

SARAH T. GIFF, M.A.

Curriculum Vitae

EDUCATION

- George Mason University**, Fairfax, VA 8/2015 - present
Doctoral Candidate
Psychology, Clinical Concentration
Dissertation: *Parenting Behaviors as Risk and Protective Factors for Child Psychosocial Outcomes in the Context of Military Families and PTSD*
Advisor: Keith Renshaw, Ph.D.
Anticipated graduation: August 2022
- George Mason University**, Fairfax, VA 8/2015 - 5/2017
M.A., Psychology, Clinical Concentration
Thesis: *Post-Deployment Parenting in Military Couples: Associations with Service Member's PTSD Symptoms*
- Villanova University**, Villanova, PA 8/2009 -12/2012
B.A., Psychology, B.A., History, Minor in Business

ACADEMIC HONORS & AWARDS

- Graduate Student Travel Award*, George Mason University 2016, 2017, 2019
Robert L. Weiss Student Poster Award, ABCT Couples SIG 2016
Cum Laude, Villanova University 2012
Psi Chi Society, Villanova University 2012
Intercultural Leadership Award Finalist, DIS Abroad 2011
Villanova Annual Alumni Scholarship, Georgia Alumni Chapter 2011
Villanova University Merit Scholarship, Villanova University 2009-2012

RESEARCH GRANTS

- Agency/Type: NICHD F31 Ruth L. Kirschstein National Research Service Award (NRSA)
Role: Principal Investigator
Project: Parental Emotion Socialization and Protective Factors Related to Child Psychosocial Outcomes in the Context of Military Families and PTSD (1F31HD098830-01)
Sponsors: Keith D. Renshaw, Ph.D.; Abigail Gewirtz, Ph.D.; Susanne Denham, Ph.D.
Status: Awarded May 2019
Amount: \$81,848
Description: Training grant awarded for project to code parent-child interactions for emotion socialization behaviors to explore associations among service member PTSD symptoms, service member and partner parenting behaviors, and child outcomes.
- Agency/Type: APA Division 7 Dissertation Research Grant in Developmental Psychology
Role: Principal Investigator
Project: Parental Emotion Socialization and Protective Factors Related to Child Psychosocial Outcomes in the Context of Military Families and PTSD
Status: Awarded May 2020.

Amount: \$500
Description: Grant awarded to support the execution of doctoral dissertation project related to developmental psychology.

PEER-REVIEWED PUBLICATIONS

6. Azhar, M., Saleem, S., Renshaw, K. D., **Giff, S. T.**, & Mahmood, Z. (2021). Perceived parental rearing styles and distress tolerance as predictors of mental health problems in Pakistani university students. *Journal of Adult Development*. Advanced online publication. <https://doi.org/10.1007/s10804-021-09373-5>
5. **Giff, S. T.**, Renshaw, K. D., Carter, S. P., & Paige, L. (2020). Post-Deployment coping strategies and relationship satisfaction in military couples. *Journal of Military Psychology*, 32, 432-440. <https://doi.org/10.1080/08995605.2020.1803725>
4. Renshaw, K. D., Allen, E. S., Fredman, S. J., **Giff, S. T.**, & Kern, C. (2020). Partners' motivations for accommodating posttraumatic stress disorder symptoms in service members: The Reasons for Accommodation of PTSD Scale. *Journal of Anxiety Disorders*, 71, 102100. <https://doi.org/10.1016/j.janxdis.2020.102199>
3. Carter, S. P., **Giff, S. T.**, Campbell, S. B., & Renshaw, K. D. (2019). Supporting a spouse with military posttraumatic stress: Daily associations with partners' affect. *Journal of Traumatic Stress*, 32, 323-329. <https://doi.org/10.1002/jts.22390>
2. **Giff, S. T.**, Renshaw, K. D., & Allen, E. A. (2019). Post-deployment parenting of service members and partners: Associations between PTSD symptoms and parenting indices. *Journal of Family Psychology*, 33, 166-175. <http://dx.doi.org/10.1037/fam0000477>
1. Taft, C. T., Weatherill, R. P., Panuzio-Scott, J., ***Thomas, S. A.**, Kang, H. K., & Eckhardt, C. I. (2015). Social information processing in anger expression and partner violence in returning veterans. *Journal of Traumatic Stress*, 28, 315-321. <https://doi.org/10.1002/jts.22017>

* Note: Surname is Thomas on all projects before June 2017.

MANUSCRIPTS UNDER REVIEW

1. **Giff, S. T.**, Disabato, D. D., Renshaw, K. D., & Campbell, S. B. (2020). *Longitudinal associations of global and daily support with marital status*. Revise & resubmit.
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MANUSCRIPTS IN PREPARATION

3. Martin, L. M., Renshaw, K. D., Ribero, S. P., & **Giff, S. T.** (in preparation). *Relationship quality during COVID-19: Role of COVID Stressors and Communication*.
2. Carter, S. P., Cobb, E., **Giff, S. T.**, Holloway, M., LaCroix, J., & Renshaw, K. D. (in preparation). *Daily romantic partner interactions and suicide risk among military service members and veterans*.
1. **Giff, S. T.**, Renshaw, K. D., & Allen, E. A. (in preparation) *Longitudinal associations among service member PTSD symptom clusters and child internalizing and externalizing symptoms*.

CONFERENCE SYMPOSIA

5. **Giff, S.**, Renshaw, K., & Allen, E. (2021, April). Examining Within- and Between-Family Associations of Military Fathers' PTSD Symptoms and Child Psychosocial Functioning. In M. R. Franz (Chair). *Parenting After Trauma: Addressing the Effects of PTSD on the Family*. Symposium conducted at the Society for Research in Child Development (virtual conference).
4. **Giff, S. T.**, Saleem, S., & Renshaw, K. D. (2019, November). Investigating racial/ethnic differences in associations among emotion socialization, emotion regulation, and mental health outcomes in emerging adults. In S. Carter (Chair), *Interpersonal relationships among marginalized populations: Implications for mental health and treatment* [Symposium]. Association for Behavioral and Cognitive Therapies annual meeting, Atlanta, GA
3. **Giff, S. T.**, Renshaw, K. D., & Allen, E. S. (2018, November). Post-deployment parenting in military couples: Associations with PTSD. In J. Biesen & B. Wang (Chairs), *Cognitions, behaviors, and emotions across the romantic relationship life span: Assessing relational conflict competencies using novel methodology* [Symposium]. Association for Behavioral and Cognitive Therapies annual meeting, Washington, D. C.
2. Renshaw, K. D., ***Thomas, S. A.**, & Allen, E. S. (2016, November). PTSD symptoms and parenting in service members and their partners. In S. Fredman (Chair), *Partnering and parenting in the presence of PTSD* [Symposium]. Association for Behavioral and Cognitive Therapies annual meeting, New York, NY.
1. Taft, C. T., ***Thomas, S. A.**, Weatherill, R. P., Eckhardt, C. I. (2012, September). *PTSD, anger, cognition, and partner aggression among combat veterans* [Paper presentation]. International Conference on Violence, Abuse, and Trauma, San Diego, CA.

CONFERENCE POSTER PRESENTATIONS

† Denotes student under my supervision

13. †Turner, E. T., †Ortiz, A. A., **Giff, S. T.**, Renshaw, K. R., & DiMauro, J. (2020, November). *Shame and guilt as moderators of the relationship between rape attributions and posttraumatic growth in sexual assault survivors*. [Poster presentation]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
12. †Turner, E. T., †Ortiz, A. A., **Giff, S. T.**, Renshaw, K. R., & DiMauro, J. (2020, November). *Post-traumatic growth after sexual assault: Associations with romantic partner disclosure*. [Poster presentation]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
11. Saleem, S., Ribeiro, S., Renshaw, K. D., & **Giff, S. T.** (2020, November). *Family environment and mental health problems: Differences across sex and culture* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
10. †Ortiz, A. A., †Fahham, G., †Bahgi, R., Bergmann, J. S., **Giff, S. T.**, & Renshaw, K. D. (2020, August). *Personality traits as moderators of the associations between traumatic deployment events and posttraumatic stress disorder symptoms and post-traumatic growth in student veterans* [Poster presentation]. American Psychological Association, Washington, D.C.

9. **Giff, S. T.**, Renshaw, K. D., Allen, E. S. (2017, November). *Post-deployment contributions to parenting in military couples* [Poster presentation]. Association for Behavioral and Cognitive Therapies, San Diego, California
8. ***Thomas, S. A.**, Renshaw, K. D., Allen, E. S., & †Stewart, J. L. (2016, November). *Post-deployment parenting in service members and their partners* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
7. †Stewart, J. L., Renshaw, K. D., Klein, S. R., Summers, C. B., & ***Thomas, S. A.** (2016, November). *Emotion regulation in romantic couples: Convergence or compensation?* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
6. DePolo, L., Parish-Morris, J., McCleery, J. P., Bateman, L., ***Thomas, S.**, Paterson, S. J., Pandey, J., Kostopoulos, P., Estes, A., Botteron, K. B., Hazlett, H. C., Zwaigenbaum, L., Piven, J., & Schultz, R. T. (2015, May). *Say what?: Toddlers' vocabulary growth trajectories differ by word features* [Poster presentation]. International Meeting for Autism Research, Salt Lake City, Utah.
5. ***Thomas, S. A.**, Pandey, J., Maldarelli, J., Chappell, C., Turner-Brown, L., Estes, A., Zwaigenbaum, L., Schultz, R. T., Baranek, G., Piven, J., & The IBIS Network. (2015, February). *Use of the First Year Inventory (FYI) with children at high-risk for autism spectrum disorders* [Poster presentation]. Society for Research in Child Development, Philadelphia, PA.
4. ***Thomas, S. A.**, Parish-Morris, J., Spielman, K., Cannon, E. N., Woodward, A. L., Pandey, J., Schultz, R. T., & Paterson, S. (2014, May) *Goal anticipation in toddlers with ASD and high-risk siblings of children with ASD* [Poster presentation]. International Meeting for Autism Research, Atlanta, GA.
3. Spielman, K., Winder-Patel, B., ***Thomas, S. A.**, Pandey, J., & Schultz, R. T. (2014, May). *Good night, sleep tight: The impact of early bedtime behaviors on toddlerhood sleep problems in infants at heightened risk for ASD* [Poster presentation]. International Meeting for Autism Research, Atlanta, GA.
2. ***Thomas, S. A.**, Parish-Morris, J., Spielman, K., Cannon, E. N., Woodward, A. L., Pandey, J., Schultz, R. T., & Paterson, S. (2014, May). *Goal anticipation in toddlers with ASD and high-risk siblings of children with ASD* [Poster presentation]. Leadership Education in Neurodevelopmental and Related Disabilities research day, Philadelphia, PA.
1. ***Thomas, S. A.**, Weatherill, R. P., Scott, J., Eckhardt, C. I., Kang, H. K., & Taft, C. T. (2012, November). *PTSD, Social information processing biases, and intimate partner violence in combat veterans* [Poster presentation]. Annual Association for Behavioral and Cognitive Therapies Convention, National Harbor, MD.

CLINICAL EXPERIENCE: THERAPY

Psychology Practicum Student

6/2019- 6/2020

Behavioral Health, Pediatric Endocrine Clinic, Pediatric Specialists of Virginia, Fairfax, VA

Setting: Outpatient Pediatric Hospital

- Delivered brief, evidence-based behavioral health interventions (primarily motivational interviewing and CBT) to children with endocrine disorders and their families to increase treatment adherence.
- Assessed for co-occurring anxiety, depression, eating disorders, and other mental health concerns and coordinated referrals to higher levels of care when necessary.

- Presented cases in weekly multidisciplinary meetings with endocrinologists, nurse practitioners, endocrine nurses, and diabetes educators in order to coordinate care.
 - Supervision included live consultation with clinical supervisors and ongoing medical training in endocrine disorders led by diabetes educator, with an emphasis on Type I Diabetes care.
 - After March 2020, delivery of clinical interventions were conducted via Zoom due to COVID-19.
- Supervisors:* Robyn Mehlenbeck, Ph.D.; Kendra Battaglia, Psy.D.; Nupur Gupta, Psy.D.

Psychology Practicum Student

7/2018 – 7/2019

Psychosocial Rehabilitation and Recovery Center (PRRC), Washington DC VA Medical Center, Washington, DC

Setting: VA Medical Center

- Co-facilitated weekly outpatient psychotherapy groups for veterans, including: DBT, ACT, CBT for Psychosis, Seeking Safety, Building Bridges Relationships Group, and DBT Art Therapy.
- Provided weekly individual psychotherapy for ethnically diverse patients presenting with schizophrenia, anxiety disorders, PTSD, and mood disorders, using evidence-based therapies such as CBT, ACT, and trauma-informed therapies such as Skills Training in Affect and Interpersonal Relationships (STAIR).
- Gained exposure to couple's therapy through training in IBCT and providing therapy to one couple, including full supervision and audio review of sessions.
- Co-facilitated weekly inpatient CBT psychotherapy groups.
- Completed Collaborative Assessment and Management of Suicidality (CAMS) assessments
- Consulted with case managers, psychiatrists, physicians, neuropsychologists, substance use counselors, social workers, and family members to coordinate treatment, referrals, and transitions.
- Participated in treatment team meetings with case managers and patients to discuss recovery goals, progress, and treatment plans.
- Attended weekly didactic training led by VA Medical Center staff on topics such as suicide prevention, health psychology, chronic pain, geropsychology, sexual and gender minority issues, multicultural competence, motivational interviewing, and military culture.
- Participated in weekly individual supervision for individual patients, weekly supervision with group co-leaders, and monthly practicum student group supervision to discuss case conceptualizations and research articles informing care.

Supervisors: Parin Zaveri, Ph.D., Corinne Galgay, Ph.D., Melanie Paci, Psy.D. Nicholas Uram, Psy.D.

Graduate Student Therapist, Advanced Practicum

9/2017 – 9/2018

Center for Psychological Services, George Mason University, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

- Conducted structured and semi-structured psychodiagnostic interviews.
- Provided weekly individual psychotherapy for ethnically diverse clients including children, adolescents, adults, and families (presenting with anxiety disorders, affective disorders, conduct disorders, and personality disorders), primarily utilizing CBT, as well as DBT, family systems, and parent training techniques.
- Co-led weekly cognitive behavioral group therapy for adolescents with social anxiety.
- Consulted with clients' psychiatrists, physicians, and school counselors to coordinate treatment.
- Attended didactic training at the Center for Psychological Services and GMU Counseling and Psychological Services on topics such as suicide prevention, multicultural competence, and substance use disorders.
- Participated in weekly didactic meetings with supervisors in addition to group and individual supervision, including audio/video review of all sessions.

Supervisors: Alice Zafiris, Psy.D.; Elizabeth Wine, Psy.D.; Tara Chaplin, Ph.D.; Sarah Fischer, Ph.D.

Graduate Student Therapist, Cognitive Behavior Therapy Adult Practicum 9/2016 – 8/2017

Center for Psychological Services, George Mason University, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

- Conducted structured and semi-structured psychodiagnostic interviews.
- Provided weekly individual CBT for ethnically diverse adult clients (presenting with anxiety disorders, affective disorders, conduct disorders, and personality disorders).
- Weekly didactic meetings with supervisors in addition to group and supplemental individual supervision, including full audio review of all sessions.
- Consulted with clients' psychiatrists, physicians to coordinate treatment.

Supervisors: Michelle Gryczkowski, Ph.D.; Keith Renshaw, Ph.D.; Alice Zafris, Psy.D.

Graduate Student Therapist, Cognitive Behavior Therapy Child Practicum 9/2016 – 8/2017

Center for Psychological Services, George Mason University, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

- Conducted structured and semi-structured psychodiagnostic interviews.
- Provided weekly individual CBT for ethnically diverse child and adolescent clients (presenting with anxiety disorders, affective disorders, and conduct disorders).
- Weekly didactic meetings with supervisors in addition to group and supplemental individual supervision, including full audio review of all sessions.
- Consulted with clients' psychiatrists, physicians, and school counselors to coordinate treatment.

Supervisors: Tara Chaplin, Ph.D.; Christine Golden, Ph.D.

CLINICAL EXPERIENCE: ASSESSMENT

Graduate Psychodiagnostic Evaluator- Veteran Legal Team 1/2018 – 5/2019

Center for Psychological Services, George Mason University, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

- Conducted psychodiagnostic assessments for veterans working with the Virginia Veteran and Family Services and law firms to be used in legal proceedings to determine eligibility for benefits.
- Conducted 1 in-home assessment for a veteran who was home-bound due to health issues.
- Wrote full assessment reports, provided feedback and recommendations, and wrote appeal letters advocating for veterans when eligibility for benefits did not match our recommendations.
- Supervision included review of assessment protocols, diagnostic procedures, and all reports.

Supervisors: Robyn Mehlenbeck, Ph.D., Danielle Dufresne, Psy.D., Holly Zanville, Ph.D.,

Graduate Psychodiagnostic Evaluator 8/2016 – 5/2019

Center for Psychological Services, George Mason University, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

- Conducted comprehensive psycho-educational assessments, including diagnostic evaluations for PTSD, ADHD, and learning disorders in children, adolescents, and adults.
- Wrote full assessment reports and provided feedback and recommendations.
- Supervision included review of assessment protocols, diagnostic procedures, and all reports.

Supervisor: Holly Zanville, Ph.D.; Danielle Dufresne, Psy.D.

Graduate Psychodiagnostic Evaluator 6/2016 – present

Cognitive Assessment Program, George Mason University, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

- Conducted individual assessments of intellectual functioning for ethnically diverse children ages 6-12 years old seeking placement into Fairfax County's Advanced Academic Program and local private schools.

- Supervision included review of assessment protocols and all reports.
- Supervisor:* Mary Beth Ruby, Ph.D.

CLINICAL EXPERIENCE: OTHER

Advanced Psychology Practicum Student: Program Evaluation 09/2020-present
Psychosocial Rehabilitation and Recovery Center (PRRC), Washington DC VA Medical Center, Washington, DC

Setting: VA Medical Center

- Oversee PRRC's data collection and management efforts for the Northeast Program Evaluation Center (NEPEC) initiatives and other clinic program evaluation activities
- Conduct interviews with PRRC patients via telehealth (due to COVID-19) to assess patient symptoms, functioning, community integration, self-stigma, and engagement in programming
- Evaluate and manage risk using proper VA protocols, including the Columbia Suicide Severity Rating Scale (C-SSRS) and Comprehensive Suicide Risk Assessment/Evaluation (CSRE)
- Manage, analyze, and present data on clinic effectiveness and compliance with national accreditation requirements
- Attend weekly didactic training led by VA Medical Center staff on topics such as suicide prevention, health psychology, chronic pain, geropsychology, sexual and gender minority issues, multicultural competence, motivational interviewing, and military culture.

Supervisors: Corinne Galgay, Ph.D., Parin Zaveri, Ph.D.

Telephone Hotline Responder 4/2015 – 8/2015

Coaching into Care, Cpl. Michael J. Crescenz VA Medical Center, Philadelphia, PA

- Answered phone calls on a national hotline for veterans and their family members to provide resources for mental and physical health care. Supervision was provided in bi-weekly group and weekly individual sessions by licensed psychologists.

RESEARCH EXPERIENCE

George Mason University, Anxiety, Stress, & Relationships Lab, Fairfax, VA

Principal Investigator 5/2019 - present

Parenting Behaviors as Risk and Protective Factors Related to Child Psychosocial Outcomes in the Context of Military Families and PTSD

- Lead research project using behavioral coding to assess emotion-related parenting behaviors of Veterans with PTSD and their partners in relation to school-age child adjustment.
- Train and manage teams of research assistants to complete transcription and two separate coding systems measuring parental emotion language use and emotion coaching.
- Write and manage IRB applications and NIH funding progress reports.
- Collaborate with partners at additional study sites to manage and share data.
- Write multiple grants to support research activities (2 successfully funded to date).

Graduate Research Assistant

Coping During COVID-19 04/2020- present

Principal Investigator: Keith D. Renshaw, Ph.D.

- Assisted investigation of individual and family functioning during the COVID-19 pandemic.
- Contributed to conceptualization of study, measure selection, writing IRB applications, developing Qualtrics surveys, cleaning and managing data, and conducting analyses.

Trauma Appraisal Across Cultures

09/2018- present

Principal Investigator: Sadia Saleem, Ph.D. & Keith D. Renshaw, Ph.D.

- Assisted with ISTSS-funded study investigating cultural factors associated with appraisal of traumatic events, reactions, and treatment in the United States and Pakistan.
- Contributed to conceptualization of study, writing and managing IRB applications, and data collection for US location of multi-site study.

Family Cohesion and Mental Health Across Cultures 09/2017-08/2018

Principal Investigator: Sadia Saleem, Ph.D. & Keith D. Renshaw, Ph.D.

- Collaborated with Fulbright Scholar visiting our lab from University of Management and Technology, Lahore, Pakistan to conduct study of family relationships and mental health functioning of young adults in Pakistan and the United States.
- Contributed to writing and managing IRB applications, data collection, and analyses.

Daily Investigation of Suicidality in Couples (DISC) 01/2016- 05/2017

Principal Investigator: Sarah Bricker-Carter, M.A.

- Assisted with NIMH-funded daily diary study of interpersonal processes and suicidal ideation in active-duty military couples.
- Contributed to recruitment, data collection, conceptualization, and analysis.
- Trained in University of Washington Risk Assessment Protocol and provided on-call evaluations of immanent suicide risk reported by research participants.

Corporal Michael J. Crescenz VA Medical Center, Philadelphia, PA
Psychology Technician

4/2015 – 7/2015

Mental Illness Research, Education, and Clinical Center (MIRECC)

Principal Investigator: Steven Sayers, Ph.D.

- Conducted literature searches in preparation for grant-writing.
- Collected and organized local and national community mental health and substance abuse resources for veterans and family members for entry into new database.

Children's Hospital of Philadelphia, Center for Autism Research, Philadelphia, PA

Research Assistant and Study Coordinator

3/2013 – 4/2015

The Infant Brain Imaging Study (IBIS)

Principal Investigators: Robert Schultz, Ph.D., Sarah Paterson, Ph.D., & Juhi Pandey, Ph.D.

- Worked on NICHD-funded longitudinal multi-site study investigating biological and behavioral early risk markers for autism spectrum disorders
- Guided families through research visits for children between ages 3 and 36 months.
- Administered behavioral assessments with children and parents.
- Successfully aided over 50 natural sleep MRIs and data transfer to coordinating center.
- Created and administered eye-tracking paradigms and coded eye gaze data.
- Screened and scheduled all participants.
- Managed participant information for IRB continuing reviews and budgets.
- Trained and managed study volunteers.
- Organized and completed all data entry priorities.
- Collected and shipped bio-specimens.

Boston VA Medical Center, National Center for PTSD, Boston, MA

Volunteer Research Assistant

5/2012 – 8/2012

Principal Investigator: Casey Taft, Ph.D.

- Volunteered with team researching intimate partner violence in veterans with PTSD.
- Wrote/edited research presentations and conducted literature searches
- Compiled assessment packets and recruitment materials for ongoing research.

Villanova University, Villanova, PA
Undergraduate Research Assistant

The Social Self Lab

8/2012 – 2/2013

Principal Investigator: Erica Slotter, Ph.D.

- Volunteered in lab analyzing effects of interpersonal relationships on individual self-concept.
- Ran undergraduate participants on computer paradigms measuring self-concept expansion.
- Conducted literature searches and contributed to lab meetings.

The Cognitive Development Project

1/2011 – 8/2011

Principal Investigator: Rebecca Brand, Ph.D.

- Volunteered in lab focused on infants' behaviors, learning processes, and language.
- Coded videos of infants' eye-gaze movements.
- Recruited, screened, and scheduled participants in the community.

TEACHING EXPERIENCE

Graduate Instructor, George Mason University

- *Lifespan Development* (PSYC211) 08/2017-12/2017
- *Child Development* (PSYC313) 08/2016-05/2017

Teaching Assistant, George Mason University

- *Psychological Tests & Measurement* (PSYC320) 08/2015-12/2015
- *Statistics in Psychology* (PSYC300) 12/2016-05/2016
- *Abnormal Psychology* (PSYC325) 01/2019-05/2019

COMMUNITY OUTREACH

Presentations/Guest Lectures

Giff, S. T. & Hunt, A. D. (2020, June). *Navigating loss and connecting with others during COVID-19*. Virtual workshop presented to the Loudoun County Community Veterans Engagement Board Member Meeting. Fairfax, VA.

Giff, S. T., & Hunt, A. D. (2020, May). *Managing relationships during quarantine*. Virtual community workshop given through the George Mason University Center for Psychological Services. Fairfax, VA.

Giff, S. T., & Mehlenbeck, R. (2019, October). *Positive parenting: Helping your child or teen manage stress*. Guest lecture given at Rachel Carlson Middle School PTA Meeting, Herndon, VA.

Giff, S. T. (2018, June). *Introduction to military psychology*. Guest lecture at Northern Virginia Community College - Quantico Campus, Quantico, VA

Volunteering

Graduate Application Consultant

08/2020 – present

Project SHORT (Student Health Opportunities and Research Training)

- Provide pro-bono consulting for MD and PhD applicants in the areas of Personal Statement Editing, Work and Activities Editing, School Selection, and Interview Process

Caregiver Coach

06/2016 – 04/2017

Rosalynn Carter Institute, Operation Family Caregiver

- Worked one-on-one with caregivers of military service members through a 12-session program to teach evidence-based skills for coping with stress and problem solving.

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies (ABCT) - *Student Member*
American Psychological Association (APA) - *Student Member*
 APA Division 7, Developmental Psychology - *Student Member*
 APA Division 19, Military Psychology - *Student Member*
 APA Division 43, Society for Couple and Family Psychology - *Student Member*
International Society for Traumatic Stress Studies (ISTSS) – *Student Member*
Society for Research in Child Development (SRCD) - *Student Member*
Society for Science in Clinical Psychology (SCCP) - *Student Member*

SERVICE ACTIVITIES

Ad Hoc Reviewer - *Journal of Traumatic Stress, Journal of Clinical Psychology, Psychological Trauma: Theory, Research, Practice, and Policy*
Student Reviewer - *Behavior Therapy*
GMU Clinical Cohort Program Representative (2016-2017)
GMU Clinical Psychology Interview Weekend Co-Coordinator (2016)

ADDITIONAL PROFESSIONAL TRAINING

- Telepsychology Best Practices 09/2020
- Completed 4-part series on documentation, cultural considerations, virtual technology, legal, regulatory, and ethical considerations with regard to telehealth
 - APA, completed virtually
- Multilevel Modeling: A Second Course 07/2020
- Participated in remote 4-day statistical workshop led by Kristopher Preacher, Ph.D. to learn multiple applications of multilevel SEM in Mplus
 - Statistical Horizons, completed virtually
- Responsible Conduct of Research (RCR) Training 05/2020
- Participated in 8 hours of a faculty-led interactive course topics such as responsible authorship, research safety, conflicts of interest, research misconduct, collaborative research, mentor/mentee relationships, conducting research as a responsible member of society, and data acquisition, management, sharing, and ownership. Training complied with NIH RCR requirements.
 - GMU Office of Research Integrity and Assurance
- Collaborative Assessment and Management of Suicidality (CAMS) Training 09/2018
- Didactic seminar presented by David Jobes, Ph.D. on CAMS approach, including collaborative assessment forms
 - Washington D.C. VA Medical Center
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training 04/2017
- Didactic seminar presented by Patty Ferssizidis, Ph.D. and completion of online modules for recognizing and addressing substance abuse in clinical settings
 - George Mason University Center for Psychological Services

Blue Star Families Operation Family Caregiver Certified Caregiver Coach

06/2016

- Completed 1-day training through the Rosalynn Carter Institute for Caregiving and subsequent modules for certification to deliver evidence-based problem-solving skills to military caregivers
- Rosalynn Carter Institute for Caregiving, completed virtually

Military Cultural Competency Training – Center for Deployment Psychology

06/2015

- Completed online modules and additional readings and discussion on important elements of military culture for working in psychology
 - Michael J. Crescenz VA Medical Center, VISN 4 Philadelphia MIRECC
-