, TX. <http://doi.org/10.13140/RG.2.2.33487.48801> (Role: Presenter and Co-Author)
- Mize, J. L.**, & Kliewer, W. (2017; April). *Longitudinal contributions of parental solicitation to changes in adolescent coping strategies*. Poster presented at the Society of Research in Child Development Biennial Meeting (SRCD). Austin, TX.  
<http://10.13140/RG.2.2.20065.71528> (Role: Presenter and Co-Author)
- Mize, J. L.**, & Kliewer, W. (2016, April). *Are parental involvement, religiosity, and relationship quality associated with substance use messages in South African families?* Poster presented at Virginia Commonwealth University's Annual Undergraduate Research

Symposium, Richmond, VA. <http://doi.org/10.13140/RG.2.2.35399.70569> (Role: Presenter and Co-Author)

**Mize, J. L., & Kliwer, W.** (2016, March). *Contributions of daily hassles to changes in adjustment in a sample of low-SES urban youth*. Poster presented at the Society of Research on Adolescence's Biennial Meeting (SRA). Baltimore, MD. <http://doi.org/10.13140/RG.2.2.28688.81924> (Role: Presenter and Co-Author)

Chung, A., Guerra, L., **Mize, J.**, Jaggi, L., & Kliwer, W. (2015, April). *Post traumatic stress and externalizing behaviors in at risk urban adolescents: A prospective study*. Poster presented at Virginia Commonwealth University's Annual Undergraduate Research Symposium, Richmond, VA. (Role: Co-Presenter and Co-Author)

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### ***Reports and White Papers***

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Rastogi, M., Yadrick, M., Vannier, S., Mouratidis, M., **Mize, J. L.**, Schwartz, P., MacMillan, K. (2023). *Implications of the Title of the Abnormal Psychology Course*. 2023 Report to Society for the Teaching of Psychology (APA, Div. 2). Working Group.

Garcia, A., Borgella, A., Carpenter, E., Cordaro, M., Masland, L., Metz, M., **Mize, J. L.**, Pena-Shaff, J., Sawhney, M., Smith, G., Younis, M., Gohar, D., Lovell, J., & Tormala, T. (2021). *2021 Presidential Task Force Integration of Diversity, Equity, & Inclusion and International Initiatives across STP*. Color Paper/End-of-Year Report November – December 2021. American Psychological Association (APA) Division 2: Society for the Teaching of Psychology (STP).

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### ***Selected Projects Led***

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*College Student Life Experiences*. (Leads: Jerry L. Mize & Ellen Rodgers). George Mason University. Role: Principal Investigator. Conducted IRB proposal, managed data collection and cleaning. Oversee data use and analysis.

*Compassion Fatigue and Secondary Trauma*. (Lead: Jerry L. Mize). George Mason University. Role: Principal Investigator. Conducted IRB proposal, managed data collection and cleaning. Oversee data use and analysis.

*College Student Experiences Amid COVID-19 Project*. (Lead: Jerry L. Mize). George Mason University. Role: Principal Investigator. Conducted IRB proposal, managed data collection and cleaning. Oversee data use and analysis.

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### ***Selected Projects Assisted***

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Aug 2020 – Aug 2021

*Antiracist Post-Secondary Teaching Scale Development*. (Leads: Natoya Haskins, PhD & Janise Parker, PhD; Co-I's: JingJing Liu, Jerry L. Mize, Tamara O'Neal). The College of William & Mary. Role: Research Fellow and Co-Investigator.

Aug 2016 – Dec 2016

*Latino adolescent substance use in relation to parenting and community support* (Leads: Vinicio Perla; Adam Winsler, PhD). George Mason University. Role/Duties: **Lab Data Manager**. Aided in methods and analysis.

Aug 2015 – Jan 2017

*Alcohol and other drugs (AOD) in an urban, American sample and a South African sample* (Leads: Wendy Kliewer, PhD; Alicia Borre, MS). Virginia Commonwealth University. Role/Duties: **Lab Supervisor/Supervising Intern**. Led training sessions for transcription coding and discussions to reach adequate reliability. Managed project reliability and preliminary data organization.

Aug 2015 – May 2016

*Autism spectrum disorder in adult parents* (Lead: Geraldine Lotze, PhD). Virginia Commonwealth University. Role/Duties: **Independent Study Student**. Aided in preparing an IRB application, conducting literature reviews, and determining appropriate measures.

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***Service and Professional Appointments (Academic and Clinical Domains)***

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***Ombudsperson***

Since Mar 2023

Department of Psychology, George Mason University

***Committee Member***

Since Aug 2022

Diversity, Equity, & Inclusion (DEI) Committee  
Department of Psychology, George Mason University

***Editorial Board Member***

Since Oct 2022

*Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*

***Committee Member***

Since Aug 2021

Undergraduate Committee  
Department of Psychology, George Mason University

***Committee Member***

Mar 2023 – Apr 2023

Learning Management System (LMS) Request for Proposals (RFP) Committee – University Level  
George Mason University

***Faculty Representative, College of Humanities and Social Sciences***

Oct 2022 – May 2023

Learning Management System (LMS) Review Project Advisory Committee – University Level  
George Mason University

***Group Member***

Oct 2022 – Feb 2023

Abnormal Psychology Title Working Group, Society for Teaching of Psychology (APA Div. 2)



**Taskforce Co-Chair** Mar 2022 – Dec 2022  
 Presidential Task Force on Integration of Diversity, Equity, and Inclusion (DEI) and  
 International Initiatives across STP, Society for Teaching of Psychology (APA Div. 2)  
Focus: First-Generation College Students

**Taskforce Member** Jan 2021 – Dec 2022  
 Presidential Task Force on Integration of Diversity, Equity, and Inclusion (DEI) and  
 International Initiatives across STP, Society for Teaching of Psychology (APA Div. 2).  
**Sub-Committee Lead:** (Internationalization) Focus on expanding membership and  
 opportunities for marginalized populations within STP. (Jan 2021 – Dec 2021)

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**Service (Student Level)**

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**Vice President of Professional Development & Online Liaison** Mar 2021 – May 2022  
 Omega Mu, Chi Sigma Iota  
 The College of William & Mary

**Mentor** May 2018 – Aug 2018  
 Association for Psychological Science (APS) Mentorship Program

**Treasurer** Sept 2017 – May 2018  
 Applied Developmental Psychology Student Group (ADPSG)  
 George Mason University

**Colloquia Series Co-Coordinator** Aug 2016 – Jan 2017  
 Applied Developmental Psychology  
 George Mason University

**Vice President** Aug 2015 – May 2016  
 Psi Chi International Honors Society, VCU Chapter  
 Virginia Commonwealth University

**Executive Board Member** Aug 2015 – May 2016  
 Office of Student Conduct and Academic Integrity  
 Virginia Commonwealth University

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**Honors and Distinguishments**

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Outstanding Faculty Award. 2023. Department of Psychology Awards, George Mason  
 University. Awarded May 2023.

Adjunct Faculty Service Award. 2021 Outstanding Achievement Awards, George Mason  
 University. Awarded Mar 2021.

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**Funding and Scholarships**

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Barbara M. Welch Graduate Fellowship. The College of William, & Mary, School of Education.  
**Nominated by Program Faculty.** Nominated Nov 2020.

Graduate Student Travel Fund (GSTF). George Mason University. **\$350.** Awarded May, 2018

Graduate Student Travel Fund (GSTF). George Mason University. **\$350.** Awarded May, 2017

Emerging Scholar Student Travel Award. Society of Research on Adolescence (SRA) Biennial Meeting. **\$200.** Awarded May, 2018

UROP Undergraduate Research and Creative Scholarship Summer Fellowship. Virginia Commonwealth University. **\$1,500.** Awarded May, 2015

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### ***Reviewing Experience***

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#### Academic Book Reviewing Credits

Comer, R. J. & Comer, J. S. (2018). *Abnormal Psychology*. 10<sup>th</sup> Edition. Macmillan Learning.

#### Academic Journals Refereed

*Anxiety, Stress, & Coping*

*Canadian Journal of School Psychology*

*Current Psychology*

*Personality and Individual Differences*

*Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*

*Violence and Victims*

#### Academic Publisher Platforms

Cengage; Macmillan HigherEd, Worth Publishers; McGraw Hill Education

#### Conference Symposia:

American Psychological Association Annual Conference

#### Grants and Awards

APS Student RISE Research Award

APS Student Grant Competition

#### Scholarship and Teaching:

Project Syllabus (by STP, APA Div. 2)

#### Student Campus Reviewing Experience

*Auctus Journal of Undergraduate Research of VCU*

*William & Mary Educational Review (Graduate)*

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### ***Student Mentoring***

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*Celine May Takla.* Undergraduate Honors Thesis Committee, George Mason University.

*Theresa Whelan.* Summer Research Intern, George Mason University.

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***Guest Speaker and Invited Talks***

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*The Path to Becoming a Mental Health Professional.* (April 2023). Given to Honors in Psychology (PSYC 490), George Mason University.

*The Path to Becoming a Mental Health Professional.* (March, 2022). Given to the Cure Mental Illness (CMI) Registered Student Organization, George Mason University.

*Panelist for Counseling.* (February, 2022). Speaker Series: Pre-Professional Seminar for Psychology Students, Lourdes University.

*Demonstrating Panelist.* (January, 2022). Checking quality criteria of your online course. Stearns Center for Teaching and Learning, George Mason University.

*Panelist for Social Justice.* (July, 2021). Given for Counseling Students attending their Online Residency, The College of William & Mary.

*Panelist for Careers and graduate school in psychology.* (October, 2020). Given at George Mason University for Foundations of Psychology (PSYC 100).

*A discussion of gender and sexuality.* (October, 2017). Invited discussion given at George Mason University for Applied Cross-Cultural Psychology (PSYC 379).

*Bullying in adolescence.* (March, 2017). Presentation given at George Mason University for Adolescent Development (PSYC 314).

*Coding, research, and graduate school.* (November, 2016). Presentation given at Northern Virginia Community College for Research Methods in the Behavioral Sciences (PSY 211).

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***Guest Teaching***

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*Teaching Online.* (Annually since Fall 2021). Discussion/Seminar given at George Mason University for Graduate Students in Teaching Practicum for Psychology (PSYC 850), Fairfax, VA.

*T-test and ANOVA.* (June, 2018). Lab instruction given at George Mason University for Statistics in Psychology (PSYC 300), Fairfax, VA.

*Adolescent development.* (March, 2018). Course Lecture given at George Mason University for Developmental Psychology (PSYC 211), Fairfax, VA.

*Adolescent development.* (March, 2017). Course Lecture given at George Mason University for Developmental Psychology (PSYC 211), Fairfax, VA.

*Preschool: Social and personality development.* (February, 2017). Course Lecture given at Richard Bland College for Developmental Psychology (PSY 250), Petersburg, VA.

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### ***Selected Blogs and Media Mentions***

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Jerry L. Mize (2021, Apr. 5). *Musings of a Budding Counselor: The Practicum Experience*. Calming Wind Counseling Services. Retrieved from <https://www.calmingwindcounseling.com/post/musings-of-a-budding-counselor-the-practicum-experience>

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### ***Notable Skills and Competencies***

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Clinical Mental Health Counseling and Psychotherapy; Course Development/Writing; Data Management; Higher Education Teaching; Online Teaching/Learning; Treatment Planning; Scientific Research and Writing; Statistical Data Analysis; Telehealth/Tele-Mental Health.

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### ***Software Competencies***

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Banner; BlackBoard; Canvas; Formstack; InSync; Onyx; Qualtrics; Simple Practice; SONA; Statistical Package for the Social Sciences (SPSS)

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### ***Professional Organization Memberships*** (Current Memberships Only)

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American Counseling Association (ACA); Association for Psychological Science (APS); Association for Counseling Sexology & Sexual Wellness (ACSSW); Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE); Society for the Teaching of Psychology (STP; APA Div. 2); Virginia Association for Psychological Sciences (VAPS); Virginia Counseling Association (VCA)

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*\*References are available upon request.*

*“Happiness comes from being who you actually are instead of who you think you are supposed to be.” -Shonda Rhimes*